

Clinical Nutrition Handbook

7th Edition – 2023

Shared Health & Winnipeg Regional Health Authority Nutrition and Food Services

Winnipeg, Manitoba

Legal Disclaimer

This handbook has been designed by Registered Dietitians in the Winnipeg Regional Health Authority and Shared Health as a quick resource for dietitians and nutrition students in their day-to-day practice. This handbook is not intended to be an all-inclusive text on specialized nutrition, but rather to provide basic information and guidelines. Various references, as well as clinical experience, have been used to compile this handbook. Although every reasonable effort has been made to ensure that the information contained herein is accurate and evidence based, the WRHA/Shared Health assumes no liability for the use of this information outside this region.

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Since the composition of commercial products periodically changes, users of this handbook are advised to review the actual product label whenever exact nutrient composition is required.