Protecting Your Health and Safety at Work

1 Understand and follow the contents of the Workplace Safety and Health Program including all polices, guidelines and safe work procedures.

2 Maintain and wear all personal protective equipment required to perform a task safely.

3 Use all equipment in a safe manner as required by the manufacturer, policy or safe work procedure.

4 Participate in all applicable safety training and education programs.

5 Report Work Related Injuries, Illnesses and Near Misses

6 Know the hazards and report any unsafe conditions or acts in a timely manner. Bring forward ideas for safety improvements to your supervisor and/or Workplace Safety and Health Committee.

7 Know where emergency equipment is located and follow all emergency procedures (codes).

8 Know your Rights and Responsibilities: The Right to Know, The Right to Participate, The Right to Refuse, The Right to Protection from Reprisal.

Preventing workplace incidents is everyone's responsibility. Visit the OESH website for more information.

CARING FOR HEALTH

Winnipeg Regional Health Authority   Office régional de la santé de Winnipeg