



# collaborate

Better health for all

## Competencies Overview

*The Winnipeg Health Region believes in Collaborative Care and the role it plays in improving health.*

*That's why we are committed to raising awareness about Collaborative Care by providing students and health providers with resources, information and the opportunity to have discussion.*

*Respect for differing perspectives and the acknowledgement that each health professional has an important role to contribute to improving health and outcomes is at the foundation of Collaborative Care. Trusting differing perspectives and the role they play in improving outcomes and health is essential.*

A comprehensive view of health incorporates an individual's mind, body and spirit. Differing perspectives – including the individual, a family member or member of the health-care team - can provide important insight that can help improve a person's health and wellbeing. That's why being inclusive of these integral perspectives is an important part of Collaborative Care.

When health providers from a variety of disciplines have the opportunity to contribute their expertise, knowledge and skills, the result is better outcomes that result in better health for the individual...as well as the health-care team.

Our relationship with the University of Manitoba Joint Operating Division allows us to engage students in the collaboration. That means the current future of health care delivery is empowered with the information, tools and resources required to create better health outcomes for the people we care for.

### COLLABORATIVE CARE...AKA

- Collaborative Person-Centred Care and Services
- Collaborative Person-Centred Practice
- Collaborative Practice
- Integrated Care
- Interprofessional Collaboration
- Interprofessional Practice
- Interdisciplinary Teams
- Shared Care

We are calling it Collaborative Care. The concept goes by many different names but one fact remains the same: everyone has a role to play in helping create better health for all, including the patients/residents/clients we work with, their families and loved ones and the health providers we work with.

### COLLABORATIVE CARE ENCOMPASSES SIX CORE COMPETENCIES:

1. Person-Centred Care
2. Role Clarification
3. Team Functioning
4. Collaborative Leadership
5. Interprofessional Communication
6. Interprofessional Conflict Resolution

**CLICK HERE** for more information:



Collaborative Care Information



Collaborative Care Competencies