

COVID-19 Important Information for Community IV Program (CIVP) Patients

What do I need to know? If you have underlying conditions like diabetes, hypertension and/or heart disease, you may be at higher risk. The information in this hand out can help you manage your risk of COVID-19.

What are the symptoms of COVID-19? It is important to watch for cold/flu-like symptoms including one or more of the following:

- Sore Throat
- Cough
- Runny Nose
- Fever
- Headache
- Weakness
- Fatigue
- Shortness of Breath

I don't have any flu-like symptoms. Can I still come to appointments at CIVP? Even if you are feeling well, please call the clinic to check on any appointments or tests that are scheduled.

They will:

- Tell you if you still need to attend your appointment
- Give you special instructions on what to do when you arrive
- Provide you with an alternative time if it is not urgent

If I have flu-like symptoms, what should I do? You might put other patients at risk if you have any of the symptoms listed above. Here's what you need to do:

- Call ahead to your healthcare team at CIVP and tell them your symptoms.
- Follow their instructions on what to do
- If you need urgent medical care, call 911

I have an appointment at CIVP. What is going to happen?

- If you are scheduled for an infusion or wound care, please attend your appointment as scheduled unless you are told otherwise.
- For select clinic visits, your appointment may be changed to a phone call or video call. Make sure you are available by the phone at your scheduled appointment time. Please note that calls may **not** occur at your exact appointment time.
- Your physician may need to change your appointment. In this case, you will be contacted by phone.

What do I need to know when I arrive for my appointment?

To protect the safety of patients and staff, CIVP must limit the number of people in the treatment areas. Visitor restrictions at Misericordia Health Center **must** be followed.

March 25, 2020

How can I lower my risk? Here are steps that you and your family can take to help lower your risk:

- Avoid crowded places; practice social distancing
- Do not travel out of province
- Wash your hands often with soap and water. Wash for at least 20 seconds. Dry your hands completely. If you do not have soap, you can use alcohol hand sanitizer if your hands are not visibly dirty. Wash your hands:
 - Before, during and after making meals
 - Before eating
 - After using the toilet
 - When your hands are dirty
- Cover your mouth and nose when coughing and sneezing. Use a tissue or your sleeve. Throw tissues you have used in the garbage and wash your hands right away
- Try not to touch your eyes, nose and mouth
- Do not shake hands or give hugs
- Do not share items such as drinking glasses, spoons/forks or tooth brushes
- Clean (disinfect) surfaces such as phones, computer, tables, chairs, countertops, door knobs
- Stay away from people who are sick

We are closely monitoring the COVID-19 situation. If you have any questions or concerns, about your risk of COVID-19, please talk to your healthcare team.

For more information on COVID-19:

Shared Health Manitoba: <https://sharedhealthmb.ca/covid19/>

Shared Health Screening Tool: <https://sharedhealthmb.ca/covid19/screening-tool/>

To access the COVID-19 Screening Tool in Interactive Voice Response (IVR) format, call: 1-877-308-9038

Manitoba Government: <https://www.gov.mb.ca/covid19/>