



**Can my patient with COVID-19 infection safely self-isolate at home?**

When a patient who has had infection with the COVID-19 virus is discharged from hospital, Infection Prevention and Control (IP&C) at the site (or designate) must be notified prior to discharge. Public Health must also be notified in order to arrange appropriate follow-up. Fax the COVID-19 Discharge Form along with the patient demographic sheet (including all patient identifiers, phone numbers, and address) to Public Health at (204) 940-2690 to advise Public Health of the discharge. If your patient has not heard from Public Health within 24-48 hours of arriving at home they should call Health Links Info Santé at 204-788-8200 or toll free at 1-888-315-9257.

**The following questions will help determine whether the patient can safely self-isolate at home:**

<b>YES – NO</b>	Do they have a home to go to?
<b>YES – NO</b>	Do they have their own bedroom & bathroom OR will they or someone they live with be able to manage frequent disinfecting of shared surfaces?
<b>YES – NO</b>	Is there a way for them to get groceries, medications etc?
<b>YES – NO</b>	Are there any cognitive restrictions that would prevent them from appropriately: taking their temperature / telling the public health nurse how they feel / taking their regular medications / preparing food?
<b>YES – NO</b>	Do they have the physical capacity to: get around their home safely / manage toileting, bathing, food preparation and eating, take their temperature, tell the public health nurse how they feel, take their regular medications?

**If the answer to any of the above questions is NO, your patient may not be able to safely self-isolate at home.**

**The team should work with the patient and other applicable disciplines (e.g. Social Work, Bed Utilization, Homecare, Infection Prevention and Control, Public Health) to determine what can be done to assist the patient in getting home or to a safe place to self-isolate.**

- **Can other family members relocate?**
- **Is there a role for community services, homecare, meal delivery, etc.?**
- **Is there anywhere else that the patient can go to isolate? Examples: Alternative Isolation Accommodation option, Isolation Model Option for Shelter Population, etc.**

## **Transportation**

COVID-19 positive or suspect patients should NOT be arranging their own transportation home. Call Interfacility Transport at (204) 986-8410 to arrange transportation upon discharge. When booking this transport, please be clear that this is a COVID-19 positive or suspect patient.

The patient should wear a procedure mask and perform hand hygiene before leaving the hospital.