

COVID-19 Highlights – LONG TERM CARE	
<b>Contact Site ICP/Designate</b>	For ALL suspected or confirmed cases report to site Infection Control Professional or designate. After hours, leave a voice message for follow-up and if urgent, contact the Medical Officer of Health. For any questions or concerns please contact the WRHA LTC Infection Prevention and Control Coordinator at: 204-940-8554 or <a href="mailto:mparadisjuba@wrha.mb.ca">mparadisjuba@wrha.mb.ca</a>
GENERAL INFORMATION	
<b>Screening</b>	Screen individuals by asking if, within the past 14 days, had any of the following: <ul style="list-style-type: none"> <li>Returned from travel, including outside Manitoba; OR</li> <li>Exposure to a confirmed or suspected case of COVID-19; OR</li> <li>Laboratory exposure in a person who works directly with biological specimens known to contain COVID-19</li> </ul>
<b>Signs &amp; Symptoms</b>	<ul style="list-style-type: none"> <li>Cough, fever, difficulty breathing, sore throat, runny nose, malaise, headache</li> </ul>
INFECTION PREVENTION & CONTROL MEASURES	
<b>Residents with signs/symptoms (Source Control)</b>	<ul style="list-style-type: none"> <li>Signage at entrances</li> <li>Hand hygiene (HH) and respiratory etiquette</li> <li>Residents with signs &amp; symptoms of COVID-19 (see above) are to be isolated immediately into a single room if possible; if not possible, draw curtain and maintain a 2 metre separation between residents</li> </ul>
<b>Additional Precautions &amp; Personal Protective Equipment (PPE)</b>	<ul style="list-style-type: none"> <li><a href="#">Droplet/Contact Precautions</a></li> <li>Post appropriate precautions signage on room door</li> <li>Gloves, gown, procedure or surgical mask, face/eye protection</li> <li>Dedicate resident equipment</li> <li>For <a href="#">aerosol-generating medical procedures (AGMPs)</a>, N95 respirator instead of procedure or surgical. See <a href="#">Clinical Recommendations for Use of Masks</a></li> </ul>
<b>Resident Accommodation</b>	<ul style="list-style-type: none"> <li>Single room preferred</li> <li>If cohorting required, consult IP&amp;C; only possible for confirmed COVID-19 infection</li> <li>For AGMPs, close door</li> </ul>
<b>Testing</b>	FOR RESIDENTS WITH SIGNS & SYMPTOMS OF COVID-19 (see above): <ul style="list-style-type: none"> <li>Collect 1 <a href="#">nasopharyngeal (NP) swab</a> placed in viral transport medium in addition to routine investigations; video: <a href="https://vimeo.com/398627117/e35232c036">https://vimeo.com/398627117/e35232c036</a></li> <li>Include travel history, relevant symptoms, and request for COVID-19 on Cadham Lab requisition</li> <li>More severely ill residents may also require deep lung specimens be submitted, such as sputum, ETT secretions or broncho-alveolar lavage specimens</li> <li>No serological test for the COVID-19 virus</li> </ul>
<b>Resident Transport</b>	<ul style="list-style-type: none"> <li>Transport out of the isolation room for medically essential purposes only</li> <li>Notify Patient Transport Services and receiving department regarding Droplet/Contact Precautions in advance of transport</li> <li>Assist resident to apply a procedure or surgical mask and to perform hand hygiene</li> <li>Staff involved in transport must discard PPE as leaving the room, and apply new PPE prior to transport (perform HH, apply procedure or surgical mask, isolation gown and gloves)</li> </ul>
<b>Resident Items Discontinuation of Precautions</b>	<ul style="list-style-type: none"> <li>Ensure items dropped off for residents are able to be cleaned and disinfected</li> <li>Collaboration between the Attending Physician and Medical Officer of Health, considering both the clinical and laboratory findings</li> </ul>
<b>Visitor Management</b>	<ul style="list-style-type: none"> <li><a href="#">LTC facilities strongly recommended to immediately suspend visitor access</a></li> <li>Exceptions for compassionate reasons or end of life should be made on a case-by-case basis at the discretion of individual facility managers. Refer to the "<a href="#">Guideline for Long Term Care Operations during Enhanced Visitor Restrictions</a>"</li> <li>Appropriately screen and limit to ONE VISITOR AT A TIME (e.g., immediate family member or parent, guardian, or primary caregiver).</li> <li>Persons who have had exposure to a confirmed case of COVID-19 are not to visit in health care facilities (HCF). Health care providers should confirm setting AND how person notified</li> <li>Persons who've returned from travel, including within Canada, in the last 14 days are not to visit in HCF</li> <li>Persons with cold or flu-like symptoms are not to visit in HCF</li> <li>Persons who have tested positive are not to attend HCF until cleared medically</li> <li>Explore alternate mechanisms for interactions between residents and other individuals (e.g., video call on cell phones or tablets)</li> <li>Limit movement by visiting 1 resident directly and exiting facility directly after visit with good hand hygiene before and after</li> <li>Visitors should not be present during AGMPs</li> <li>Screen and manage visitors as a person under investigation if they have signs and symptoms and exposure criteria consistent with COVID-19 infection</li> <li>Instruct visitors to speak with a nurse or physician before entering the room to assess risk to the visitor's health and ability to adhere to Routine Practices and additional precautions</li> <li>Provide visitors with instructions on and supervision with appropriate use of PPE for Droplet/Contact</li> </ul>
<b>Social Distancing</b>	<ul style="list-style-type: none"> <li>Reduce close contact between people to try to stop the progression of virus transmission</li> <li>Minimize prolonged (more than 10 minutes), close contact (less than 2 metre or 6 feet) with others</li> <li>Avoid greetings that involve touching, including handshakes and hugs</li> <li>Frequent cleaning and disinfection of regularly used surfaces, recreation equipment, electronics and other personal belongings with a facility-approved disinfectant</li> <li>Cease large group activities, instead offer smaller recreation activities with residents who are well and not symptomatic, avoiding close contact (less than 2 metre or 6 feet)</li> </ul>