## **Hypodermoclysis (HDC) Decision Guide**

## Is HDC appropriate for my resident?

(Review and assess resident's oral intake, fluid balance, vital signs, clinical signs/symptoms of dehydration, etc.)



Y

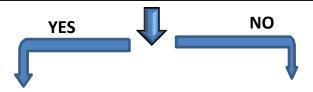
Have all methods to provide oral hydration been exhausted?



Continue assessing resident for needs and preferences and explore alternative options for hydration

YES

Does HDC align with Goals of Care or ACP status?

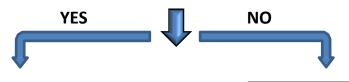


Resident meets criteria for HDC

## Criteria:

- Treatment of reversible condition
- Management of symptoms
- End stage disease/illness (to reverse effects of toxic metabolites of drugs)
- Resident/substitute decision maker agrees with treatment

Review Goals of Care to determine alternative treatment



Initiate HDC according to guideline:

- Maximum of 1-1.5liter/day
- Appropriate solution
- Ongoing assessment/monitoring
- Ordering/timely review of bloodwork (as needed)

© (2018) Fraser Health. Adapted with permission. WRHA LTC Program, 2020 Review alternative treatment options