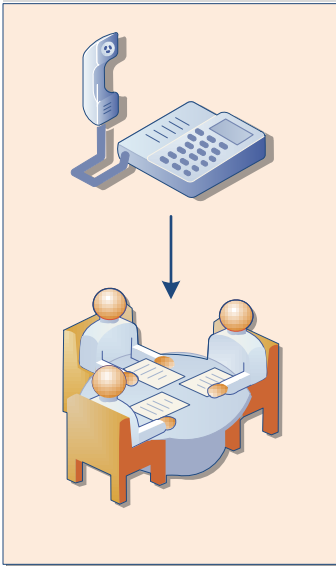


Mental Health Residential Care MOVE IN Guideline

STEP 1 : CMHW Completes a Symptoms Screening to Assess Client Risk factors



Community Mental Health Worker (CMHW) will assess the new potential new residential care resident for signs and symptoms or potential exposure to COVID-19, the week prior to moving the client in the residential care environment. This can be done over the phone or in person.

CMHW will ask: In the past 14 days have you or someone in your household:

- 1-- Returned from travel, including outside Manitoba, excluding Nunavut or NW Ontario; OR
- 2- Had exposure to a confirmed case of COVID19; OR
- 3- Has been tested for COVID-19; OR
- 4- Had laboratory exposure working directly with biological specimens that contain COVID-19
- 5-Do you or anyone in the household have any cold or flu symptoms?

Category A: Do you have new onset of any of the following symptoms? Fever > 38°C or subjective fever / chills; Cough; Sore Throat / hoarse voice; Shortness of Breath/Breathing Difficulties; Loss of Smell or Taste; Vomiting or Diarrhea for more than 24 hours; Poor Feeding (if an Infant)

Category B: Do you have new onset of two or more of the following symptoms? Runny nose; Muscle aches; Fatigue; Conjunctivitis; Headache; Skin rash of unknown cause; Nausea or loss of appetite

STEP 2 : Client Risk & COVID-19 Precaution Zone (Green, Orange or Red)

GREEN Zone (Client non suspect or COVID-19 recovered)

If all answers in the screening question are no, then green zone is used for planning

No testing is required

No additional PPE precautions required

No self isolation required

Resident may wear cloth mask if desired

Monitor any new symptoms as per usual

ORANGE Zone (Covid-19 Suspect, getting a COVID-19 test and waiting for results, or symptomatic)

If the client answers yes to any question 1-4 **and/or** yes to question 5 with yes to any symptom in Category A **or** yes to 2 or more symptoms in category B

Do not proceed with placement into residential care without mitigating risk of COVID-19 . Further assessment must be completed in consultation with the Team Manager and Residential Care team. If the resident is symptomatic and has not been tested since the onset of their current symptoms, please follow up with testing as the initial step. Also direct the resident to self-isolate in current care environment.

If proceeding with placement, the Residential Care Provider must provide the following:

Maintain social distance of 2 meters or more

Increase hand washing

Resident must self isolate in their own room for 14 days **or** until Negative COVID-19 testing result come back **or** until symptoms are gone.

Provider to follow their Residential Care Isolation plan

Use PPE: resident & provider wear masks, provider wears eye protection when providing direct care to resident or when entering the resident's rooms.

RED Zone (Covid-19 Positive as confirmed by blood test)

Do not proceed with placement into residential care without mitigating risk of COVID-19 exposure. Further assessment must be completed in consultation with the Team Manager and Residential Care team.

Mental Health Residential Care MOVE IN Guideline

STEP 3: After Client Moves In – Important Information

Ongoing COVID-19 Symptom Monitoring:

Providers will continue to monitor all visitors, staff and their own symptoms and exposure to COVID-19 on a daily basis. All staff entering into the residential care environment must be screened prior to each shift using screening questions listed on page 1 .

Visitor restriction should be implemented if there is any concern about clients risk and COVID-19 exposure.

Resident symptoms will continue to be monitored as needed and at a minimum on a weekly basis. The CMHW will be following up via phone call to the Residential Care Provider to complete the symptoms tracker for all clients.

COVID-19 Symptoms Concerns:

Call Health Links/Info Santé at 204-788-8200 • 1-888-315-9257. It is available 24hours a day, 7 days a week to seek guidance option for COVID-19:

Testing for COVID-19

Assessment Clinic- client may be directed to attend an assessment. The clinic assesses the client's non-urgent symptoms, COVID-19 concerns and does a COVID-19 Test.

***If symptoms are URGENT, call 911 or go to the nearest Emergency Department.

Transportation Options for Testing: Call Health Links/Info Santé at 204-788-8200 • 1-888-315-9257. Available 24hours a day, 7 days a week to arrange transportation for COVID-19 testing ONLY if Proctors services are not available

Testing Sites, Proctors or Blueline will pick up the client and take them through a drive through testing site and return them either home or to an isolation site. For Blue Line, Winnipeg Fire Police Service/Interfacility Transport (WFPS/IFT) will be arranged by Health Links/Info Santé then provide the caller and Blueline with a reference/booking number for the trip.

For COVID-19

Assessment Clinics, Proctor or Blueline is available. Blue line is booked by Helath Links/Info Sante as a two way trip will be booked (a pick up and return)

Please arrange proctor services for transportation if the resident need extra support as Blue Line does not provide support over and above the transportation.

Testing Site Locations:

Please see link for up to date testing locations near you

<https://www.gov.mb.ca/covid19/locations.html>

CLICK HERE FOR TESTING SITE
LOCATIONS