Palliative Care Consults in Long-Term Care

The WRHA Palliative Care Program is a long-standing available resource to support clients, families, and care teams in Long Term Care 24 hours a day. This is for clients with all underlying health issues, including COVID-19.

Consults may be by:

- telephone alone;
- virtually if technology on site allows;
- or on site as clinically indicated.

Long Term Care Attending Physicians and Nurse Practitioners may consult the WRHA Palliative Care Program as follows*:

- Weekdays (08:00 to 16:00)
 - o Fax consult to 204-237-9162
 - o Call 204-237-2400 if urgent
- Evenings and Weekends
 - Call St. Boniface Hospital Paging at (204) 237-2053 and ask them to page the Palliative Care Physician on Call (Adult Service)

*This will be updated regularly as needed

The Pain and Symptom Management consult team consists of Palliative Care Physician Consultants and Clinical Nurse Specialists who are available for:

- Pain and symptom management consults at any point in a trajectory of decline (The client does not need to be in their final days).
- Facilitating conversations about goals of care and at end-of-life.
- Supporting the care teams with decision-making and care provision.
- Assisting with the support of clients and families at end-of-life.

If there are questions about access or other concerns about WRHA Palliative Care, contact Dr. Christian La Rivière, WRHA Palliative Care Program Medical Director at 204-235-3929 (weekdays 08:00 to 16:00) or through St. Boniface Hospital paging at (204) 237-2053 After Hours.

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