

**WRHA Staff Appreciation and Recognition (StAR)  
Employee Discount Program**



**Fitbod, the award-winning app that is revolutionizing at-home and gym-based fitness is offering WRHA members and their families 5 free personal training sessions PLUS an exclusive discount on your membership.**

To begin, visit <https://www.fitbod.me/wrha>

**Title: Year of Personalized Training for only \$45 USD**, powered by Fitbod.

**Description:** "Get a year of personal training for under \$60 that is catered to the equipment you have with a routine tailored to the results you're after with Fitbod, the award-winning, data-driven personal trainer app takes the guesswork out of your at-home or gym-based workout.

**FEATURES & ACCOLADES**

- Named Apple App-of-the-Day US & EU.
- Named Apple Editor's Choice 2019 & 2020.
- 115,000+ AppStore reviews with a 4.8-star average.
- Sophisticated A.I. leverages over 150-million exercises logged to build your personalized plan.
- Automatically scales your workouts as you progress.
- iOS & Android & smartwatch support.
- Integrate Strava, Fitbit, and more!

*Offer Updated:*

*Joined Program: February, 2021 Open-ended*

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