

Ambulatory Patient Discharge Following Successful Treatment

Preamble

- Discuss process with patient in advance, including step-by-step requirements, so they are familiar with what to expect
- Confirm HCP case has been deemed recovered by the site Medical Director and Infection Prevention & Control
- Determine whether patient is to be discharged home or transferred to another facility/ward
- Verify transport arrangements are in place and if applicable, receiving facility/ward are aware of transfer
- Review this checklist and consider additional staff required to carry out the discharge process, including number of **Primary** healthcare workers (HCWs) required to safely guide the patient through the process
- Gather necessary equipment and supplies (i.e., stretcher chair, towels, linens, soap, clean clothing, disinfectant mats)
- Set up second clean room for patient to shower and dress in prior to exiting the unit. This room will require the following items in addition to anything else the team may consider/anticipate:
 - Anteroom set up for doffing PPE
 - Blue drum inside the room for disposing of biomedical waste
 - Shower supplies, patient's clean clothing, Accel Intervention solution/wipes, glove hygiene station, disinfectant mats
 - Anteroom door is the door between the hallway and anteroom
 - Patient room door is the door between the anteroom and patient room
- If the **Primary+** has soiled scrubs, proceed to the Soiled Scrubs Checklist as determined by the **Monitor** ♣
- Review glove hygiene process
 - Immerse gloved hands in basin; rub together without splashing
 - Pat gloves dry with an Accel Intervention wipe
- Review Vocera and Intercom systems, if not already reviewed

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Supplies

- **Primary+** to bring into patient room
 - Soap, compatible facecloths & instructions
 - Towels (4)
 - Disposable gown
 - Cap
 - Overshoes
 - Disinfectant mats to cover floor surfaces from the shower to the anteroom
- **Anteroom Assistantσ**
 - Disinfectant mats across the anteroom
- **Shower Room Assistant♦** to prepare hallway path & shower room
 - Disinfectant mats from patient room, down the hall, through the anteroom and to the shower room of the second room
 - Soap, compatible facecloths, and instructions
 - Patients own clothes
- **Shower Room Assistant♦** to prepare hallway for **after** the second shower
 - Wipeable chair
 - Disinfectant mats (2, one outside the shower room anteroom, one immediately before the unit exit)
 - Garbage bags to collect overshoes in
 - Patients own shoes

Legend

Primary+
Monitor ♠
Monitor 2◇
Monitor 3φ
Waste Collector ♣
Assistant 1Ω
Anteroom Assistant σ
Shower Room Assistant ♦
Housekeeping Monitor ∇
Housekeeping

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Process:

1. Monitor ▲

PREPARATION	Considerations
Ambulatory patient is ready for discharge	• Monitor ▲ is responsible for the Primary+
Direct Primary+ to don PPE per Donning Primary+ PPE protocol	• Monitor 2◇ is responsible for Anteroom Assistant ◊
Inform Primary+ to raise one hand to signal Monitor ▲ to stop if feeling overwhelmed during process	• Monitor 3φ is responsible for Shower Room Assistant ◆

2. Housekeeping Monitor ▽

DIRECT HOUSEKEEPING MONITOR ▽ TO:
Direct Housekeeper to don PPE per Donning Housekeeper PPE Protocol
Disinfect all surfaces within the patient room and anteroom with Accel Intervention solution/wipes while the patient is still in the room; this includes the bed.
Mop floors with Accel Intervention solution, from the patient room to anteroom door

3. Primary+

	Considerations
Confirm the blue drum has enough room to add contaminated bed linens to. <ul style="list-style-type: none"> • If yes, continue with this process • If no, refer to Waste Removal checklist 	Ensure there are enough disinfectant mats to make the path
Instruct patient on how to properly clean their skin/hair with soap in the shower for ten minutes. Show patient the disposable gown, cap and overshoes they should put on after the shower	

4. Housekeeping Monitor ▽

DIRECT HOUSEKEEPING TO (WHILE PATIENT IS SHOWERING):	Considerations
Mop floors again with Accel Intervention solution, from the patient room to anteroom door	Primary+ to move bed for Housekeeping as required
Wipe the anteroom door plate with Accel Intervention wipes and allow required contact time of one minute	

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5. Primary+

Considerations

Create a clean pathway from the shower area in the patient room to the anteroom door using disinfectant mats

Instruct the patient, once showered and dressed, to

- Walk on the clean pathway to the anteroom
- Perform hand hygiene

Open door to the anteroom and step onto the disinfectant mat closest to the patient room

6. Anteroom Assistant

In the hallway:

Considerations

Create a clean path from the patient's room door down the hall to the new room using disinfectant mats

Don Assistant 1 Ω PPE as per Donning Assistant 1 Ω PPE protocol and enter anteroom

Instruct patient to perform hand hygiene

Explain to the patient:

- They will be walking on the disinfectant mats to another room for another shower, exactly the same as the first
- They will remove and dispose of their cap, gown, and overshoes in the second shower area, shower soap for ten minutes again, drying off, and then dressing in their own clean personal clothes and hospital overshoes

If the patient uses a gait aid (e.g., walker or cane), leave it in the room and provide a clean one outside the anteroom

7. Monitor 1 \spadesuit

Direct all staff in the area to clear the hallway and remain clear until the patient has been discharged and the hallway has been fully cleaned and disinfected by Housekeeping

8. Shower Room Assistant \diamond

Ensures shower room has shower supplies

Dons Assistant 1 Ω PPE with Monitor 3 ϕ oversight

Meet patient outside the anteroom of the isolation room

Reinforce second shower instructions and ensure patient walks on the disinfectant mats to the second shower

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9. Housekeeping Monitor ▾

DIRECT HOUSEKEEPING TO:

Doff PPE as per the Doffing PPE protocol

Don PPE as per the Donning PPE protocol

10. Monitor ⬆

Direct **Primary+** to doff PPE as per the Doffing **Primary+** PPE protocol

11. Housekeeping

Considerations

Discard disinfectant mats once the patient has entered the second room

Mop hallway floors with Accel Intervention solution

Mop the path the patient walked to enter the shower, while the patient is showering

12. Shower Room Assistant ◆

Considerations

After **Housekeeping** has mopped the path to the shower, place 2 new disinfectant mats down

- One immediately outside the anteroom of the shower room
- One at the unit exit

Patient is showering while this occurs

Place a wipeable chair immediately outside the anteroom of the shower room

13. Monitor ⬆

Via intercom, after confirming patient is done showering, direct patient to dry off after the shower and dress in their personal clothes and disposable hospital overshoes

Reassure patient as required and explain they will be met outside the room by the **Shower Room Assistant ◆**

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1. Shower Room Assistant ♦	Considerations
<p>Tell patient to</p> <ul style="list-style-type: none"> • Step onto the disinfectant mat with both overshoes • Sit on the wipeable chair • Remove and discard the overshoes • Put on their own personal footwear 	<p>Waste bag for overshoes</p>
<p>Instruct patient to</p> <ul style="list-style-type: none"> • Step on the disinfectant mat with both personal shoes • Walk to the exit • Step on the disinfectant mat with both personal shoes again • Perform hand hygiene • Exit unit 	
<p>Collect disinfectant mats, discarded overshoes, and chair, once the patient has left the unit. The disinfectant mats & overshoes will be disposed of in the no-touch waste receptacle in the anteroom of the shower room and the chair will be left in the anteroom to ensure it's included in the discharge cleaning.</p>	

2. Monitor 3 Φ	
Direct doffing process	
	Hold door open for Shower Room Assistant ♦ to bring in the two collected disinfectant mats and overshoes and dispose of them in the waste bin
	Direct Shower Room Assistant ♦ to perform glove hygiene
	Direct Shower Room Assistant ♦ and holds the door while they bring the chair from outside the anteroom, into the anteroom, placing it in the far corner
	Direct doffing for Shower Room Assistant ♦ by Vocera
Continue with Assistant 1Ω PPE doffing checklist	

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3. Housekeeping	Considerations
Don Assistant 1 Ω PPE with heavy duty gloves	
Enter shower room	
Clean and disinfect room as per Housekeeping Protocol	
Place garbage and towels into blue drum	
Perform glove hygiene	
Using Accel Intervention wipe, empty basin into toilet or sink	
Discard glove hygiene base into blue bin	
Remove securement ring from blue drum and place on floor	
Gather top of inner bag handling outside of bag without compressing bag	
Twist top of bag and create gooseneck	
Secure gooseneck with zip tie	
Perform glove hygiene	
Slowly pour 1/2 bottle of Accel Intervention solution into blue drum <ul style="list-style-type: none"> Distribute over goose necked bag to ensure surface contact, allowing solution to drain to bottom of drum 	
Gather top of outer bag handling outside of the bag without compressing bag	
Twist top of bag and create gooseneck	
Secure gooseneck with zip tie	
Perform glove hygiene	
Slowly pour 1/2 bottle of Accel Intervention solution into blue drum <ul style="list-style-type: none"> Distribute over goose necked bag to ensure surface contact, allowing solution to drain to bottom of drum 	
Allow 1-minute contact time	
Pour entire container (1 litre) of absorbent powder in blue drum	
Place empty container into regular waste bin	
Place lid and securement ring onto blue drum	
Wipe entire drum with Accel Intervention wipes	
Place wipes into regular waste bin	
Perform glove hygiene	
Enter anteroom	
Doff PPE	
Place doffed PPE into blue drum	
Perform hand hygiene	
Proceed with waste removal process for anteroom	
<p>Notify Waste Collector to remove blue drum from shower room and hallway</p>	