

Doffing Assistant PPE

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Preamble

Monitor♣ Pre-Doffing Considerations:

- Prompt staff on each step prior to doffing
- Remind staff not to touch their face during PPE removal
- Remind staff to stay calm; use slow, careful movements when removing PPE; and to listen to Monitor♣'s direction
- Ensure communication is closed loop and staff are connected via Vocera

Assistant 1Ω Pre-Doffing Considerations:

- Assistant 1Ω can remove PPE alone under the direction of the Monitor♣; assistance from Primary+ with untying gown may be needed

Other:

- Anteroom door is the door between the hallway and anteroom
 - Patient room door is the door between the anteroom and patient room
 - Perform glove hygiene in Accel Intervention solution whenever possible glove contamination has occurred, at any point during PPE removal
 - Glove hygiene process:
 - Immerse gloved hands in basin and rub together in Accel Intervention/AHP RTU solution
 - Pat gloves dry with Accel Intervention/AHP wipe
 - Glove to glove, skin to skin technique:
 - Grasp first glove at palm and remove glove
 - Scoop fingers under cuff of remaining glove and remove, pulling it inside-out on removal
 - Dispose in no-touch waste receptacle
- NOTE: with the outer set of gloves, this is represented as dirty to dirty, clean to clean technique. Though identified as clean, all used PPE is considered CONTAMINATED.
- If at any point in the process the Primary+ has soiled scrubs, proceed to the Soiled Scrubs Checklist
 - A shower is recommended at the end of each shift for the comfort of the healthcare worker. Staff should use the designated shower
- NOTE: this is different from a decontamination shower necessary after a soiled scrubs breach

Legend

Primary+

Assistant 1Ω

Monitor♣

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Process: **Assistant 1Ω** indicates they are ready to exit the anteroom, or **Monitor+** notes fatigue in actions of the **Assistant 1Ω**

1. Assistant 1Ω	Considerations
Visually inspect PPE for obvious signs of contamination. If evident, wipe PPE surface(s) with Accel Intervention wipe(s)	
Perform glove hygiene with Accel Intervention solution	Perform glove hygiene after each contact with Primary+

2. Remove overshoes if worn	Considerations
Assistant 1Ω	
Remain on disinfectant mat when removing overshoes	
Use toe to heel technique to remove overshoes	
Using Accel Intervention wipes, wipe exterior of overshoes, one at a time	
Place in collection container in anteroom; leave in anteroom until ready for transfer to reprocessing area	Follow the Management of Overshoes checklist for direction to appropriately clean/disinfect for reuse Container should be on assistant side of anteroom Consider use of 2 to 3 bottles of Accel Intervention/AHP RTU
Perform glove hygiene with Accel Intervention solution	

3. Doff outer GREEN gloves	Considerations
Assistant 1Ω	
<i>Doff outer GREEN gloves using dirty to dirty, clean to clean technique</i>	
<i>Discard in blue drum</i>	
<i>Perform glove hygiene with Accel Intervention solution</i>	

4. Doff gown	Considerations
Assistant 1Ω	
Face anteroom door	
Undo neck and then all waist ties if not undone by Primary+	
Hook fingers under cuff on opposite hand	

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Pull gown over hand	
Use gown covered hand to pull gown over other hand	
Pull gown off without touching outside of gown	
Roll up inside out, rolling away from the body	
Dispose in blue drum	
<i>If double gown worn</i>	Considerations
Grab outside of the outer gown at the forearm and pull down off arm	
Grab inside of outer gown with hand of uncovered arm and pull gown off	
Dispose in blue drum	
Perform glove hygiene with Accel Intervention solution	
Grab cuff of inner gown and maneuver sleeve over hand; be careful not to soil scrubs or flap gown around	
Use sleeve covered hand to grab gown at waist and slowly remove arm from sleeve	
Grab outside of opposite cuff with gloved hand; remove remainder of gown	
Roll up inside out, rolling away from the body	
Dispose in blue drum	
Perform glove hygiene with Accel Intervention solution	

5. Doff shoe/leg covers	Considerations
Assistant 1Ω	
Hold on to grab bar as required for stability	
Peel shoe/leg covers down by handling the outside only	
Lift heel, remove shoe/leg cover	
Dispose in blue drum	
Repeat with other shoe/leg cover	
Perform glove hygiene with Accel Intervention solution	

6. Doff full face shield	Considerations
Assistant 1Ω	
Face anteroom exit	
Lean forward and grasp strap at the back of the head	
Close eyes	
Slowly remove in forward and down motion	

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	Dispose in blue drum	
	Perform glove hygiene with Accel Intervention solution	

7. Doff procedure/surgical mask		Considerations
Assistant 1Ω		
	Face anteroom exit	
	Close eyes	
	Remove mask using loops or ties	Do not touch front of mask
	Slowly remove in a forward and down motion	
	Dispose in blue drum	
	Perform glove hygiene with Accel Intervention solution	

8. Doff inner BLUE gloves		Considerations
Assistant 1Ω		
	Doff inner BLUE gloves using glove to glove; skin to skin technique	
	Discard in blue drum	
	Perform hand hygiene with ABHR	

9. Exit anteroom		Considerations
Monitor ♣		
	Open anteroom door	
Assistant 1Ω		
	Exit anteroom	
	Perform HH with ABHR outside of anteroom	
Monitor ♣		
	Log room exit on HCP Room Entrance Log	