

Doffing Primary PPE

Page 1 of 8

Preamble

Monitor♣ Pre-Doffing Considerations:

- Prompt staff on each step prior to doffing
- Remind staff not to touch their face during PPE removal
- Remind staff to stay calm; use slow, careful movements when removing PPE; and to listen to Monitor's♣ direction
- Ensure communication is closed loop and staff are connected via Vocera
- If there are multiple Primary+ staff, one person exits the room at a time
- Monitor♣ to tell Primary+ they are clear to enter anteroom, prior to exiting patient room

Primary+ Pre-Doffing Considerations:

- PPE must be removed completely and the anteroom exited before the next person enters anteroom
- Monitor♣ to tell Primary+ they are clear to enter anteroom, prior to exiting patient room

Assistant 1Ω Pre-Doffing Considerations:

- Assistant 1Ω can remove their PPE alone under the direction of the Monitor; assistance from Primary+ with untying gown may be needed
- If Assistant 1Ω must aide multiple individuals (i.e., one after another), new PPE required between each person being assisted
- If Assistant 1Ω must provide break relief and therefore become the Primary+, Primary+ PPE may be worn to assist with current Primary+ doffing. This allows the Assistant 1Ω to directly enter the patient room after assisting the current Primary+ with doffing their PPE. Evaluate PPE for soiling prior to entry to patient room. If soiling is evident, wipe PPE surface(s) with Accel Intervention wipe(s)

Other:

- Anteroom door is the door between the hallway and anteroom
- Patient room door is the door between the anteroom and patient room
- Perform glove hygiene in Accel Intervention solution whenever possible glove contamination has occurred, at any point during PPE removal
- Glove hygiene process:
 - Immerse gloved hands into basin and rub together in Accel Intervention solution without splashing
 - Pat gloves dry with Accel Intervention wipe(s)
- Glove to glove, skin to skin technique:
 - Grasp first glove at palm and remove glove
 - Scoop fingers under cuff of remaining glove and remove, pulling it inside-out on removal
 - Dispose in no-touch waste receptacle

NOTE: with the outer set of gloves, this is represented as dirty to dirty, clean to clean technique. Though identified as clean, all used PPE is considered CONTAMINATED.

Doffing Primary PPE

- If at any point in the process the **Primary+** has soiled scrubs, proceed to the Soiled Scrubs Checklist
- A shower is recommended at the end of each shift for the comfort of the healthcare worker. Staff should use the designated shower

NOTE: this is different from a decontamination shower necessary for soiled scrubs breaches

Legend

Primary+
Monitor ♣
Assistant 1Ω

Process: **Primary+** indicates they are ready to exit, or **Monitor ♣** notes fatigue in actions of the **Primary+**

1. Primary+	Considerations
Visually inspect PPE prior to exiting patient room for obvious signs of contamination <ul style="list-style-type: none"> • If evident, wipe PPE surface(s) with Accel Intervention wipe(s) 	
Perform glove hygiene with Accel Intervention solution	
Disinfect door handle and plate with Accel Intervention wipe(s); discard wipe(s). <ul style="list-style-type: none"> • Wait 1-minute wet contact time after disinfection, then exit the patient room 	
2. Primary+	Considerations
Enter anteroom space staying in half of the room closest to patient room (delineated by tape) <ul style="list-style-type: none"> • Step on disinfectant mat upon exiting patient room • Stand facing anteroom exit • Stay in half of room closest to patient room (delineated by tape) 	Remain on disinfectant mat until doffing is completed and ready to exit the anteroom
3. Monitor ♣	Considerations
Reassure Primary+ to use slow pace and remain focused	
Reinforce to Primary+ you are there to provide guidance and support during doffing	
4. Assistant 1Ω	Considerations
After Primary+ enters anteroom and the patient room door closes, step onto disinfectant mat	
5. Primary+	Considerations
Perform glove hygiene with Accel Intervention solution	

Doffing Primary PPE

Page 3 of 8

6. Remove overshoes if worn		Considerations
Primary+		
Remain on disinfectant mat when removing overshoes	Use toe to heel technique to remove overshoes	Remind Primary+ of grab-bar to steady self
Assistant 1Ω		
Using Accel Intervention wipes, wipe exterior of overshoes, one at a time		
Place in collection container in anteroom; leave in anteroom until ready for transfer to reprocessing area		Follow the Management of Overshoes checklist for direction to appropriately clean/disinfect for reuse Container should be on assistant side of anteroom Consider use of 2 to 3 bottles of Accel Intervention/AHP RTU
Perform glove hygiene with Accel Intervention solution		Primary+ and Assistant 1Ω

7. Doff shoe/leg covers		Considerations
Primary+		
Hold on to grab bar as required for stability		
Assistant 1Ω		
Peel shoe/leg covers down by handling the outside only		Roll down so outer surface cannot roll back
Primary+		
Lift heel while Assistant 1Ω removes shoe/leg cover		
Assistant 1Ω		
Dispose in blue drum		
Repeat with other shoe/leg cover		
Primary+ and Assistant 1Ω		
Perform glove hygiene with Accel Intervention solution		

8. Primary+		Considerations
Doff outer GREEN gloves with dirty to dirty, clean to clean technique <ul style="list-style-type: none"> Dispose in blue drum 		Position Primary+ and Assistant 1Ω so glove removal is visible but will not cause any potential exposure of Assistant 1Ω
Perform glove hygiene with Accel Intervention solution		

Doffing Primary PPE

9. Doff gown with assistance	Considerations
Primary+	
Turn and face away from the Assistant 1Ω, rotating as needed for Assistant 1Ω to reach ties	
Assistant 1Ω	
Undo neck (top) and then all waist (middle) ties	
Grasp gown at the shoulders, only touching the outside of the gown	
Ease gown midway down upper arm	Roll gown down so outer surface cannot roll back
Step to the side onto another disinfectant mat	
Primary+	
Turn and face Assistant 1Ω	
Hook fingers of one hand under cuff on opposite hand	
Pull gown over hand	
Use gown covered hand to pull gown over other hand	
Pull gown off without touching outside of gown	
Roll up inside out, rolling away from the body	
Dispose in blue drum	
If double gown worn	
To remove outer gown	
Primary+	
Turn and face away from the Assistant 1Ω	
Assistant 1Ω	
Undo neck (top) and then all waist (middle) ties	
Grasp gown at the shoulders	
Ease gown midway down upper arm	
Step to the side onto another disinfectant mat	
Primary+	
Turn and face Assistant 1Ω	
Hook fingers of one hand under cuff on opposite hand	
Pull gown over hand	
Use gown covered hand to pull gown over other hand	
Pull gown off without touching outside of gown	
Roll up inside out, rolling away from the body	
Dispose in blue drum	
Perform glove hygiene with Accel Intervention solution	

Doffing Primary PPE

To remove inner gown

Primary+

Turn and face away from the Assistant 1Ω

Assistant 1Ω

Grasp second (inner) gown by the shoulders and peel it partway down upper arm

Grasp at the cuff one sleeve at a time, and remove gown rolling outside to inside

Dispose in blue drum

Primary+ and **Assistant 1Ω** perform glove hygiene with Accel Intervention solution

10. Doff full face shield	Considerations
Primary+	
Face anteroom door	
Lean forward and grasp strap at the back of the head	
Close eyes	
Slowly remove in forward and down motion	
Dispose in blue drum	
<p><i>If worn, remove face shield with bib attachment</i></p> <ul style="list-style-type: none"> • Face anteroom door • Lean head slightly forward • Close eyes and grasp strap at back of the head • Slowly pull away • Dispose in blue drum 	
Perform glove hygiene with Accel Intervention solution	

11. If worn, remove hood	Considerations
Primary+	
Tilt head slightly forward	
Grasp at crown of head; use one hand to pull hood forward, away from the body and off head	
Dispose in blue drum	
Perform glove hygiene with Accel Intervention solution	

Doffing Primary PPE

Page 6 of 8

12. Doff N95 respirator		Considerations
Primary+		
Face anteroom exit		
Grasp elastics at the back of head		
Close eyes		
Slowly remove in a forward and down motion		
Dispose in blue drum		
Perform glove hygiene with Accel Intervention solution		
13. Doff coveralls with assistance		Considerations
Primary+		
Face the Assistant 1Ω		
Tilt head/chin upward; keep eyes closed		
Assistant 1Ω		
Keep hands away from Primary's+ face		
Undo adhesive		
Slowly unzip to lower abdomen by pulling front of coveralls down while Primary+ tilts head/chin upwards		
Continue to unzip		
Primary+		
Turn away from Assistant 1Ω		
Assistant 1Ω		
Use outside of hood (at the top) to remove hood from head <ul style="list-style-type: none"> Peel hood off by grasping on both sides of the head and pulling the hood away from the sides of the face Turn hood inside out 	Keep hands away from Primary's+ unprotected face	
Grasp coveralls by the shoulders		Only contact outside of coveralls
Peel coveralls downwards to expose shoulders, partway down the upper arm		
Use outside of sleeves to remove one sleeve at a time		
Roll sleeves inwards and tuck into the hood. Continue rolling coveralls downward until reach lower leg		Avoid contamination of disposable scrubs
Remove leg and foot portion one at a time <ul style="list-style-type: none"> Lift heel up, toes maintain contact with disinfectant mat, and then lift foot up to remove coveralls 		Remind Primary+ of grab-bar to steady self
Remove coveralls; dispose in blue drum		
Primary+ and Assistant 1Ω perform glove hygiene with Accel Intervention solution		

Doffing Primary PPE

Page 7 of 8

If contaminated surfaces of coveralls contact shoes during removal, wipe shoes with Accel Intervention wipes. Discard wipes

- Ensure 1-minute wet contact time

Dispose in blue drum

Primary+ and **Assistant 1Ω** perform glove hygiene with Accel Intervention solution

14. Doff inner BLUE gloves	Considerations
Primary+	
Use glove to glove; skin to skin technique	
Dispose in blue drum	
Perform hand hygiene with ABHR	

15. Exit anteroom	Considerations
Assistant 1Ω	
Step to the side; turn and face the wall	
Primary+	
Step to Assistant 1Ω side of anteroom and undo neck then all waist ties of Assistant 1Ω gown	
Monitor ♠	
Open anteroom door	
Primary+	
Exit anteroom while still wearing cooling vest	
Perform HH with ABHR outside of anteroom	
Log room exit on HCP Room Entrance Log	

16. Cooling Vest	Considerations
Primary+	
Remove ice pack inserts and Velcro strips/extensions from the cooling vest	

Doffing Primary PPE

Page 8 of 8

	Using Accel Intervention wipes, clean/disinfect outside of ice pack inserts. Allow 1 minute wet contact time. Return ice pack inserts to freezer	
	Using Accel Intervention wipes, clean and disinfect the cooling vest (front and back) and Velcro strips/extensions after each use. Return to same storage area as where freezer is located	
Monitor ♠		
	Open anteroom door	
Primary+		
	Exit anteroom while still wearing cooling vest	
	Perform HH with ABHR outside of anteroom	
	Log room exit on HCP Room Entrance Log	