

Doffing Assistant PPE

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Preamble

Monitor♣ Pre-Doffing Considerations:

- Prompt staff on each step prior to doffing
- Remind staff not to touch their face during PPE removal
- Remind staff to stay calm; use slow, careful movements when removing PPE; and to listen to Monitor♣'s direction
- Ensure communication is closed loop and staff are connected via Vocera

Assistant 1Ω Pre-Doffing Considerations:

- Assistant 1Ω can remove PPE alone under the direction of the Monitor♣; assistance from Primary+ with untying gown may be needed

Other:

- Anteroom door is the door between the hallway and anteroom
- Patient room door is the door between the anteroom and patient room
- Perform glove hygiene in IP&C approved disinfectant solution whenever possible glove contamination has occurred, at any point during PPE removal
- Glove hygiene process:
 - Immerse gloved hands into basin and rub together in IP&C approved disinfectant without splashing
 - Pat gloves dry with IP&C approved disinfectant wipe(s)
- Glove to glove, skin to skin technique:
 - Grasp first glove at palm and remove glove
 - Scoop fingers under cuff of remaining glove and remove, pulling it inside-out on removal
 - Dispose in blue drum

NOTE: with the outer set of gloves, this is represented as dirty to dirty, clean to clean technique. Though identified as clean, all used PPE is considered CONTAMINATED.

- If at any point in the process the Assistant 1Ω has soiled scrubs, proceed to the Soiled Scrubs Checklist
- Throughout the checklist, IP&C approved disinfectant will be referred to as disinfectant
- A shower is recommended at the end of each shift for the comfort of the healthcare worker. Staff should use the designated shower

NOTE: this is different from a decontamination shower necessary after a soiled scrubs breach

Legend

Primary+

Assistant 1Ω

Monitor♣

Doffing Assistant PPE

Process: **Assistant 1Ω** indicates they are ready to exit the anteroom, or **Monitor+** notes fatigue in actions of the **Assistant 1Ω**

1. Assistant 1Ω		Considerations
	Visually inspect PPE for obvious signs of contamination. If evident, wipe PPE surface(s) with disinfectant wipe(s)	
	Perform glove hygiene	
2. Remove overshoes if worn		Considerations
Assistant 1Ω		
	Remain on disinfectant mat when removing overshoes	
	Use toe to heel technique to remove overshoes	
	Dispose overshoes in blue drum	
	Perform glove hygiene	
3. Doff outer GREEN gloves		Considerations
Assistant 1Ω		
	Doff outer GREEN gloves using dirty to dirty, clean to clean technique	
	Discard in blue drum	
	Perform glove hygiene	
4. Doff gown		Considerations
Assistant 1Ω		
	Face anteroom door	
	Undo neck and then all waist ties if not undone by Primary+	
	Hook fingers under cuff on opposite hand	
	Pull gown over hand	
	Use gown covered hand to pull gown over other hand	
	Pull gown off without touching outside of gown	
	Roll up inside out, rolling away from the body	
	Dispose in blue drum	
Perform glove hygiene		

Doffing Assistant PPE

If double gown worn

- Grab outside of the outer gown at the forearm and pull down off arm
- Grab inside of outer gown with hand of uncovered arm and pull gown off
- Dispose in blue drum
- Perform glove hygiene
- Grab cuff of inner gown and maneuver sleeve over hand; be careful not to soil scrubs or flap gown around
- Use sleeve covered hand to grab gown at waist and slowly remove arm from sleeve
- Grab outside of opposite cuff with gloved hand; remove remainder of gown
- Roll up inside out, rolling away from the body
- Dispose in blue drum
- Perform glove hygiene

5. Doff shoe/leg covers

Considerations

Assistant 1Ω

- Hold on to grab bar as required for stability
- Peel shoe/leg covers down by handling the outside only
- Lift heel, remove shoe/leg cover
- Dispose in blue drum
- Repeat with other shoe/leg cover
- Perform glove hygiene

6. Doff full face shield

Considerations

Assistant 1Ω

- Face anteroom exit
- Lean forward and using two hands grasp strap at the back of the head
- Close eyes
- Slowly remove in forward and down motion
- Dispose in blue drum
- Perform glove hygiene

Doffing Assistant PPE

7. Doff procedure/surgical mask		Considerations
Assistant 1Ω		
Face anteroom exit		
Close eyes		
Remove mask using loops or ties		Do not touch front of mask
Slowly remove in a forward and down motion		
Dispose in blue drum		
Perform glove hygiene		
8. Doff inner BLUE gloves		Considerations
Assistant 1Ω		
Doff inner BLUE gloves using glove to glove; skin to skin technique		
Discard in blue drum		
Perform hand hygiene with ABHR		
9. Exit anteroom		Considerations
Monitor ♠		
Open anteroom door		
Assistant 1Ω		
Exit anteroom		
Perform HH with ABHR outside of anteroom		
Monitor ♠		
Log room exit on HCP Room Entrance Log		