

Donning Assistant PPE

Preamble

- Equipment required
 - Scrubs (to be destroyed) dedicated to the HCP area/care of patients under investigation for, or confirmed cases of HCP
 - Impermeable gown
 - Long gloves (differing colours) with secure cuff x2
 - Fluid-resistant shoe/leg coverings
 - Procedure/Surgical mask
 - Full face shield
 - Vocera (confirm battery is fully charged and device is working)
 - Overshoes (ONLY if required due to gross soiling in anteroom)
 - Dedicated closed toe and heel shoes that tolerate disinfection within the isolation room and anteroom (i.e., not canvas/fabric)
 - Scissors, to trim gown as required
- Anteroom door is the door between the hallway and anteroom
- Patient room door is the door between the anteroom and patient room
- Pre-Donning Considerations:
 - Are the anteroom and patient room set up for safe staff entry/exit?
 - Will Assistant need to change roles after helping with doffing process, requiring additional PPE as Primary?
 - If Assistant 1Ω must provide break relief and therefore become the Primary+, Primary+ PPE may be worn to assist with current Primary+ doffing. This allows the Assistant 1Ω to directly enter the patient room after assisting the current Primary+ with doffing their PPE. Evaluate PPE for soiling prior to entry to patient room. If soiling is evident, wipe PPE surface(s) with IP&C approved disinfectant wipe(s)
 - Introduce self/assigned staff and clarify roles
 - Wearing makeup is not recommended as it impairs user comfort due to facial sweat
 - Consider using the toilet before putting on the PPE
 - Fasting is not recommended before working with PPE
 - Has HCP PPE training/N95 fit testing been completed? Have any exclusion criteria been met (pregnant, open skin/lesions to forearms, medical conditions as determined by Occupational and Environmental Safety and Health)?
 - Establish closed loop communication: e.g., establish eye contact and verbal prompt prior to activity; hand signals; code or red flag words
 - Ensure self-awareness of habitual behaviours and the importance of minimizing them. Habitual behaviours include daily actions people do without conscious thought, such as nose rubbing or beard stroking. People also carry out automatic actions in response to a stimulus, such as wiping sweat away from the forehead
- Glove hygiene process:
 - Immerse gloved hands into basin and rub together in IP&C approved disinfectant without splashing
 - Pat gloves dry with IP&C approved disinfectant wipe(s)

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Legend

Monitor ▲
Assistant 1Ω

Process:

1. Assistant 1Ω	
Outside Anteroom	Considerations
Confirm wearing scrubs and dedicated shoes	On arrival to unit, in change room
Remove lanyards, watches, rings, pocket contents, other unnecessary items or items that can dangle	Staff to place their clothing in designated area
Pull back hair from face and neck and securely tie/pin back as required. For longer hair, pull hair back and up into a bun	Hair to be away from face and neck and securely tied back as required Longer hair may touch outside of coveralls during doffing if not pulled back
Don and log-in to Vocera, ensuring top of the badge is no more than 6 inches from chin. Confirm battery is working and fully charged	
Perform hand hygiene (HH)	ABHR unless visibly soiled, wash if soiled
Visually inspect PPE. Ensure <ul style="list-style-type: none"> Is in serviceable condition. Look for damage and irregularities like holes and cracks All required PPE/supplies are available Sizes selected are correct 	
Perform HH	ABHR unless visibly soiled, wash if soiled
Don inner set of BLUE longer-extended cuff, closer-fitting gloves and pull up completely	Good fit, no tears
Don gown; secure ties <ul style="list-style-type: none"> Ensure gown edges overlap to completely cover the front and back of clothing If not covered completely, first don a gown as a housecoat (untied); then don second gown as usual (tie all ties with assistance) Ensure cuffs of BLUE gloves are under gown 	Where the gown is too long, use scissors to cut to knee length. If cutting gown, do not do while wearing
Don shoe/leg covers <ul style="list-style-type: none"> Pull to knees Position cover securely over feet to avoid risk of tripping 	
<i>If necessary, don overshoes, ensuring secure fit to avoid risk of tripping</i>	<i>Overshoes required for gross soiling situations and anticipated situations</i>
Don procedure/surgical mask <ul style="list-style-type: none"> Shape metal piece to nose bridge 	

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	<ul style="list-style-type: none"> Ensure mask is secured 	
	<p>Don full face shield</p> <ul style="list-style-type: none"> Remove protective plastic coating if present Ensure full coverage of face 	
	<p>Don outer set of GREEN extended cuff gloves and pull up completely over cuff of gown</p>	<p>Good fit, no tears</p>
	<p>Check PPE placement/integrity and log room entry on HCP Room Entrance Log</p> <ul style="list-style-type: none"> Adjust facial protection before entering room Monitor ♣ to advise PPE user not to touch their face once in room 	<p>To ensure PPE stays in place, before entering the room, Assistant 1Ω should lean forward and gently shake head; perform a squat; and fully extend arms</p>

2. Monitor ♣

Outside Anteroom	Considerations
<p>Final check prior to entry Assistant 1Ω</p> <ul style="list-style-type: none"> Ensure appropriate and full coverage Reinforce do not touch face or adjust PPE after entry Reinforce closed loop communication Does the PPE wearer have heat strain? 	<p>Do not permit PPE wearers with heat strain to enter anteroom</p>