

## Non-Ambulatory Patient Discharge Following Successful Recovery

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### Preamble

- Use this checklist to discharge a non-ambulatory patient following successful recovery
- For the purposes of this checklist, a non-ambulatory patient is defined as a person who is unable to walk independently (with or without an assistive device) and/or is deemed unsafe to shower alone
- Confirm with the Site Medical Director and Infection Prevention & Control the patient has been deemed recovered
- Determine whether the patient is to be discharged home or transferred to another facility/ward
- Verify transport arrangements are in place and if applicable, receiving facility/ward is aware of transfer. Consider alternate room or location for patient to wait after discharge from unit in the event that there is a time delay with transport services
- Review this checklist and consider, in advance, all additional staff required to carry out the discharge process, including number of **Primary healthcare workers+ (HCWs)** required to safely bathe, roll, and transfer the patient
  - Per OESH guidance, two healthcare workers are required for any transfer less than or equal to 45 kg/100 lbs. For every 45 kg/100 lbs added patient weight, an additional healthcare worker is required
  - Two **Primary+ HCWs** working together will be referred to as a set
  - At a minimum, two sets of **Primary HCWs+** are recommended. The first set of **Primary HCWs+** will be responsible for bathing and preparing the patient to exit the patient room. The second set of **Primary HCWs+** will transport the patient to a clean room for a second bath before transporting off the unit

Note: the second set of **Primary HCWs+** may return to their pre-JK3 location after assisting with this protocol, as the patient is already recovered, and would have had an initial bath
- Ensure Waste Management processes are completed so the discharge process can begin with empty blue drums in patient room and anteroom: [Waste Removal BLUE DRUM](#); [Waste Removal ANTEROOM](#)
- Preview checklist, ensure staff are aware of roles and are ready to begin the discharge process
- Arrange to collect shower stretcher from unit RR5 prior to beginning checklist
- Gather necessary equipment and supplies as listed below
- Anteroom door is the door between the hallway and anteroom
- Patient room door is the door between the anteroom and patient room
- Review glove hygiene process:
  - Immerse gloved hands into basin and rub together in IP&C approved disinfectant without splashing
  - Pat gloves dry with IP&C approved disinfectant wipe(s)
- If the **Primary+** has soiled scrubs, proceed to the Soiled Scrubs Checklist as determined by the **Monitor** ♣

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- The Shower Room will be set up to provide patient with a second bath with Chlorhexidine soap (CHG) prior to exiting the unit. This room will require the following items in addition to anything else the team may consider/anticipate

### Supplies:

- Shower Room Anteroom:
  - Blue drum set up
  - Table for glove hygiene
  - 2 basins

*Note: disinfectant mats not required for this clean anteroom set up*
- Shower Room for CHG bath Supplies:
  - Blue drum set up
  - Stretcher with clean sheets and a clean blanket (or wheelchair if patient can tolerate)
  - Clean sliders and extension straps
  - Bathing supplies – wash cloths, towels, CHG soap, shampoo
  - Patient's clean clothing
  - IP&C approved disinfectant solution and disinfectant wipes
  - Glove hygiene station
  - Absorbent pads
  - Mop supplies

*Note: Leave door to room in hold open position*
- Patient Room Clean Bathing Kit Supplies:
  - Bath in a Bag products to bathe patient and shampoo hair
  - Washcloths (4)
  - Towels (4)
  - Disposable gown
  - Two sets of clean linen
  - Clean sliders (2)
  - Slider extension straps (2)
  - Plastic bag to carry supplies
- Chlorhexidine gluconate Bathing Kit Supplies:
  - Chlorhexidine gluconate (CHG) soap
  - Regular shampoo
  - Washcloths (4)
  - Towels (4)
  - Patient's own clean clothes or clean hospital gown (if transferring to another unit)
  - Clean transport equipment – determine what is appropriate for patient's mobility status for transfer to shower room and post shower (e.g., shower stretcher, commode, wheelchair)
  - Clean sliders (2)
  - Slider extension straps (2)

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### PREPARATION:

EvS Monitor ▽ to confirm with EvS Aide ◇ that patient room and anteroom will be cleaned as per HCPU Occupied Isolation Room Cleaning by Environmental Services checklist

NOTE: Prior to exiting patient room, advise EvS Aide ◇ to leave mop set up in patient room as follows for Primary+ (required for Step 1):

- Place absorbent pad on floor against wall near observation window
- Saturate absorbent pad with disinfectant solution
- Apply clean disinfectant-soaked microfiber to mop
- Place mop on top of absorbent pad and lean against wall

When all cleaning is complete, doff per Doffing Primary PPE checklist and exit

When patient exits Shower Room, ensure a Clean Healthcare Worker is available to receive patient in hallway on stretcher.

### Legend

Primary(s) 1, 2, 3, 4+
Monitor 1 ♠
Monitor 2 ◇
Monitor 3 ϕ
Monitor 4 ⚡
Assistant 1 Ω
Environmental Services (EvS) Monitor ▽
EvS Aide ◇

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### Process:

2. Monitor 1▲	Considerations
<b>First Bath in Patient Room</b>	
<b>Direct Primary 1+ and 2+</b>	
Don PPE per <a href="#">Donning Primary PPE checklist</a>	Consider the number of <b>Primarys+</b> required to safely roll, lift, and transfer patient
<b>Primary 1+:</b> Enter patient room with the prepared Patient Room Clean Bathing Supply Kit and place on top of supply cart	Ensure all supplies are ready
<b>Primary 2+:</b> Enter patient room	<i>Reminder: Supply cart has been disinfected by EvS during preparation steps</i>
<b>Primary 1+ and 2+:</b> Take positions on opposite sides of the bed and change linen on bed prior to providing bed bath by the following steps	
<ul style="list-style-type: none"> <li>• Raise bed to appropriate height for shortest <b>Primary+</b></li> </ul>	Ensure bed is raised, wheels locked and proper body mechanics are followed
<ul style="list-style-type: none"> <li>• Roll patient onto side towards <b>Primary1+</b></li> </ul>	
<b>Primary1+:</b> Maintain patient on side	
<b>Primary 2+:</b> Tuck dirty bottom sheet underneath patient	
<ul style="list-style-type: none"> <li>• Disinfect the exposed mattress with disinfectant wipe; discard wipe</li> </ul>	
<ul style="list-style-type: none"> <li>• Perform glove hygiene</li> </ul>	
<ul style="list-style-type: none"> <li>• Apply new bottom sheet to exposed half of mattress, taking care that clean sheet does not contact dirty sheet</li> </ul>	
<b>Primary 1+ and 2+:</b> Roll patient over onto clean side of bed and onto opposite side	
<b>Primary 2+:</b> Maintain patient on side	
<b>Primary 1+:</b> Remove dirty bottom sheet and discard in blue drum	
<ul style="list-style-type: none"> <li>• Disinfect second half of mattress with disinfectant wipe; discard wipe</li> </ul>	
<ul style="list-style-type: none"> <li>• Perform glove hygiene</li> </ul>	
<ul style="list-style-type: none"> <li>• Pull clean bottom sheet from under patient onto second half of mattress</li> </ul>	
<b>Primary 1+ and 2+:</b> Return patient onto back in center of bed	
Bathe patient from head to toe using Bath in a Bag products	
Dispose dirty gown, bed linen and towels in blue drum	Keep patient covered with clean towel as far as possible for warmth and dignity
Perform glove hygiene	
Place clean sheets and clean sliders under patient by the following steps	

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	Roll patient onto side towards <b>Primary1+</b>
	<b>Primary1+</b> : Maintain patient on side
	<b>Primary 2+</b> : Tuck dirty bottom sheet underneath patient
	<ul style="list-style-type: none"> <li>Disinfect the exposed mattress with disinfectant wipe; discard wipe</li> </ul>
	<ul style="list-style-type: none"> <li>Perform glove hygiene</li> </ul>
	<ul style="list-style-type: none"> <li>Apply new bottom sheet with clean sliders on top to exposed half of mattress, taking care that clean sheet and sliders do not contact dirty sheet or towel covering patient</li> </ul>
	<b>Primary 1+ and 2+</b> : Roll patient over onto clean side of bed and onto opposite side
	<b>Primary 2+</b> : Maintain patient on side
	<b>Primary 1+</b> : Remove dirty bottom sheet and discard in blue drum
	<ul style="list-style-type: none"> <li>Disinfect second half of mattress with disinfectant wipe: discard wipe</li> </ul>
	<ul style="list-style-type: none"> <li>Perform glove hygiene</li> </ul>
	<ul style="list-style-type: none"> <li>Pull clean bottom sheet and sliders from under patient onto second half of mattress</li> </ul>
	<b>Primary 1+ and 2+</b> : Return patient onto back in center of bed
	Dress patient in clean gown and cover patient with a clean blanket
	Disinfect side rails of bed on side that will be used to transfer patient to shower stretcher; discard wipes
	Perform glove hygiene
	Create a clear path from the patient's bed to the patient door and move bed over to allow room for shower stretcher
	<b>Primary 1+</b> : Use prepared mop to mop pathway from patient's bed to the door and replace mop on absorbent pad against wall
	<b>Primary 1+ and 2+</b> : Perform glove hygiene
	<b>Primary 2+</b> : Disinfect door handle and plate with a disinfectant wipe; discard wipe <ul style="list-style-type: none"> <li>Wait 1-minute wet contact time</li> </ul>
	When <b>Assistant 1Q</b> is ready with the shower stretcher in step 3, <b>Monitor 1♣</b> will direct to open patient room door in hold open position
	Continue in step 4

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3. Monitor 4X		Considerations
<b>Direct Assistant 1Ω in the Hallway</b>		
	Clean and disinfect the shower stretcher to be brought into the patient room	Ensure appropriate transfer equipment is used to safely transfer patient
	Create a clear path from the anteroom room door down the hall to the Shower Room where patient will receive CHG bath	
	Monitor 1♣ to direct Monitor 4X when it is time to open anteroom door	
	Assistant 1Ω to move the shower stretcher into the anteroom to be received by Primary 1+ and 2+	
	Monitor 4X to close the anteroom door once the stretcher has cleared the doorway	

4. Monitor 1♣		Considerations
<b>Transfer Patient to Shower Stretcher</b>		
<b>Direct Primary 1+ and 2+</b>		
	Open door in hold open position and receive shower stretcher into patient room	Ensure proper body mechanics are used for transfer
	Close patient door	
	Position shower stretcher next to bed for transfer and ensure wheels are locked and adjust height as needed	Commode or wheelchair may be used instead of shower stretcher, depending on patient's mobility status and decision of healthcare team
	Transfer patient from bed onto the shower stretcher, using the sliders and slider extension straps as needed. Remove slider from under patient and discard in blue drum	
	Unlock shower stretcher brakes and move shower stretcher away from bed; raise side rails	
	Perform glove hygiene	
	Disinfect sides of shower stretcher with disinfectant wipes; discard wipes	
	Perform glove hygiene	
	Primary 1+: Disinfect door handle and plate with a disinfectant wipe; discard wipe <ul style="list-style-type: none"> <li>• Wait 1-minute wet contact time</li> </ul>	
	Primary 1+: Open patient door in hold open position	
	Move the shower stretcher into the anteroom and onto the Assistant side disinfectant mat, ensuring wheels roll over the disinfectant mats	

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	Wait for patient to be received in the hallway by clean <b>Primary 3+ and 4+</b>	
	Close door and wait until <b>Assistant 1Ω</b> has entered the anteroom to begin the doffing process per <a href="#">Doffing Primary PPE checklist</a> , one <b>Primary+</b> at a time	

5. Monitor 3 φ	Considerations
<b>Direct <b>Primary 3+ and 4+</b></b>	
Don PPE following <a href="#">Donning Primary PPE</a> checklist	
<b>Monitor 1♣</b> to indicate when anteroom door is ready to be opened	
<b>Primary 3+</b> : Open anteroom door	
<b>Primary 4+</b> : Receive patient on shower stretcher into the hallway	
Transport patient from anteroom to clean shower room taking care not to touch anything else along the way	
<b>Monitor 3 φ</b> : Hold open anteroom door to Shower Room	
<b>Primary 3+ and 4+</b> : Enter anteroom with patient on shower stretcher and proceed directly into room	
Perform glove hygiene	
Close door and continue with shower in step 7	

6. EvS Monitor ▾
<b>Direct <b>EvS Aide</b>◇ once hallway cleared</b>
Mop hallway and anteroom floors with disinfectant solution

7. Monitor 3 φ	Considerations
<b>Chlorhexidine Bath in Shower Room</b>	
<b>Direct <b>Primary 3+ and 4+</b></b>	
Thoroughly disinfect the shower stretcher with disinfectant wipes; discard wipes <ul style="list-style-type: none"> <li>Wait 1-minute wet contact time</li> </ul>	
Perform glove hygiene	
Move shower stretcher into shower area with feet first and a <b>Primary +</b> on each side of the stretcher	
Remove the blanket covering the patient; discard in blue drum	
Shampoo patient's hair with regular shampoo and use shower wand to rinse	

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	Remove patient's gown and discard in blue drum	
	Apply CHG soap from patient's neck to feet, taking care not to apply CHG soap directly to head, face or genitals	CHG soap must dwell on skin for 5 minutes before rinsing off
	Lay towel over top of patient	For warmth and dignity
	Monitor 3 φ: Set timer for 5 minutes	
	When 5 minutes is up, discard towel in blue drum and thoroughly rinse CHG soap off patient with shower wand	
	Let water drain out of shower stretcher	
	Dry patient and shower stretcher with towels	
	Discard towels and wash cloths in blue drum	
	Perform glove hygiene	
	Cover patient with clean towel or blanket	
	Place clean sliders under patient. May need extension straps for sliders	
	Transfer patient to clean stretcher, using sliders	Consideration to use wheelchair instead of stretcher if patient can tolerate
	Assist patient to don clean personal clothing	
	Disinfect sides of stretcher with disinfectant wipes; discard wipes <ul style="list-style-type: none"> <li>• Wait 1-minute wet contact time</li> </ul>	
	Perform glove hygiene	
	<b>Primary 3+:</b> Use prepared mop set up to mop floor of room, focusing on pathway from stretcher to door	
	<b>Primary 4+:</b> Open door in hold open position	
	<b>Primary 3+ and 4+:</b> Move patient on clean stretcher into anteroom	
	Monitor 3 φ: Open anteroom door	
	Clean Health Care Worker (HCW) in hallway to receive patient on stretcher	No PPE required for the HCW in hallway
	<b>Primary 3+ and 4+:</b> Return into room and wait for <b>Assistant 1Ω</b> to enter anteroom to doff one at a time per <a href="#">Doffing Primary PPE Checklist</a>	

### 8. Clean HCW in Hallway

	Receive patient in the hall
	Transport patient on stretcher (or wheelchair) to unit's exit doors where patient will be received by transport staff
	Once the patient has exited unit: <ul style="list-style-type: none"> <li>• Return stretcher or wheelchair to the Shower Room to ensure inclusion in the discharge cleaning/disinfection by Environmental Services</li> </ul>



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### 9. EvS Monitor ▾

#### After Patient Discharge from Unit

#### Direct EvS Aide ◆

Proceed with HCPU Isolation Room Discharge Cleaning checklist