

### **UPDATES in RED**

### **Winnipeg Regional Health Authority Acute, Long Term Care and Community Infection Control Manual**

| Microorganism,<br>Infectious Disease | Clinical<br>Presentation                             | Precautions   | Infective<br>Material  | Route of<br>Transmission                     | Incubation<br>Period | Period of Communicability                                  | Duration of Precautions             | Comments  |
|--------------------------------------|--|---|------------------------|--|----------------------|--|-------------------------------------|---|
| Actinomycosis<br>(Actinomyces spp.)  | Cervicofacial,<br>thoracic or<br>abdominal infection | Routine Practices   |                        |  | Variable             |  |                                     | No person-to-person transmission.  Normal flora; infection usually secondary to trauma.   |
| Adenovirus Respiratory strains       | Respiratory tract infection (pneumonia)              | Acute: Droplet/Contact  LTC: Droplet/Contact  Community: Routine Practices    | Respiratory secretions | Large droplets<br>Direct/indirect<br>contact | 1-10 days            | Shortly before and until symptoms end                      | Duration of symptoms                | Different strains responsible for respiratory and gastrointestinal disease.  P/R/C should not share room with high-risk roommates.  Minimize exposure of immunocompromised P/R/Cs, P/R/Cs with chronic cardiac or lung disease, and neonates.  Symptoms may be prolonged in immunocompromised individuals.  |
|                                      | Conjunctivitis                                       | Contact   | Eye discharge          | Direct/indirect<br>contact                   | 5-12 days            | Late in incubation<br>period, until 14<br>days after onset | Duration of symptoms, up to 14 days | Careful attention to aseptic technique and reprocessing of ophthalmology equipment to prevent epidemic keratoconjunctivitis.  |
| Adenovirus<br>Enteric strain         | Diarrhea   | Adult: Routine Practices*  Pediatric: Contact**  Community: Routine Practices | Feces                  | Direct/indirect<br>contact<br>(fecal/oral)   | 3-10 days            | Until symptoms<br>end                                      | Duration of symptoms                | *Consider Contact Precautions for incontinent adults if stool cannot be contained, or for adults with poor hygiene who contaminate their environment.  **Pediatric precautions apply to children who are incontinent or unable to comply with hygiene.  See Enteritis Specific Disease Protocol  Community: consider Contact Precautions if client:  is incontinent  has stools that cannot be contained  has poor hygiene and may contaminate his/her environment. |

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|--|---|---|-----------------------|---|---|------------------------------|----------------------------|---|
| Microorganism,<br>Infectious Disease                                       | Clinical<br>Presentation  | Precautions   | Infective<br>Material | Route of<br>Transmission  | Incubation<br>Period  | Period of<br>Communicability | Duration of<br>Precautions | Comments  |
| Amebiasis<br>(Entamoeba histolytica)                                       | Dysentery and liver abscess   | Adult: Routine Practices*  Pediatric: Contact**  Community: Routine Practices | Feces                 | Direct/indirect<br>contact<br>(fecal/oral)                                | 2-4 weeks   | Duration of cyst excretion   | Duration of symptoms       | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric precautions apply to children who are incontinent or unable to comply with hygiene.  Contact site/program Infection Control Professional (ICP) or designate.  See Enteritis Specific Disease Protocol  Community: consider Contact Precautions if client:  is incontinent  has stools that cannot be contained  has poor hygiene and may contaminate his/her environment. |
| Anaplasmosis (Human Granulocytic Anaplasmosis) (Anaplasma phagocytophilum) | Fever, headache,<br>myalgia, anemia,<br>leukopenia, and<br>thrombocytopenia | Routine Practices   |                       | Tick-borne, blood<br>transfusion<br>transmission can<br>occur but is rare | 5-21 days   |                              |                            | Contact site/program ICP or designate.  |
| Anthrax<br>(Bacillus anthracis)  | Cutaneous   | Routine Practices  Routine Practices  |                       |   | Usually: 2-6<br>days.<br>Ranges from<br>a few hours<br>to 3 weeks<br>4 to 11 days |                              |                            | No person-to-person transmission. Acquired from contact with infected animals and animal products. Inhalation anthrax may occur as a result of occupational exposure to anthrax spores or as a result of bioterrorism.  Decontamination and post exposure prophylaxis required for exposure to aerosols in laboratory exposures or biological terrorism.  Contact site/program ICP or designate.  |

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| Microorganism,                                   | Clinical                         |                                  | Infective       | Route of                  | Incubation             | Period of       | Duration of     | Comments  |
| Infectious Disease                               | Presentation                     | Precautions                      | Material        | Transmission              | Period                 | Communicability | Precautions     | Comments  |
|  |                                  |                                  |                 |                           |                        |                 |                 |   |
| Antimicrobial Resistant<br>Gram-Negative Bacilli |                                  | Acute:<br>Containment            |                 |                           |                        |                 | Duration of     | Management on a case by case basis in discussion with IP&C, Public Health or delegate, and  |
| (AMR-GNB)  |                                  | Contaminent                      |                 |                           |                        |                 | hospitalization | laboratory.   |
|  |                                  |                                  |                 |                           |                        |                 |                 | See AMR-GNB specific protocol.  |
|  |                                  | Long Term Care: To be determined |                 |                           |                        |                 |                 |   |
|  |                                  | based on a                       |                 |                           |                        |                 |                 |   |
|  |                                  | risk/benefit                     |                 |                           |                        |                 |                 |   |
|  |                                  | assessment.                      |                 |                           |                        |                 |                 |   |
|  |                                  | Consult program ICP              |                 |                           |                        |                 |                 |   |
|  |                                  | ICF                              |                 |                           |                        |                 |                 |   |
|  |                                  |                                  |                 |                           |                        |                 |                 |   |
|  |                                  | Community:<br>Clinic Setting:    |                 |                           |                        |                 |                 |   |
|  |                                  | Contact                          |                 |                           |                        |                 |                 |   |
|  |                                  | Precautions may                  |                 |                           |                        |                 |                 |   |
|  |                                  | be implemented                   |                 |                           |                        |                 |                 |   |
|  |                                  | based on a point of care risk    |                 |                           |                        |                 |                 |   |
|  |                                  | assessment                       |                 |                           |                        |                 |                 |   |
|  |                                  | (PCRA) [e.g.,                    |                 |                           |                        |                 |                 |   |
|  |                                  | wound clinics,                   |                 |                           |                        |                 |                 |   |
|  |                                  | vascular clinics]                |                 |                           |                        |                 |                 |   |
|  |                                  | Home Setting:                    |                 |                           |                        |                 |                 |   |
| Antimicrobial Resistant Organisms (AROs)         | See MRSA, Candida a              | uris, CPE, VRE, VISA,            | VRSA and AMR-GN | I <u>B</u>                |                        |                 |                 |   |
| Arthropod borne virus*                           | Encephalitis, fever,             | Routine Practices                | Blood, tissues  | Vector-borne              | 3-21 days              |                 |                 | No person-to-person transmission, except rarely by blood transfusion or organ   |
| (arboviruses)                                    | rash, arthralgia,<br>meningitis  |                                  |                 | (spread by mosquitoes and | (varies with different |                 |                 | transplantation.  |
|  | mennigitis                       |                                  |                 | ticks)                    | arboviruses)           |                 |                 | *Over one hundred different viruses, most limited to specific geographic areas. In North America: West Nile is most common; others include California, St. Louis, Western equine, |
|  |                                  |                                  |                 | ,                         | ,                      |                 |                 | Eastern equine, Powassan, Colorado tick, Snowshoe hare, Jamestown Canyon.   |
| Ascariasis                                       | Usually                          | <b>Routine Practices</b>         |                 |                           |                        |                 |                 | No person-to-person transmission. Ova must hatch in soil to become infective.   |
| (Ascaris lumbrioides)<br>(roundworm)             | asymptomatic                     |                                  |                 |                           |                        |                 |                 |   |
| Aspergillosis                                    | Skin, lung, wound or             | <b>Routine Practices</b>         |                 |                           |                        |                 |                 | No person-to-person transmission. Spores in dust; infections in immunocompromised P/R/Cs  |
| (Aspergillus spp.)                               | central nervous system infection |                                  |                 |                           |                        |                 |                 | may be associated with construction.  |
|  | ayatem imettion                  |                                  |                 |                           |                        |                 |                 |   |

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|--|---|--|-----------------------|---|---------------------------------------|---------------------------|----------------------------|--|
|  |   |  |                       |   |                                       |                           |                            |  |
| Astrovirus                                     | Diarrhea  | Adult: Routine Practices*  Pediatric: Contact**  Community:  | Feces                 | Direct/indirect<br>contact<br>(fecal/oral)              | 3-4 days                              | Duration of symptoms      | Duration of symptoms       | *Consider Contact Precautions for incontinent adults if stool cannot be contained, or for adults with poor hygiene who contaminate their environment.  **Pediatric precautions apply to children who are incontinent or unable to comply with hygiene.  See Enteritis Specific Disease Protocol.   |
| Avian influenza                                | See <u>Influenza</u>  | Routine Practices  |                       |   |                                       |                           |                            |  |
| Babesiosis<br>(Babesia spp.)                   |   | Routine Practices  | Blood                 | Tick-borne  | 1-6 weeks<br>1-9 weeks<br>transfusion |                           |                            | No person-to-person transmission, except rarely by blood transmission from asymptomatic parasitemic donors.  Contact site/program ICP or designate.  Reportable Disease by diagnosing healthcare provider (and phone call to MB Health also required). Contact site/program ICP or designate.  |
| Bacillus cereus                                | Food poisoning,<br>nausea, vomiting,<br>diarrhea, abdominal<br>cramps | Adult: Routine Practices*  Pediatric: Contact**  Community: Routine Practices                              |                       | Foodborne   |                                       |                           |                            | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  ** Use Contact Precautions for children who are incontinent or unable to comply with hand hygiene.  Community: consider Contact Precautions if client:  is incontinent  has stools that cannot be contained  has poor hygiene and may contaminate his/her environment. |
| Bedbugs<br>(Cimex lectularius)                 | Allergic reactions and itchy welts                                    | Routine Practices  Contact Precautions when more than one bed bug is found on clothing or personal effects |                       |   |                                       |                           |                            | Not known to transmit disease. If necessary, consult professional pest control for infestation. See <a href="Bed Bug Specific Disease Protocol">Bed Bug Specific Disease Protocol (acute)</a> , <a href="Bed Bug protocol and operational guideline">Bed Bug protocol and operational guideline</a> (LTC), and <a href="Bed Bug protocol">Bed Bug protocol (community)</a> .   |
| Blastomycosis<br>(Blastomyces<br>dermatitidis) | Pneumonia, skin<br>lesions  | Routine Practices  |                       | Inhalation of airborne spores. Traumatic inoculation of | 21 to 106<br>days                     |                           |                            | No person-to-person transmission. Acquired from spores in soil.  Contact site/program ICP or designate.  |

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| Microorganism,<br>Infectious Disease                              | Clinical<br>Presentation  | Precautions                                    | Infective<br>Material                                 | Route of<br>Transmission | Incubation<br>Period | Period of Communicability | Duration of Precautions   | Comments  |
| Bocavirus <sup>[5, 6]</sup> Respiratory tract infection           | Cough, rhinorrhea,<br>fever   | Droplet/Contact                                | Respiratory tract<br>secretions and<br>possibly stool |                          |                      |                           | For duration of symptoms Shedding of virus may occur after resolution of symptoms, particularly in immune-compromised hosts | May cohort if infected with same virus.  Patient should not share room with high-risk roommates.  |
| Botulism<br>(Clostridium botulinum)<br>Refer to Food Poisoning    | Flaccid paralysis;<br>cranial nerve palsies                                       | Routine Practices                              | Food containing neurotoxin                            | Foodborne                | 6-8 days             |                           |   | No person-to-person transmission.  Reportable Disease by diagnosing healthcare provider (phone call to MB Health also required). Contact site/program ICP or designate.   |
| Brucellosis (Brucella sp.) Undulant, Malta or Mediterranean fever | Systemic bacterial disease of acute or insidious onset                            | Routine Practices                              |   |                          | Weeks to<br>months   |                           |   | No person-to-person transmission (rarely via banked spermatozoa and sexual contact). Acquired from contact with infected animals or from contaminated food, mostly dairy products. Brucella is hazardous to laboratory workers. Notify laboratory if diagnosis is suspected. Prophylaxis is required following laboratory exposure.  Contact site/program ICP or designate. |
|   | Draining lesions  | Minor:<br>Routine Practices<br>Major: Contact* | Drainage from open lesions                            | Possibly direct contact  | Weeks to<br>months   |                           | Duration of drainage  | *Major: Contact Precautions required only if wound drainage cannot be contained by dressings.   |
| Burkholderia cepacia <sup>[2, 6]</sup>                            | Exacerbation of<br>chronic lung disease<br>in P/R/Cs with Cystic<br>Fibrosis (CF) | Contact*                                       |   |                          |                      |                           | Until organism<br>cleared as<br>directed by ICP   | B. cepacia can result in respiratory tract colonization or infection in P/R/Cs with Cystic Fibrosis.  *If other CF patients are on the unit.  All interactions with other CF patients should be avoided.  |
| Caliciviruses   | See <u>Noroviruses</u>  |  |   |                          |                      |                           |   |   |

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|--------------------------------------|---|--|--|--|----------------------|---------------------------|-------------------------|---|
| Campylobacter spp.                   | Gastroenteritis   | Adult: Routine Practices*  Pediatric: Contact**                                | Contaminated food, feces                     | Direct/indirect<br>contact<br>(fecal/oral) | 1-10 days            | Duration of excretion     | Duration of symptoms    | Person-to-person transmission is uncommon.  *Consider Contact Precautions for adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric precautions apply to children who are incontinent or unable to comply with hygiene.  Treatment with effective antimicrobial shortens period of infectivity. |
| Candida auris+                       | Infection or colonization (i.e., asymptomatic) of any body site | Containment  Long Term Care: Routine Practices*  Community: Routine Practices* | Infected or colonized secretions, excretions | Direct and indirect contact                | Variable             | Variable                  | As directed by ICP      | Notify Infection Prevention & Control.  See Candida auris Specific Disease Protocol  † Implement additional precautions until antimicrobial sensitivities are determined. If non-MDR, Routine Practices are then appropriate.  *When asymptomatic, precautions not required in Long Term Care, prehospital and home care.                                     |
| Candidiasis                          | Many  | Routine Practices  |  |  |                      |                           |                         | Normal flora.   |

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|------------------------|-------------------------|--------------------------|------------------|------------------|------------|-----------------------|--------------------|---|
| Microorganism,         | Clinical                |                          | Infective        | Route of         | Incubation | Period of             | <b>Duration of</b> |   |
| Infectious Disease     | Presentation            | Precautions              | Material         | Transmission     | Period     | Communicability       | Precautions        | Comments  |
| illiectious Disease    | rresentation            | Frecautions              | Waterial         | Hansinission     | renou      | Communicability       | riccautions        |   |
|                        |                         |                          |                  |                  |            |                       |                    |   |
| Carbapenemase-         | Infection or            | Acute:                   | Infected or      | Direct and       | Variable   | Variable              | Continuous         | Notify site/program ICP or designate of suspect or confirmed cases; leave a message after   |
| Producing              | colonization (i.e.,     | Containment              | colonized        | indirect contact | Variable   | Variable              | Continuous         | hours   |
| Enterobacteriaceae     | asymptomatic) of        | Containment              | secretions and   | mun ect contact  |            |                       |                    |   |
|                        |                         |                          |                  |                  |            |                       |                    | Consult site/program ICP or designate to determine which healthcare facilities are known to |
| (CPE)                  | any body site           | Long Term Care:          | excretions       |                  |            |                       |                    | have endemic CPE.   |
|                        |                         | To be determined         |                  |                  |            |                       |                    |   |
|                        |                         | based on a               |                  |                  |            |                       |                    | Consult site/program ICP or designate BEFORE transport or cohorting if single rooms are     |
|                        |                         | risk/benefit             |                  |                  |            |                       |                    | limited. If ICP has not been previously notified, contact:                                  |
|                        |                         | assessment.              |                  |                  |            |                       |                    |   |
|                        |                         | Consult program          |                  |                  |            |                       |                    | Dr. Evelyn Lo @ pager: 204-932-6538 for St. Boniface Hospital concerns.                     |
|                        |                         | ICP                      |                  |                  |            |                       |                    | Dr. John Embil @ HSC paging: 204-787-2071 for all other hospitals' concerns.                |
|                        |                         |                          |                  |                  |            |                       |                    | Attending Pediatric ID Physician @ 204-787-2071 for pediatric concerns.                     |
|                        |                         |                          |                  |                  |            |                       |                    | Attending Pediatric 1D Physician @ 204-787-2071 for pediatric concerns.                     |
|                        |                         | Community:               |                  |                  |            |                       |                    |   |
|                        |                         | Clinic Setting:          |                  |                  |            |                       |                    |   |
|                        |                         | Based on PCRA.           |                  |                  |            |                       |                    |   |
|                        |                         | Contact                  |                  |                  |            |                       |                    |   |
|                        |                         | Precautions              |                  |                  |            |                       |                    |   |
|                        |                         | where invasive           |                  |                  |            |                       |                    |   |
|                        |                         | procedures are           |                  |                  |            |                       |                    |   |
|                        |                         | performed (e.g.,         |                  |                  |            |                       |                    |   |
|                        |                         | CIVP, wound              |                  |                  |            |                       |                    |   |
|                        |                         | clinics)                 |                  |                  |            |                       |                    |   |
|                        |                         | Home Setting:            |                  |                  |            |                       |                    |   |
|                        |                         | N/A                      |                  |                  |            |                       |                    |   |
| Cat Scratch Disease    | Fever,                  | Routine Practices        |                  |                  | 16-22 days |                       |                    | No person-to-person transmission.   |
| (Bartonella henselae)  | lymphadenopathy         |                          |                  |                  |            |                       |                    | Acquired from animals (cats and others).  |
|                        |                         |                          |                  |                  |            |                       |                    | Acquired from animais (cars and others).  |
| Chancroid (Haemophilus | Genital ulcers          | <b>Routine Practices</b> |                  | Sexual           | 3-14 days  | Until healed and as   |                    | Contact site/program ICP or designate.  |
| ducreyi)               |                         |                          |                  | transmission     | ,          | long as infectious    |                    |   |
|                        |                         |                          |                  |                  |            | agent persists in the |                    |   |
|                        |                         |                          |                  |                  |            | original lesion       |                    |   |
| Chickenpox             | See <u>Varicella</u>    |                          |                  |                  | •          | ,                     |                    |   |
| Chlamydia Infections:  | Urethritis, cervicitis, | Routine Practices        | Conjunctival and | Sexual           | 7-14 days  | As long as organism   |                    | Contact site/program ICP or designate.  |
|                        | pelvic inflammatory     | Noutine Fractices        | genital          | transmission     | /-14 days  | present in secretions |                    | Contact site, programmer or designate.  |
| C. trachomatis         | disease; neonatal       |                          | secretions       | Mother to child  |            | present in secretions |                    |   |
|                        | conjunctivitis, infant  |                          | 30010113         | at birth         |            |                       |                    |   |
|                        | pneumonia;              |                          |                  |                  |            |                       |                    |   |
|                        | trachoma                |                          |                  | Trachoma:        |            |                       |                    |   |
|                        | LIACITOTTIA             |                          |                  | direct/indirect  |            |                       |                    |   |
|                        |                         |                          |                  | contact          |            |                       |                    |   |

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|--|--|--|------------------------|---|------------------------|---------------------------|--|---|
| Chlamydia pneumoniae   | Pneumonia                                  | Routine Practices  | Respiratory secretions | Unknown                                       | Unknown                | Unknown                   |  | Rare outbreaks of pneumonia in institutionalized populations.   |
| Chlamydia psittaci<br>(psittacosis, ornithosis)                  | Pneumonia and undifferentiated fever       | Routine Practices  | Infected birds         |   | 7-14 days              |                           |  | No person-to-person transmission.  Acquired by inhalation of desiccated droppings, secretions and dust of infected birds.   |
| Cholera<br>(Vibrio cholerae 01, 0139)                            | Diarrhea                                   | Adult: Routine Practices*  Pediatric: Contact**                        | Feces                  | Direct/indirect<br>contact<br>(fecal/oral)    | Few hours<br>to 5 days | Duration of shedding      | Duration of symptoms                           | Reportable Disease by diagnosing healthcare provider (and phone call to MB Health also required). Contact site/program ICP or designate.  *Consider Contact Precautions for adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric precautions apply to children who are incontinent or unable to comply with hygiene. See Enteritis Specific Disease Protocol.                |
| Clostridioides difficile (formerly called Clostridium difficile) | Diarrhea, pseudo-<br>membranous colitis    | Acute: Contact  Long Term Care: Contact  Community: Routine Practices* | Feces                  | Direct/indirect<br>contact (fecal/or<br>oral) | Variable               | Duration of shedding      | Until<br>asymptomatic for<br>at least 48 hours | Bacterial spores persist in the environment. Relapses are common.  Ensure scheduled environmental cleaning and disinfection.  Dedicated P/R/C care equipment.  During outbreaks, special attention should be paid to cleaning.  See Enteritis Specific Disease Protocol.  *Community: consider Contact Precautions if client:  is incontinent  has stools that cannot be contained  has poor hygiene and may contaminate their environment. |
| Clostridium perfringens  | Food poisoning                             | Routine Practices  | Feces                  | Direct/indirect<br>contact<br>(fecal/oral)    | 6-24 hours             |                           |  | No person-to-person transmission.   |
|  | Gas gangrene,<br>abscesses,<br>myonecrosis | Routine Practices  |                        |   | Variable               |                           |  | No person-to-person transmission.   |
| Coccidioido-mycosis<br>(Coccidioides immitis)                    | Pneumonia,<br>draining lesions             | Routine Practices  |                        |   | 1-4 weeks              |                           |  | No person-to-person transmission.  Acquired from spores in soil, dust in endemic areas.   |

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|---|---|---|---------------------------|---|-------------------------------------|---------------------------------|--|--|--|--|
| Colorado tick fever   | Biphasic fever,<br>chills, headache,<br>body aches, feeling<br>tired  | Routine Practices   |                           | Tick-borne  | 3-6 days                            |                                 |  | No person-to-person transmission. See <u>Arbovirus</u> entry.  |  |  |
| Congential rubella  | See Rubella. Reportable disease by diagnosing healthcare provider. Contact site/program ICP or designate.   |   |                           |   |                                     |                                 |  |  |  |  |
| Coronavirus (other than MERS CoV or SARS CoV)  MERS- CoV: See Middle Eastern Respiratory Syndrome entry | Common cold   | Acute: Droplet/Contact  Long Term Care: Droplet/Contact  Community: Routine Practices | Respiratory<br>secretions | Direct/indirect<br>contact. Possible<br>large droplet | 2-4 days                            | Until symptoms resolve          | *Duration of<br>symptoms                                   | May cohort if infected with same virus.  Patient should not share room with high-risk roommates.  *Discontinue precautions based on resolution of respiratory symptoms (nonventilated patients) and/or clinical improvement (ventilated patients) for 48 hours and not based on duration of treatment or negative laboratory results. Chronic respiratory symptoms and post viral cough do not require maintenance of precautions. |  |  |
| SARS CoV:<br>See Severe acute<br>respiratory syndrome<br>entry  |   |   |                           |   |                                     |                                 |  |  |  |  |
| COVID-19  | Cough, headache, fever/chills, muscle aches, sore throat/hoarse voice, shortness of breath/ breathing difficulties, loss of taste or smell, vomiting or diarrhea for more than 24 hours, poor feeding if an infant, runny nose, fatigue, nausea or loss of appetite, conjunctivitis, skin rash of unknown cause | Enhanced<br>Droplet/Contact<br>(i.e.,<br>Droplet/Contact<br>+ Airborne for<br>AGMPs)  | Respiratory secretions    | Direct/indirect contact                               | 1-14 days<br>(average 5-<br>6 days) | 48 hours prior to symptom onset | 10 days from symptom onset and 72 hours while asymptomatic | See COVID-19 Specific Disease Protocol (Winnipeg) – Acute and Community Health-care  Settings, COVID-19 Infection Prevention and Control Guidance for Personal Care Homes, and COVID-19 Provincial Guidance and Screening Tool for Management of Home Visits.  Notify site/program ICP or designate.   |  |  |

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|--|--|---|---|--|----------------------|-----------------------------|----------------------------|---|
| Microorganism,<br>Infectious Disease             | Clinical<br>Presentation                 | Precautions                                     | Infective<br>Material   | Route of<br>Transmission                   | Incubation<br>Period | Period of Communicability   | Duration of<br>Precautions | Comments  |
| Coxsachievirus                                   | See <u>Enteroviral infec</u>             | tions   |   |  |                      |                             |                            |   |
| Creutzfeldt-Jakob<br>Disease<br>(CJD)            | Chronic<br>encephalopathy                | Routine<br>Practices*                           | Contaminated<br>neurosurgical<br>instruments;<br>Tissue grafts<br>from infected<br>donors |  | Variable             |                             |                            | No person-to-person transmission.  Reportable disease by diagnosing healthcare provider. Contact site/program ICP or designate.  *Special Precautions for instruments contaminated with CSF or CNS tissues, neurosurgical procedures, autopsy and handling deceased body required. Note: Transmission has been documented following human pituitary hormone therapy, human dura mater grafts, corneal grafts and linked to neurosurgical instruments.  See: CID Protocol. |
| Crimean-Congo Fever                              | See <u>Viral Hemorrhag</u>               | <u>ic</u> Fevers                                |   |  |                      |                             |                            |   |
| Cryptococcosis<br>(Cryptococus<br>neoformans)    | Pneumonia,<br>meningitis,<br>adenopathy  | Routine Practices                               |   |  | Unknown              |                             |                            | No person-to-person transmission.   |
| Cryptosporidiosis<br>(Cryptosporidium<br>parvum) | Diarrhea                                 | Adult: Routine Practices*  Pediatric: Contact** | Feces   | Direct/indirect<br>contact<br>(fecal/oral) | 1-12 days            |                             | Duration of<br>symptoms    | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric Precautions apply to children who are incontinent or unable to comply with hygiene.  Reportable Disease by diagnosing healthcare provider. Contact site ICP.  See Enteritis Specific Disease Protocol.  |
| Cystic Fibrosis (CF)                             |  | Contact   |   |  |                      | CF is not contagious        |                            | See <u>Cystic Fibrosis protocol</u> .   |
| Cysticercosis<br>(Taenia solium<br>larvae)       | T. solium larval cysts in various organs | Routine Practices                               | Ova in feces  | Direct contact<br>(fecal/oral)             | Months to years      | While eggs present in feces |                            | Transmissible only from humans with <i>T. solium</i> adult tapeworm in gastrointestinal tract (autoinfection occurs).   |

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**Winnipeg Regional Health Authority Acute, Long Term Care and Community Infection Control Manual** 

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|---|--|-------------------|---|--|----------------------|---|---|---|
| Microorganism,<br>Infectious Disease                                      | Clinical<br>Presentation   | Precautions       | Infective<br>Material   | Route of<br>Transmission   | Incubation<br>Period | Period of Communicability   | Duration of Precautions   | Comments  |
| Cytomegalovirus (CMV)   | Usually asymptomatic; congenital infection, retinitis, mononucleosis, pneumonia, disseminated infection in immuno-compromised host | Routine Practices | Saliva, genital<br>secretions, urine,<br>breast milk,<br>transplanted<br>organs or stem<br>cells, blood<br>products | Direct*  Sexual transmission  Vertical mother to child in utero, at birth or through breast milk  Transfusion or Transplantation | Unknown              | Virus is excreted in<br>urine, saliva, genital<br>secretions, breast<br>milk for many<br>months; may persist<br>or be episodic for life |   | No Additional Precautions for HCWs.  Requires close direct personal contact for transmission.  *Disease often reactivation, rather than new infection.  |
| Dengue<br>(arbovirus)   | Fever, arthralgia, rash  | Routine Practices |   | Mosquito-borne   | 3-14 days            |   |   | No person-to-person transmission.   |
| Dermatophytosis   | See <u>Tinea spp</u> . entry   |                   |   |  |                      |   |   |   |
| <b>Diphtheria</b><br>(Corynebacterium<br>diphtheria)                      | Cutaneous** (characteristic ulcerative lesion)   | Contact**         | Lesion drainage   | Direct/indirect<br>contact   | 2-7 days             | If untreated, 2 weeks to several months   | Until 2 cultures*<br>from skin lesions<br>are negative            | *Cultures should be taken at least 24 hours apart and at least 24 hours after cessation of antimicrobial therapy.  Close contacts should be given antimicrobial prophylaxis as per Canadian Immunization                  |
|   | Pharyngeal<br>(adherent grayish<br>membrane)   | Droplet           | Nasopharyngeal secretions   | Large droplets   | 2-7 days             | If untreated, 2 weeks<br>to several months  | Until 2 cultures*<br>from both nose<br>AND throat are<br>negative | Guide (current edition).  Reportable Disease by diagnosing healthcare provider (phone call to MB Health also required). Contact site/program ICP or designate.  **Non-toxigenic diphtheria require Routine Practices only |
| Ebola   | See <u>Viral hemorrhagi</u>  | <u>c fever</u>    |   |  |                      |   |   | ,   |
| Echinococcosis (Hydatidosis) (Echinococcus granulosis, E. multilocularis) | Cysts in various<br>organs – liver most<br>common  | Routine Practices |   |  | Months to years      |   |   | No person-to-person transmission.  Acquired from contact with infected animals.   |
| Echovirus   | See <u>Enterovirus</u>   | 1                 | I   | ı  | 1                    | I   | ı   |   |
|   |  |                   |   |  |                      |   |   |   |

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| Microorganism,<br>Infectious Disease   | Clinical<br>Presentation  | Precautions   | Infective<br>Material                              | Route of<br>Transmission  | Incubation<br>Period                | Period of Communicability   | Duration of<br>Precautions   | Comments  |
|--|---|---|--|---|-------------------------------------|---|--|---|
| Enterobiasis<br>(Oxyuriasis, pinworm)<br>(Enterobius<br>vermicularis)  | Perianal itching  | Routine Practices   | Ova in stool,<br>perianal region                   | Direct/indirect<br>contact*                                     | Life cycle<br>requires<br>2-6 weeks | As long as gravid<br>females discharge<br>eggs on perianal skin.<br>Eggs remain infective<br>indoors about 2<br>weeks |  | Direct transfer of infective eggs by hand from anus to mouth of the same or another person; indirectly through clothing, bedding or other contaminated articles.  *Close household contacts may need treatment.                                       |
| Enterococcus species<br>(Vancomycin resistant<br>only)   | See <u>Vancomycin-resis</u>   | stant <i>enterococci</i> en   | try  |   |                                     |   |  |   |
| Enteroviral infections Echovirus, Coxsackievirus A, Coxsackievirus B, Enterovirus Poliovirus - See poliomyelitis | Acute febrile symptoms, aseptic meningitis encephalitis, pharyngitis, herpangina, rash, pleurodynia, hand, foot and mouth disease | Adult: Routine Practices*  Pediatric: Contact**  Community: Routine Practices | Feces,<br>respiratory<br>secretions                | Direct/indirect<br>contact<br>(fecal/oral)                      | 3-5 days                            |   | Duration of symptoms   | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric Precautions apply to children who are incontinent or unable to comply with hygiene. |
|  | Conjunctivitis  | Contact   | Eye discharge                                      | Direct/indirect contact   | 1-3 days                            |   | Duration of symptoms   |   |
| Epstein Barr virus   | Infectious<br>mononucleosis   | Routine Practices   | Saliva,<br>transplanted<br>organs or stem<br>cells | Direct<br>oropharyngeal<br>route via saliva;<br>transplantation | 4-6 weeks                           | Prolonged:<br>pharyngeal excretion<br>may be intermittent<br>or persistent for<br>years                               |  |   |
| Erythema<br>infectiosum  | See <u>Parvovirus</u> B19 en  | ntry  |  |   |                                     |   |  |   |
| Escherichia coli (entero- pathogenic strains)  | Diarrhea, food<br>poisoning,<br>hemolytic uremic<br>syndrome (HUS),<br>thrombotic<br>thrombocytopenic<br>purpura                  | Adult: Routine Practices*  Pediatric: Contact**  Community: Routine Practices | Feces  | Direct/indirect<br>contact<br>(fecal/oral)<br>Foodborne         | 1-8 days                            | Duration of shedding  | Duration of<br>symptoms  If Hemolytic<br>Uremic Syndrome<br>(HUS): until 2<br>stools negative for<br>E. coli 0157:H7 or<br>10 days from<br>onset of diarrhea | Contact site/program ICP or designate   |

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| Microorganism,<br>Infectious Disease  | Clinical<br>Presentation  | Precautions                                     | Infective<br>Material     | Route of<br>Transmission  | Incubation<br>Period                           | Period of<br>Communicability  | Duration of<br>Precautions  | Comments  |
|---|---|---|---------------------------|---|--|---|---|---|
| Fifth disease   | See <u>Parvovirus</u> entry   |   |                           |   |  |   |   |   |
| German measles  | See <u>Rubella</u> entry  |   |                           |   |  |   |   |   |
| <b>Giardia</b><br>(Giardia lamblia)   | Diarrhea  | Adult: Routine Practices*  Pediatric: Contact** | Feces                     | Direct/indirect<br>contact<br>(fecal/oral)                                      | 3-25 days                                      | Entire period of infection; often months  | Duration of symptoms  | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric Precautions apply to children who are incontinent or unable to comply with hygiene.   |
| <b>Granuloma inguinale</b> (Donovanosis) ( <i>Calymmato- bacterium granulomatis</i> ) | Painless genital<br>ulcers inguinal<br>ulcers, nodules  | Routine Practices                               |                           | Sexual<br>transmission  | Unknown;<br>probably<br>between 1-<br>16 weeks | Unknown; probably<br>for the duration of<br>open lesions on the<br>skin or mucous<br>membranes        |   |   |
| Haemophilus influenzae<br>(invasive infections)                                       | Pneumonia,<br>epiglottitis,<br>meningitis,<br>bacteremia, septic<br>arthritis, cellulitis,<br>osteomyelitis in a<br>child | Adult: Routine Practices  Pediatric: Droplet    | Respiratory<br>secretions | Large droplets,<br>direct contact   | Variable                                       | Most infectious in<br>the week before<br>onset of symptoms<br>and during<br>symptoms until<br>treated | Until 24 hours<br>of appropriate<br>antimicrobial<br>therapy has<br>been received | Close contacts with children less than 48 months old and who are not immune, may require chemoprophylaxis.  Household contacts of such children should receive prophylaxis.  Contact site/program ICP or designate.  Haemophilus influenzae invasive disease is a Reportable Disease by diagnosing healthcare provider. Contact site/program ICP or designate |
| Hand, foot and mouth disease  | See Enteroviral infec   | tions entry                                     | ,                         |   | 1  | 1   |   |   |
| Hansen's Disease  | See <u>Leprosy</u> entry  |   |                           |   |  |   |   |   |
| Hantavirus<br>(Hantavirus pulmonary<br>syndrome)                                      | Fever, pneumonia  | Routine Practices                               | Rodent excreta            | Presumed<br>aerosol<br>transmission<br>from rodent<br>excreta                   | A few days<br>to 6 weeks                       | Not well defined,<br>person-to-person is<br>rare (documented for<br>S. American strains)              |   | Infection acquired from rodents.  Reportable Disease by diagnosing healthcare provider. Contact site/program ICP or designate.  |
| Helicobacter pylori   | Gastritis, duodenal<br>ulcer disease  | Routine Practices                               |                           | Probable<br>ingestion of<br>organisms;<br>presumed fecal-<br>oral/<br>oral-oral | 5-10 days                                      | Unknown   |   |   |

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|--------------------------------------|---|---|--|--|---|--|--|---|
| Microorganism,<br>Infectious Disease | Clinical<br>Presentation  | Precautions                                     | Infective<br>Material  | Route of<br>Transmission   | Incubation<br>Period  | Period of Communicability  | Duration of Precautions  | Comments  |
| Hepatitis A, E                       | Hepatitis, anicteric<br>acute febrile<br>symptoms                 | Adult: Routine Practices*  Pediatric: Contact** | Feces  | Direct/indirect<br>contact<br>(fecal/oral)   | A: 15-50<br>days<br>(average<br>28 days)  E: 26-42<br>days              | A: 2 weeks before to<br>1 week after onset of<br>jaundice. Shedding is<br>prolonged in the<br>newborn.<br>E: Not known; at<br>least 2 weeks before<br>onset of symptoms. | onset of   | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric Precautions apply to children who are incontinent or unable to comply with hygiene. Post-exposure prophylaxis indicated for non-immune household contacts with significant exposure to hepatitis A, if within 2 weeks of exposure.  Outbreaks of HAV in HCWs have been associated with eating and drinking in P/R/C care areas.  Contact site/program ICP or designate. |
| Hepatitis B, C, D                    | Hepatitis, often<br>asymptomatic:<br>cirrhosis, hepatic<br>cancer | Routine Practices                               | Blood, genital<br>secretions, and<br>certain other<br>body fluids                | Mucosal or percutaneous exposure to infective body fluids Sexual transmission Vertical mother to child | B: 45-180 days (average 60-90 days) C: 2 weeks to 6 months D: 2-8 weeks | B: all persons who are HBsAg positive are infectious; C: indefinite D: indefinite  |  | Follow the WRHA Post Exposure Prophylaxis Care Map/Blood & Body Fluid Exposure Management Policy.  Report an exposure to infective material e.g., needle stick or blood spill/splash immediately to Occupational and Environmental Safety and Health.  Contact site/program ICP or designate.  Sexual and perianal transmission can occur, but is uncommon for Hepatitis C.   |
| Herpes simplex virus                 | Encephalitis  | Adult: Routine Practices  Pediatric: Contact*   |  |  |   |  | *Pediatric: Until<br>24 hours after<br>acyclovir<br>treatment AND<br>no skin lesions | *Reference:  Dr. Joanne Embree, Pediatric Infectious Disease Physician. Expert opinion. (2018, July20).   |
| Neo                                  | Neonatal  | Contact   | Skin or mucosal<br>lesions; possibly<br>all body<br>secretions and<br>excretions | Direct contact   | Birth to 6<br>weeks of<br>age   |  | Duration of symptoms   | Contact Precautions are also indicated for infants delivered vaginally (or by C-section if membranes have been ruptured more than 4-6 hours) to women with active genital HSV infections, until neonatal HSV infection has been ruled out.  |

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|---|---|--------------------------|---|--|--------------------------------|---------------------------|--------------------------------------|--|
| Microorganism,<br>Infectious Disease                              | Clinical<br>Presentation  | Precautions              | Infective<br>Material   | Route of Transmission  | Incubation<br>Period           | Period of Communicability | Duration of Precautions              | Comments   |
|   | Mucocutaneous:<br>disseminated or<br>primary and<br>extensive<br>(gingivostomatitis,<br>eczema<br>herpeticum) | Contact                  | Skin or mucosal<br>lesions<br>Sexual<br>transmission<br>Mother to child<br>at birth | Direct contact   | 2 days to 2<br>weeks           | While lesions present     | Until lesions are<br>dry and crusted |  |
|   | Recurrent   | <b>Routine Practices</b> |   |  |                                |                           |                                      |  |
| Herpes zoster   | See <u>Varicella</u> entry  |                          |   |  |                                |                           |                                      |  |
| Histoplasmosis<br>(Histoplasma<br>capsulatum)                     | Pneumonia,<br>lymphadenopathy,<br>fever   | Routine Practices        | Spores in soil  | Inhalation of spores   | 3-17 days                      |                           |                                      | No person-to-person transmission.  Acquired from spores in soil.   |
| Hookworm<br>(Necator<br>americanus,<br>Ancyclostoma<br>duodenale) | Usually<br>asymptomatic   | Routine Practices        | Soil containing<br>hatched larvae   | Percutaneous<br>Fecal-oral   | Few weeks<br>to many<br>months |                           |                                      | No person-to-person transmission.  Larvae must hatch in soil to become infectious.   |
| Human herpesvirus 6<br>(HHV-6)                                    | See <u>Roseola</u> entry  |                          |   |  |                                |                           |                                      |  |
| Human<br>immunodeficiency virus<br>(HIV)                          | Asymptomatic;<br>multiple clinical<br>presentations   | Routine Practices        | Blood, genital<br>secretions,<br>breast milk and<br>certain other<br>body fluids    | Mucosal or percutaneous exposure to infective body fluids  Sexual transmission  Vertical mother to child | Weeks to years                 | From onset of infection   | Continuous                           | Immediately contact MOH or delegate if HCW has percutaneous, non-intact skin or mucous membrane exposure.  AIDS is a Reportable Disease by diagnosing healthcare provider.  Contact site/program ICP or designate. |

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|---|--|--|---|--|----------------------------------|---|--------------------------|--|
| Microorganism,<br>Infectious Disease  | Clinical<br>Presentation                                     | Precautions  | Infective<br>Material                                     | Route of<br>Transmission   | Incubation<br>Period             | Period of Communicability   | Duration of Precautions  | Comments   |
| Human meta-<br>pneumovirus  | Respiratory tract infection                                  | Droplet/Contact*   | Respiratory<br>secretions                                 | Large droplets<br>Direct/indirect<br>contact   | 3-5 days                         |   | *Duration of<br>symptoms | May cohort if infected with same virus.  P/R/C should not share room with high-risk roommates.  *Discontinue precautions based on resolution of respiratory symptoms (non-ventilated P/R/Cs) or clinical improvement (ventilated P/R/Cs) and not based on duration of treatment or negative laboratory results. Chronic respiratory symptoms or post viral cough do not require maintenance of precautions.  |
| Human T-cell leukemia<br>virus, human T-<br>lymphotropic virus<br>(HTLV-I, HTLV-II) | Usually asymptomatic, tropical spastic paraparesis, lymphoma | Routine Practices  | Breast milk,<br>blood and<br>certain other<br>body fluids | Vertical mother<br>to child; mucosal<br>or percutaneous<br>exposure to<br>infective body | Weeks to<br>years                | Indefinite  |                          |  |
| Infectious<br>mononucleosis   | See <u>Epstein-Bar</u> entr                                  | у  |   |  |                                  |   |                          |  |
| Influenza Seasonal  | Respiratory tract infection                                  | Acute: Droplet/Contact  Long Term Care: Droplet/Contact  Community: Routine Practices+ | Respiratory<br>secretions                                 | Large droplets,<br>Direct/indirect<br>contact  | 1-4 days                         | Adults: 1 day before symptom onset to 3-5 days from clinical onset  Children: up to 7–10 days after symptom onset |                          | If private room is unavailable, consider cohorting P/R/Cs during outbreaks.  P/R/Cs should not share room with high-risk roommates.  *Discontinue precautions based on resolution of respiratory symptoms (non-ventilated P/R/Cs) and/or clinical improvement (ventilated) for 48 hours, and not based on duration of treatment or negative laboratory results.  Chronic respiratory symptoms or post viral cough do not require maintenance of precautions.  Consider anti-viral prophylaxis for exposed roommates.  Contact site/program ICP or designate.  See: Influenza (Seasonal) Protocol.  *Community: consider droplet and contact precautions if P/R/C has poor cough etiquette or uncontained secretions. |
| Influenza: Pandemic<br>Novel influenza Viruses                                      | Respiratory tract infection                                  | *Pandemic<br>Influenza<br>Precautions  | As seasonal influenza                                     | As for seasonal influenza  | Unknown;<br>possibly 1-7<br>days | Unknown, possibly<br>up to 7 days   | *Duration of<br>symptoms | See: Pandemic Influenza Protocol.  *Discontinue precautions based on resolution of respiratory symptoms (non-ventilated P/R/Cs) or clinical improvement (ventilated) for 48 hours, and not based on duration of treatment or negative laboratory results.  Chronic respiratory symptoms or post viral cough do not require maintenance of precautions.  Contact site/program ICP or designate.   |

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|--|---|--|--|--|-------------------------|--|--|--|
| Microorganism,<br>Infectious Disease   | Clinical<br>Presentation  | Precautions  | Infective<br>Material  | Route of Transmission  | Incubation<br>Period    | Period of Communicability                            | Duration of Precautions  | Comments   |
| Influenza: Avian<br>Influenza A<br>H7N9  | Respiratory tract infection, conjunctivitis                     | Enhanced Droplet Contact (i.e., Droplet/Contact + Airborne for AGMPs)  | Excreta of sick<br>birds, possibly<br>human<br>respiratory tract<br>secretions |  |                         |  |  | See <u>Human Health Issues Related to Domestic Avian Influenza in Canada</u> for current information on Avian influenza.  Contact site/program ICP or designate.   |
| Lassa fever  | See <u>Viral hemorrhagi</u>                                     | <u>c fever</u> entry   |  |  |                         |  |  |  |
| <b>Legionellosis</b> (Legionella spp.)   | Pneumonia,<br>Legionnaires'<br>disease, Pontiac<br>fever        | Routine Practices  | Contaminated water sources/systems   | Inhalation   | 2-10 days               |  |  | No person-to-person transmission. Acquired from contaminated water sources (inhalation not ingestion).   |
| Leprosy<br>(Hansen's disease)<br>(Mycobacterium leprae)  | Chronic disease of<br>skin, nerves,<br>nasopharyngeal<br>mucosa | Routine Practices  | Nasal secretions,<br>skin lesions  | Direct contact   | 9 months to<br>20 years |  |  | Transmitted between persons only with very prolonged extensive close personal contact. Household contacts should be assessed and may be given prophylaxis.  Reportable Disease by diagnosing healthcare provider. Contact site/program ICP or designate.   |
| <b>Leptospirosis</b> (Leptospira spp.)   | Fever, jaundice, aseptic meningitis                             | Routine Practices  |  |  | 2-30 days               |  |  | Direct person-to-person transmission is rare.  Acquired from contact with animals and animal excretion.  |
| Lice (pediculosis) Head, Body Pubic (crab) (Pediculus capitis, Pediculus corporis, Pediculus humanus, Pthirus pubis) | Scalp or body itch, itchy rash                                  | Routine Practices<br>plus gloves for<br>direct patient<br>contact only | Louse  | Head and body<br>lice:<br>Direct/indirect<br>contact<br>Pubic lice:<br>Usually sexual<br>contact | 7-12 days               | Until effective<br>treatment to kill lice<br>and ova | Until 24 hours<br>after application<br>of appropriate<br>pediculicide;<br>applied as<br>directed | Apply pediculicides as directed on label, including combing nits. If live lice found after therapy, repeat. Wash all personal items.  For pediatrics, consider treatment of close contact household members.  Head lice: Wash headgear, combs, pillowcases, towels with hot water and dry with hot air for 15 minutes, or seal in a watertight plastic bag for two weeks or dry clean or freeze for several days.  Body lice: as above, for all exposed clothing and bedding.  See: Lice (Pediculosis) Protocol. |

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|--|--|-------------------|--|---|---|--|-------------------------|---|
| Microorganism,<br>Infectious Disease                                   | Clinical<br>Presentation                           | Precautions       | Infective<br>Material  | Route of Transmission                                   | Incubation<br>Period  | Period of<br>Communicability                 | Duration of Precautions | Comments  |
| Listeriosis<br>(Listeria<br>monocytogenes)                             | Fever, meningitis Congenital or neonatal infection | Routine Practices | Listeria grows well at low temperatures and is able to multiply in contaminated refrigerated foods Pregnant women and immune compromised people should avoid cheese made with unpasteurized milk; cold cuts & uncooked meat products, including hot dogs | Foodborne Vertical mother to child in utero or at birth | Mean 21 days; 3-70 days following a single exposure to an implicated food product |  |                         | Nosocomial outbreaks reported in newborn nurseries due to contaminated equipment or materials.  Reportable Disease by diagnosing healthcare provider.  Contact site/program ICP or designate. |
| Lyme disease<br>(Borrelia burgdorferi)                                 | Fever, arthritis, rash, meningitis                 | Routine Practices |  | Tick-borne  | To initial rash: 3-30 days  |  |                         | No person-to-person transmission.  Reportable Disease by diagnosing healthcare provider.  Contact site/program ICP or designate.  |
| Lymphocytic choriomeningitis virus                                     | Aseptic meningitis                                 | Routine Practices | Urine of rodents   |   | 6-21 days   |  |                         | No person-to-person transmission.  Acquired from contact with rodents.  |
| Lymphogranuloma<br>venereum<br>(C. trachomatis serovars<br>L1, L2, L3) | Genital ulcers,<br>inguinal<br>adenopathy          | Routine Practices |  | Sexually<br>transmitted                                 | Range of 3-<br>30 days for<br>a primary<br>lesion                                 | Weeks to years in presence of active lesions |                         |   |

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| Microorganism,<br>Infectious Disease         | Clinical<br>Presentation  | Precautions       | Infective<br>Material  | Route of<br>Transmission  | Incubation<br>Period  | Period of Communicability  | Duration of Precautions  | Comments   |  |  |  |  |
| Malaria<br>(Plasmodium spp.)                 | Fever   | Routine Practices | Blood                  | Mosquito-borne, rarely transplacental from mother to fetus, blood transfusion | *Variable; P. falciparum: 9-14 days P. vivas and P ovale: 12 to 28 days P. malariae: 18-40 days P. knowlesi: 10-13 days |  |  | Not normally person-to-person transmitted.  Can be transmitted via blood transfusion.  *Can be prolonged in people who have taken prophylactic antimalarial medications.   |  |  |  |  |
| Marburg virus                                | See <u>Viral hemorrhagic fever</u> entry                                  |                   |                        |   |   |  |  |  |  |  |  |  |
| Measles<br>(Rubeola)                         | Fever, cough,<br>coryza,<br>conjunctivitis,<br>maculopapular skin<br>rash | Airborne          | Respiratory secretions | Airborne  | 7-18 days<br>to onset of<br>fever;<br>rarely as<br>long as 21<br>days   | 4 days before onset of rash (1-2 days before onset of initial symptoms) until 4 days after onset of rash (longer in immune compromised P/R/Cs) | 4 days after start<br>of rash; duration<br>of symptoms in<br>immune<br>compromised<br>P/R/Cs   | All HCWs regardless of presumptive immunity to measles are to wear a fit-tested, seal-checked N95 respirator when providing care to a patient with suspect or confirmed measles  Only health care workers (HCWs) with presumptive immunity to measles should provide care to patients with suspect/confirmed measles due to increased risk of transmission of measles to susceptible individuals  Non-immune, susceptible staff may only enter the room in exceptional circumstances (i.e., no immune staff are available and patient safety would be compromised otherwise) |  |  |  |  |
| Maliaidacia                                  | Susceptible contact   | Airborne          | Respiratory secretions | Airborne  | Variable  | Potentially communicable during last 2 days of incubation period   | From 5 days<br>after first<br>exposure<br>through 21 days<br>after last<br>exposure<br>regardless of<br>post-exposure<br>prophylaxis | Precautions should be taken with neonates born to mothers with measles infection susceptible contacts.  Immunoprophylaxis is indicated for susceptible contact.  Reportable Disease by diagnosing healthcare provider (phone call to MB Health also required).  Contact site/program ICP or designate.  See Measles/Rubeola Protocol.  |  |  |  |  |
| Melioidosis<br>(Pseudomonas<br>pseudomallei) | Pneumonia, fever  | Routine Practices | Contaminated soil      |   | Variable  |  |  | Organism in soil in South-East Asia. Person-to-person has not been proven.   |  |  |  |  |

NOTE: P/R/C: patient/resident/client

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**Winnipeg Regional Health Authority Acute, Long Term Care and Community Infection Control Manual** 

|   |  |  |   |  | OIDITIE                | J III KEB   |  | Acute, Long Term care and community infection control Manage   |
|---|--|--|---|--|------------------------|---|--|--|
| Microorganism,<br>Infectious Disease                                    | Clinical<br>Presentation   | Precautions  | Infective<br>Material                           | Route of<br>Transmission   | Incubation<br>Period   | Period of Communicability   | Duration of Precautions  | Comments   |
| Meningococcus<br>(Neisseria meningitidis)                               | Rash (petechial/<br>purpuric) with fever<br>Meningococcemia<br>meningitis,<br>pneumonia        | Adults & Children>5 years: Droplet  Children<5 years: Droplet/Contact            | Respiratory<br>secretions                       | Large droplet and<br>Direct Contact  | 2-10 days              | 7 days before onset<br>of symptoms until<br>24 hours after<br>effective<br>antimicrobial<br>therapy | Until 24 hours of<br>effective<br>antimicrobial<br>therapy received                | Close contacts may require chemoprophylaxis.  Refer to Specific Disease Protocol: Meningitis - Meningococcal.  Reportable Disease by diagnosing healthcare provider (if invasive disease, a phone call by diagnosing healthcare provider is also required to MB Health).  Contact site/program ICP or designate. |
| Methicillin resistant S. aureus (MRSA)                                  | Infection or colonization (e.g., asymptomatic) of any body site                                | Acute: Contact  Long Term Care: Routine Practices*  Community: Routine Practices | Infected or colonized secretions and excretions | Direct and<br>indirect and large<br>droplets (if<br>pneumonia)                       | Variable               | Variable  | Variable   | See MRSA Specific Disease Protocol.  *When asymptomatic, precautions are not required in long term care, prehospital and home care.  Community: Consider contact precautions where invasive procedures are performed (e.g., CIVP, wound care clinics).   |
| Middle Eastern<br>Respiratory<br>Syndrome (MERS<br>CoV <sup>[3]</sup> ) | Fever with new<br>onset of cough or<br>breathing difficulty                                    | Airborne/<br>Droplet/Contact   | Respiratory secretions                          | Large droplet,<br>Direct/indirect<br>contact   | 3-10 days              | Not yet<br>determined;<br>suggested to be<br>less than 21 days                                      | 10 days following resolutions of fever if respiratory symptoms have also resolved. | Single room; may cohort if infected with the same virus.  Reportable Disease by diagnosing healthcare provider (with phone call as well to MB Health).  Contact site/program ICP or designate.   |
| Molluscum contagiosum   | Umbilical papules  | Routine Practices  | Contents of papules                             | Direct contact   | 2 weeks to<br>6 months | Unknown   |  | Requires close direct personal contact for transmission including sexual contact or fomites.   |
| Mpox (formerly known<br>as Monkeypox)                                   | Resembles small-<br>pox;<br>lymphadenopathy<br>is a more dominant<br>feature                   | Airborne/<br>Droplet/Contact   | Lesions and respiratory secretions              | Contact with infected animals. Possible airborne transmission from animals to humans |                        |   | Until all lesions<br>crusted over and<br>fallen off and new<br>skin can be seen    | Transmission in hospital settings is unlikely.  See Mpox Specific Disease Protocol, and Manitoba Health Mpox.  |
| Mucormycosis<br>(phycomycosis;<br>zygomycosis) (Mucor,<br>Zygomycetes)  | Skin, wound,<br>rhinocerebral,<br>pulmonary,<br>gastrointestinal<br>disseminated<br>infection* | Routine Practices  | Fungal spores in<br>dust and soil               | Inhalation or ingestion of fungal spores   | Unknown                |   | Unknown  | No person-to-person transmission.  Acquired from spores in dust, soil.  *Infections in immunocompromised P/R/Cs.   |

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| Microorganism,<br>Infectious Disease           | Clinical<br>Presentation  | Precautions       | Infective<br>Material                | Route of<br>Transmission          | Incubation<br>Period                           | Period of Communicability   | Duration of Precautions  | Comments   |
|--|---|-------------------|--------------------------------------|-----------------------------------|--|---|--|--|
| Mumps  | Swelling of salivary glands, orchitis, meningitis                                     | Droplet           | Saliva,<br>respiratory<br>secretions | Large droplets,<br>direct contact | Usually 16-<br>18 days;<br>range 12-25<br>days | highest 7 days<br>before to 5 days<br>after onset or<br>parotitis | Until 5 days after onset of symptoms.  Exposed susceptible P/R/Cs: 10 days after first contact until 26 days after last exposure | Droplet Precautions for exposed susceptible P/R/C and health care workers should begin 10 days after first contact and continue through 26 days after last exposure.  It is recommended that only immune HCWs, caretakers and visitors enter the room.  Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well).  Contact site/program ICP or designate.  Refer to Mumps Protocol. |
| Mycobacterium, non-<br>tuberculosis (atypical) | Lymphadenitis;<br>pneumonia;<br>disseminated<br>disease in immune<br>compromised host | Routine Practices |                                      |                                   | Unknown  |   |  | No person-to-person transmission.  Acquired from soil, water, animals and reservoirs.  Infectious substances: widely distributed in the environment, particularly in wet soil, marshlands, streams and rivers.   |

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|----------------------|---------------------|---------------------------|--------------|----------------|------------|-----------------|-----------------------|--|
| Microorganism,       | Clinical            |                           | Infective    | Route of       | Incubation | Period of       | <b>Duration of</b>    |  |
| Infectious Disease   | Presentation        | Precautions               | Material     | Transmission   | Period     | Communicability | Precautions           | Comments   |
| illiectious Disease  | riescitation        | rrecautions               | Iviaterial   | Hallsillission | renou      | Communicability | riccautions           |  |
|                      |                     |                           |              |                |            |                 |                       |  |
| Mycobacterium        | Confirmed or        | Airborne*                 | Respiratory  | Airborne       | Weeks to   | While organisms | Until deemed no       | Tuberculosis in young children is rarely transmissible, due to usual absence of cavitary   |
| tuberculosis         | suspected           | 7.11.201110               | secretions   | 7.11.501116    | years      | are viable in   | longer infectious.    | disease and weak cough.  |
|                      | respiratory         |                           | 3CCI CLIOTIS |                | years      | sputum          | If confirmed TB,      |  |
| (also Mycobacterium  | (including pleural, |                           |              |                |            | Spatam          | until patient has     | Assess visiting family members for cough.  |
| africanum,           | laryngeal)          |                           |              |                |            |                 | received 2 weeks      | If AGMP: see strategies to reduce aerosol generation.                                      |
| Mycobacterium bovis) | iai yiigcai)        |                           |              |                |            |                 | of effective          | Reportable Disease by diagnosing healthcare provider.                                      |
|                      |                     |                           |              |                |            |                 | therapy, and is       |  |
|                      |                     |                           |              |                |            |                 | improving clinically  | Contact site/program ICP or designate.   |
|                      |                     |                           |              |                |            |                 | and has 3             | Refer to <u>Tuberculosis Specific Disease Protocol.</u>                                    |
|                      |                     |                           |              |                |            |                 | consecutive           |  |
|                      |                     |                           |              |                |            |                 | sputum smears         |  |
|                      |                     |                           |              |                |            |                 | negative for acid     |  |
|                      |                     |                           |              |                |            |                 | fast bacilli, with at |  |
|                      |                     |                           |              |                |            |                 | least one early       |  |
|                      |                     |                           |              |                |            |                 | morning               |  |
|                      |                     |                           |              |                |            |                 | specimen.             |  |
|                      |                     |                           |              |                |            |                 |                       |  |
|                      |                     |                           |              |                |            |                 | If multi-drug         |  |
|                      |                     |                           |              |                |            |                 | resistant TB, for     |  |
|                      |                     |                           |              |                |            |                 | the duration of       |  |
|                      |                     |                           |              |                |            |                 | their hospital stay   |  |
|                      |                     |                           |              |                |            |                 | or three              |  |
|                      |                     |                           |              |                |            |                 | consecutive           |  |
|                      |                     |                           |              |                |            |                 | sputum cultures       |  |
|                      |                     |                           |              |                |            |                 | are negative after    |  |
|                      |                     |                           |              |                |            |                 | six weeks of          |  |
|                      |                     |                           |              |                |            |                 | incubation.           |  |
|                      | Non-pulmonary:      | Poutino                   |              |                |            |                 | Maintain              | Most P/R/Cs with non-pulmonary disease alone are noncontagious; it is important to assess  |
|                      | meningitis, bone or | Routine<br>Practices*once |              |                |            |                 | precautions until     | for concurrent pulmonary tuberculosis.   |
|                      | joint infection     | respiratory TB is         |              |                |            |                 | drainage stops or     | Tor concurrent pulliforlary tuberculosis.  |
|                      | peritonitis,        | respiratory 1B is         |              |                |            |                 | until 3 consecutive   |  |
|                      | pericardial with no | Tuleu out                 |              |                |            |                 | negative acid-fast    |  |
|                      | drainage            |                           |              |                |            |                 | bacilli smears of     |  |
|                      | uraniage            |                           |              |                |            |                 | drainage.             |  |
|                      |                     |                           |              |                |            |                 |                       |  |
|                      |                     |                           |              |                |            |                 | If multi-drug         |  |
|                      |                     |                           |              |                |            |                 | resistant TB,         | *Airhann Danadin   |
|                      |                     |                           |              |                |            |                 | duration of           | *Airborne Precautions are necessary, if procedures which may aerosolize drainage are being |
|                      |                     |                           |              |                |            |                 | hospital stay, or     | performed.   |
|                      |                     |                           |              |                |            |                 | until 3 consecutive   |  |
|                      |                     |                           |              |                |            |                 | negative cultures     |  |

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|  |   |  |                            |  | Acute, Long Term care and community infection control Manage |   |   |   |
|--|---|--|----------------------------|--|--|---|---|---|
| Microorganism,<br>Infectious Disease                   | Clinical<br>Presentation  | Precautions  | Infective<br>Material      | Route of Transmission  | Incubation<br>Period   | Period of<br>Communicability  | Duration of<br>Precautions                  | Comments  |
|  | Non-pulmonary:<br>skin or soft tissue<br>draining lesions   | Routine Practices<br>Airborne*   | Aerosolized wound drainage | While viable microorganisms are in drainage  |  |   |   |   |
|  | PPD skin test<br>positive with no<br>evidence of current<br>pulmonary disease                         | Routine Practices  |                            | Non-<br>communicable   |  |   |   |   |
| Mycoplasma<br>pneumonia                                | Pneumonia   | Droplet  | Respiratory secretions     | Large droplets   | 1-4 weeks  | Unknown   | Duration of symptoms                        |   |
| Neisseria gonorrhoeae                                  | Urethritis, cervicitis, pelvic inflammatory disease, arthritis, ophthalmia neonatorum, conjunctivitis | Routine Practices  | Exudates from lesions      | Sexual<br>transmission<br>Mother to child<br>at birth<br>Rarely:<br>direct/indirect<br>contact | 2-7 days   | May extend for months if untreated  |   | Reportable Disease by diagnosing healthcare provider.  Contact site/program ICP or designate.   |
| Neisseria meningitidis                                 | See Meningococcus (   | Neisseria meningitia   | lis) entry                 |  | -  |   |   |   |
| Nocardiosis<br>(Nocardia spp.)                         | Fever, pulmonary<br>or CNS infection or<br>disseminated<br>disease                                    | Routine Practices  |                            |  | Unknown  |   |   | No person-to-person transmission.  Acquired from inhalation of organisms in the soil and dust.  |
| Noroviruses<br>(Norwalk-like agents,<br>Caliciviruses) | Nausea, vomiting, diarrhea  | Acute: Contact  Long Term Care: Contact  Community: Routine Practices* | Feces, emesis              | Direct/indirect<br>contact<br>(fecal/oral) and<br>large droplets<br>(vomiting)                 | Usually 24-<br>48 hours,<br>range of 10-<br>50 hours         | When symptoms<br>appear: duration of<br>viral shedding;<br>usually 72 hours<br>after diarrhea<br>resolves | 72 hours after<br>resolution of<br>symptoms | Special attention to cleaning. Usually outbreak associated.  See Enteritis Special Disease Protocol.  *Community: consider Contact Precautions if client:  is incontinent  has stools that cannot be contained  has poor hygiene and may contaminate his/her environment. |
| Orf Virus<br>(poxvirus)                                | Skin lesions  | Routine Practices  |                            |  | Generally,<br>3-6 days                                       |   |   | No person-to- person transmission. Acquired from infected animals.  |

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|---|--|---|---------------------------|--|--|---|---|--|
| Microorganism,<br>Infectious Disease                    | Clinical<br>Presentation   | Precautions   | Infective<br>Material     | Route of<br>Transmission   | Incubation<br>Period                         | Period of Communicability   | Duration of<br>Precautions  | Comments   |
| Parainfluenza virus                                     | Respiratory tract infection  | Droplet/Contact Community: Routine Practices  | Respiratory<br>secretions | Large droplets, Direct/indirect contact                          | 2-6 days                                     | 1-3 weeks/duration<br>of symptoms   | *Duration of symptoms   | May cohort if infected with same virus. P/R/Cs should not share room with high-risk roommates.  *Discontinue precautions based on resolution of respiratory symptoms (non-ventilated P/R/Cs) or clinical improvement (ventilated P/R/Cs) for 48 hours and not based on duration of treatment or negative laboratory results. Chronic respiratory symptoms or post viral cough do not require maintenance of precautions. |
| Parvovirus B-19 Human parvovirus                        | Erythema infectiosum (fifth disease) Aplastic or erythrocytic crisis, fever, headache, rhinitis            | Routine Practices: Fifth disease  Droplet: Aplastic crisis or chronic infection in immune compromised patient | Respiratory<br>secretions | Large droplets,<br>direct contact<br>Vertical mother<br>to fetus | 4-21 days<br>to onset of<br>rash             | Fifth disease: no longer infectious once rash appears  Aplastic crisis: up to 1 week after onset of crisis Immune compromised with chronic infection: months to years | Aplastic or erythrocytic crisis: 7 days  Chronic infection in immune-compromised patient: duration of hospitalization |  |
| Pediculosis   | See <u>lice</u> entry  |   |                           |  |  |   |   |  |
| Pertussis<br>(Bordetella pertussis B.<br>parapertussis) | Whooping cough,<br>non-specific<br>respiratory tract<br>infection in infants,<br>adolescents and<br>adults | Droplet   | Respiratory<br>secretions | Large droplets   | Average 7-<br>10 days;<br>range 6-20<br>days | To 3 weeks after onset of paroxysms if not treated  | To 3 weeks after onset of paroxysms if not treated; or until 5 days of appropriate antimicrobial therapy received     | Close contacts (household and HCWs) may need chemoprophylaxis and/or immunization. If HCWs immunization not up to date contact OESH/delegate.  Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well).  Contact site/program ICP or designate.  |
| Pinworms  | See Enterobius vermi   | icularis entry  | 1                         | I  | 1  | <u>I</u>  |   |  |

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|  |  |                              |   |  | OIDITIE   |   |  | Acute, Long Term care and community infection control Mandai  |
|--|--|------------------------------|---|--|---|---|--|---|
| Microorganism,<br>Infectious Disease               | Clinical<br>Presentation                           | Precautions                  | Infective<br>Material                     | Route of<br>Transmission   | Incubation<br>Period  | Period of Communicability   | Duration of<br>Precautions   | Comments  |
| Plague<br>(Yersinia pestis)                        | Bubonic<br>(lymphadenitis)                         | Routine Practices            | *Fleas                                    |  | 1-7 days  |   |  | *Transmission can occur from infected domestic animals (cats and dogs) through contaminated saliva. Person-to-person transmission is rare.  Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well). Contact site/program ICP or designate.   |
|  | Pneumonic (cough, fever, hemoptysis)               | Droplet                      | Respiratory secretions                    | Large droplets   | 1-7 days  | Until 48 hours of<br>appropriate<br>antimicrobial<br>therapy received             | Until 48 hours of<br>appropriate<br>antimicrobial<br>therapy received                  | Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well).  Contact site/program ICP or designate.  Close contact and exposed HCWs may require prophylaxis; contact OESH.   |
| Pneumocystis<br>jirovecii (carinii)                | Pneumonia in immune-compromised host               | Routine Practices            |   | Unknown  | Unknown   |   |  | Ensure roommates are not immune compromised.  |
| Poliomyelitis Polioviral fever Infantile paralysis | Fever, aseptic<br>meningitis, flaccid<br>paralysis | Contact                      | Feces,<br>respiratory<br>secretions       | Direct/indirect<br>contact   | 3-35 days   | Virus in the throat<br>for approximately 2<br>weeks and in feces<br>for 3-6 weeks | Until 6 weeks<br>from onset of<br>symptoms or<br>until feces viral<br>culture negative | Most infectious during the days before and after onset of symptoms. Close contacts who are not immune should receive immunoprophylaxis.  Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well).  Contact site/program ICP or designate.  Community: consider Contact Precautions if client:  is incontinent  has stools that cannot be contained  has poor hygiene and may contaminate his/her environment. |
| Prion disease                                      | See <u>CJD</u> entry                               | l                            |   |  |   |   |  |   |
| Psittacosis  | See <u>Chlamydia psitta</u>                        | <u>ci</u> entry              |   |  |   |   |  |   |
| <b>Q Fever</b><br>(Coxiella burnetii)              | Pneumonia, fever                                   | Routine Practices  *Airborne | Infected animals<br>unpasteurized<br>milk | Direct contact with infected animals; raw milk Airborne from aerosolized contaminated dust or during autopsies | 9-30 days<br>May be<br>prolonged<br>when<br>infectious<br>dose is small |   |  | Acquired from contact with infected animals or from ingestion of raw milk.  Person-to-person transmission is possible, but rarely reported.  Contact site/program ICP or designate.  *Airborne precautions when performing autopsies on a patient that has died of Q fever.   |

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| Microorganism,<br>Infectious Disease   | Clinical<br>Presentation                 | Precautions   | Infective<br>Material                         | Route of<br>Transmission   | Incubation<br>Period   | Period of<br>Communicability                              | Duration of<br>Precautions | Comments   |
|--|--|---|---|--|--|---|----------------------------|--|
| Rabies   | Acute<br>encephalomyelitis               | Routine Practices   | Saliva  | Mucosal or<br>percutaneous<br>exposure to saliva;<br>corneal, tissue &<br>organ transplant | 20-60 days.<br>Varies from<br>few days to<br>years                           |   |                            | Acquired from contact with infected animals.  Person-to-person transmission is theoretically possible, but not well documented.  Post-exposure prophylaxis is recommended for percutaneous or mucosal exposure to saliva of rabid animal or P/R/C.  Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well).  Contact site/program ICP or designate.                                 |
| Rat Bite fever<br>Actinobacillus (formerly<br>Streptobacillus)<br>moniliformis;<br>Spirillum minus | Fever, arthralgia                        | Routine Practices   | Saliva of infected rodents; contaminated milk | Rodent bite,<br>ingestion of<br>contaminated milk  | A. monili-<br>formis 3-10<br>days, rarely<br>longer<br>S. minus 1-3<br>weeks |   |                            | No person-to-person transmission.  A. moniliformis: rats and other animals, contaminated milk.  S. minus: rats, mice only.   |
| Relapsing fever (Borrellia recurrentis, other Borrellia species)                                   | Recurrent fevers                         | Routine Practices   |   | Vector-borne   |  |   |                            | No person-to- person transmission.  Spread by ticks or lice.   |
| Respiratory Syncytial<br>Virus (RSV)   | Respiratory tract infection              | Droplet/Contact*  | Respiratory<br>secretions                     | Large droplets,<br>Direct/indirect<br>contact  | 2-8 days   | Shortly before and for the duration of the active disease | *Duration of<br>symptoms   | May cohort if infected with same virus.  P/R/C should not share room with high-risk roommates.  *Discontinue precautions based on resolution of respiratory symptoms (non-ventilated P/R/Cs) or clinical improvement (ventilated P/R/Cs) for 48 hours and not based on duration of treatment or negative laboratory results. Chronic respiratory symptoms or post viral cough do not require maintenance of precautions. |
| Rhinovirus   | Respiratory tract infection, common cold | Acute: Droplet/Contact*  Long Term Care: Droplet/Contact*  Community: Routine Practices | Respiratory secretions                        | Direct/indirect<br>contact, possibly<br>large droplets                                     | 2-3 days   | Until symptoms<br>end                                     | *Duration of symptoms      | May cohort if infected with same virus.  P/R/C should not share room with high-risk roommates.  *Discontinue precautions based on resolution of respiratory symptoms (non-ventilated P/R/Cs) or clinical improvement (ventilated P/R/Cs) for 48 hours and not based on duration of treatment or negative laboratory results. Chronic respiratory symptoms or post viral cough do not require maintenance of precautions. |
| Rickettsialpox<br>Rickettsia akari   | Fever, rash                              | Routine Practices   |   | Mite-borne   | 9-14 days  |   |                            | No person-to-person transmission.  Transmitted by mouse mites.   |

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| Clinical Presentation  ee Tinea entry  ever, etechial rash, ncephalitis  ash, fever | Routine Practices  Routine Practices  Acute: Contact*  Long Term Care: Contact* | Infective<br>Material  Saliva  Feces | Tick-borne  Direct Contact  Direct/indirect contact | 3-14 days  10 days                     | Period of<br>Communicability  Unknown                 | Duration of Precautions  | Not transmitted from person-to-person except rarely through transfusion.  Transmission requires close direct personnel contact.   |
|---|---|--------------------------------------|---|--|---|--|---|
| ever,<br>etechial rash,<br>ncephalitis<br>ash, fever                                | Routine Practices  Acute: Contact*  Long Term Care:                             |                                      | Direct Contact  Direct/indirect contact             | 10 days                                |   |  |   |
| etechial rash,<br>ncephalitis<br>ash, fever   | Routine Practices  Acute: Contact*  Long Term Care:                             |                                      | Direct Contact  Direct/indirect contact             | 10 days                                |   |  |   |
| ,   | Acute:<br>Contact*<br>Long Term Care:   |                                      | Direct/indirect contact                             | ,                                      |   |  | Transmission requires close direct personnel contact.   |
| Diarrhea  | Contact*  Long Term Care:   | Feces                                | contact   | 1-3 days                               |   |  |   |
|   | Community:<br>Routine<br>Practices**  |                                      | (fecal-oral)  |  | Duration of viral shedding                            | Duration of symptoms   | *Consider Contact Precautions for incontinent adults if stool cannot be contained, or for adults with poor hygiene who contaminate their environment.  See Enteritis Specific Disease Protocol.  **Community: consider Contact Precautions if client:  is incontinent  has stools that cannot be contained  has poor hygiene and may contaminate their environment.   |
| ee <u>Ascariasis</u> entry  |   |                                      |   |  |   |  |   |
| ever,<br>naculopapular rash   | Droplet   | Respiratory secretions               | Large droplets,<br>direct contact                   | 14-23 days                             | For about 1 week<br>before and after<br>onset of rash | Until 7 days after<br>onset of rash                                    | It is recommended only immune HCWs, caretakers and visitors enter the room. Pregnant HCWs should not care for P/R/Cs with rubella, regardless of their immune status. Facial protection (mask and eye protection) required for unknown immune or non-immune persons who must enter the room.  Droplet Precautions maintained for exposed susceptible P/R/Cs for 7 days after first contact, through to 23 days after last contact.  Administer vaccine to exposed susceptible non-pregnant persons within 3 days of exposure.  Exclude susceptible HCWs from duty from day 7 after first exposure, to day 23 after last exposure, regardless of post-exposure vaccination.  Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well Contact site/program ICP or designate.  See: Rubella Protocol.   |
| evei  | ·,  | , Droplet                            | r, <b>Droplet</b> Respiratory                       | r, Droplet Respiratory Large droplets, | r, Droplet Respiratory Large droplets, 14-23 days     | Respiratory Large droplets, direct contact 14-23 days before and after | Try and the properties of the |

NOTE: P/R/C: patient/resident/client

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**UPDATES in RED** 

**Winnipeg Regional Health Authority Acute, Long Term Care and Community Infection Control Manual** 

|   |  |  |                                  |  | UPDATE   | JIII KLD   | Acute, Long Term Care and Community infection Control Manual   |  |  |
|---|--|--|----------------------------------|--|--|--|--|--|--|
| Microorganism,<br>Infectious Disease                  | Clinical<br>Presentation   | Precautions  | Infective<br>Material            | Route of Transmission                                    | Incubation<br>Period   | Period of Communicability  | Duration of Precautions  | Comments   |  |
|   | Congenital rubella syndrome  | Droplet/Contact  | Respiratory<br>secretions, urine | Direct/indirect<br>contact; large<br>droplets            |  | Prolonged shedding in respiratory tract and urine; can be up to one year   | Until 1 year old,<br>unless<br>nasopharyngeal<br>and urine cultures<br>are negative after<br>3 months of age   | Reportable Disease by diagnosing healthcare provider.  Contact site/program ICP or designate.  |  |
| Rubeola   | See <u>Measles</u> entry   |  |                                  |  |  |  |  |  |  |
| Salmonella<br>(including Salmonella<br>typhi)         | Diarrhea, enteric<br>fever, typhoid<br>fever, food<br>poisoning      | Adult/Community Routine Practices*  Pediatric: Contact** |                                  | Direct/indirect<br>contact<br>(fecal-oral)<br>Food borne | 6-72 hours  Salmonella typhi: 3-60 days  | Variable   | Duration of symptoms   | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric Precautions apply to children who are incontinent or unable to comply with hygiene.  Reportable Disease by lab.  Contact site/program ICP or designate.                  |  |
| Scabies<br>(Sarcoptes scabiei)                        | Itchy skin rash  | Contact  | Mite                             | Direct/indirect<br>contact                               | Without<br>previous<br>exposure:<br>2-6 weeks<br>With<br>previous<br>exposure:<br>1-4 days | Until mites and eggs destroyed by treatment, usually after 1 or occasionally 2 treatment courses, 1 week apart  Norwegian Scabies: Until mites and eggs destroyed by treatment | Until 24 hours<br>after initiation<br>of appropriate<br>therapy.<br>For Norwegian<br>Scabies: Until<br>skin lesions have<br>resolved and skin<br>scrapings are<br>negative | Apply scabicide as directed on label. Wash clothes, and bedding in hot water. Seal all unlaunderable items in plastic bag and store for 1 week. Household contacts and exposed staff should be treated.  Contact site/program ICP or designate.  See: Scabies Protocol. Community settings should refer to the Community Scabies protocol. |  |
| Scarlet fever   | See <u>Streptococcus</u> , <u>G</u>                                  | roup A entry   |                                  |  |  |  |  |  |  |
| Schistosomiasis<br>(bilharziasis) (Schistoma<br>spp.) | Diarrhea, fever,<br>itchy rash, hepato-<br>splenomegaly<br>hematuria | Routine Practices  |                                  |  |  |  |  | No person-to-person transmission.  Contact with larvae in contaminated water.  |  |

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### **Winnipeg Regional Health Authority Acute, Long Term Care and Community Infection Control Manual**

|  |   |   |  |   |                      | JIII KED   |  | Acute, 2016 Term care and community infection control intandar  |
|--|---|---|--|---|----------------------|--|--|---|
| Microorganism,<br>Infectious Disease   | Clinical<br>Presentation  | Precautions   | Infective<br>Material                          | Route of Transmission                                 | Incubation<br>Period | Period of<br>Communicability   | Duration of<br>Precautions   | Comments  |
| Sever acute respiratory infection (SARI)   | Malaise, myalgia,<br>headache, fever,<br>respiratory<br>symptoms (cough,<br>increasing<br>shortness of<br>breath),<br>pneumonia, ARDS | Enhanced Droplet/ Contact (i.e., Droplet/Contact + Airborne for AGMPs)                | Respiratory<br>secretions                      | Droplet, Direct/indirect contact Aerosols during AGMP | Unknown              | Not yet determined   |  | Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well).  Contact site/program ICP or designate.  |
| Severe Acute Respiratory Syndrome (SARS) Coronavirus See Middle East Respiratory Syndrome (MERS-CoV) | Malaise, myalgia,<br>headache, fever,<br>respiratory<br>symptoms (cough,<br>increasing<br>shortness of<br>breath),<br>pneumonia, ARDS | Enhanced<br>Droplet/ Contact<br>(i.e.,<br>Droplet/Contact +<br>Airborne for<br>AGMPs) | Respiratory<br>secretions, stool               | Droplet, Direct/indirect contact Aerosols during AGMP | 3-10 days            | Not yet<br>determined;<br>suggested to be<br>less than 21 days                           | 10 days following<br>resolution of fever<br>if respiratory<br>symptoms have<br>also resolved | Single room; may cohort if infected with same virus.  Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well).  Contact site/program ICP or designate.  |
| Shigellosis<br>Shigella spp.   | Diarrhea  | Adult: Routine Practices*  Pediatric: Contact**                                       | Feces  | Direct/indire<br>ct contact<br>(fecal/oral)           | 1-7 days             | As long as organism present in feces. Usually ceases within one week of onset of illness | Duration of symptoms   | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric Precautions apply to children who are incontinent or unable to comply with hygiene.  See Enteritis Specific Disease Protocol.  Treatment with effective antimicrobial shortens period of infectivity.   |
| Shingles   | See <u>varicella zoster</u> e   | ntry  |  |   |                      |  |  |   |
| Smallpox (Variola virus) Generalized vaccinia, eczema vaccinatum                                     | Fever,<br>vesicular/pustular<br>in appropriate<br>epidemiologic<br>context  | Droplet/Contact<br>and Airborne   | Skin lesions, oro-<br>pharyngeal<br>secretions | Airborne, direct<br>and indirect<br>contact           | 7-10 days            | Onset of mucosal<br>lesions, until all skin<br>lesions have<br>crusted                   | Until all scabs<br>have crusted and<br>separated (3-4<br>weeks)                              | Contact site/program ICP or designate. See Vaccinia entry for management of vaccinated persons.  Immunization of HCWs was stopped in 1977. Smallpox has been eradicated, but some stocks have been kept by some countries. Thus, introduction is possible.  Care preferably should be provided by immune HCWs. Non-vaccinated HCWs should not provide care if immune HCWs are available.  *N95 respirator for all regardless of vaccination status.  Reportable Disease by diagnosing healthcare provider (with phone call to MB Health as well).  Contact site/program ICP or designate. |

NOTE: P/R/C: patient/resident/client

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**Winnipeg Regional Health Authority Acute, Long Term Care and Community Infection Control Manual** 

|  |   |  |  |  |  |   | reace, 2011g Term Care and Community infection Control Manage                               |
|--|---|--|--|--|--|---|---|
| Clinical<br>Presentation   | Precautions   | Infective<br>Material  | Route of<br>Transmission   | Incubation<br>Period                                 | Period of Communicability  | Duration of<br>Precautions  | Comments  |
| Skin lesions,<br>disseminated  | Routine Practices   |  |  | Variable   |  |   | Rare person-to-person transmission.  Acquired from spores in soil, on vegetation.           |
| Skin (furuncles,<br>impetigo) wound or<br>burn infection;<br>abscess; scalded<br>skin syndrome,<br>osteomyelitis | Minor: Routine Practices Major: Contact*  | Drainage, pus  | Direct/indirect<br>contact   | Variable   | As long as organism is in the exudates or drainage   | Until drainage<br>resolved or<br>contained by<br>dressings  | *Major: drainage not contained by dressing.   |
| Endometritis   | Routine Practices   |  |  |  |  |   |   |
| Food poisoning   | Routine Practices   |  | Foodborne  |  |  |   |   |
| Pneumonia  | Adult:<br>Routine Practices<br>Pediatric: Droplet   | Respiratory secretions   | Large droplets,<br>direct contact  | Variable   |  | Until 24 hours of<br>appropriate<br>antimicrobial<br>therapy received   |   |
| Toxic shock syndrome   | Routine Practices   |  |  |  |  |   | Contact site/program ICP or designate.  |
| See <u>Rat-bite</u> fever en   | try   |  |  | .1   |  | <u> </u>  |   |
| Pneumonia,<br>meningitis and<br>other  | Adult: Routine Practices  Pediatric: For meningitis:  | Respiratory<br>secretions  | Large droplets   | Variable   |  |   | Normal flora.   |
|  | Skin lesions, disseminated  Skin (furuncles, impetigo) wound or burn infection; abscess; scalded skin syndrome, osteomyelitis  Endometritis  Food poisoning  Pneumonia  Toxic shock syndrome  See Rat-bite fever entering preumonia, meningitis and | Skin lesions, disseminated  Skin (furuncles, impetigo) wound or burn infection; abscess; scalded skin syndrome, osteomyelitis  Endometritis  Routine Practices  Food poisoning  Routine Practices  Food poisoning  Routine Practices  Pneumonia  Adult: Routine Practices  Pediatric: Droplet  Toxic shock syndrome  See Rat-bite fever entry  Pneumonia, meningitis and other  Adult: Routine Practices  Pediatric: Practices  Pediatric: | Skin lesions, disseminated  Skin (furuncles, impetigo) wound or burn infection; abscess; scalded skin syndrome, osteomyelitis  Endometritis  Routine Practices  Major: Contact*  Routine Practices  Food poisoning  Routine Practices  Pneumonia  Adult: Routine Practices  Pediatric: Droplet  Toxic shock syndrome  See Rat-bite fever entry  Pneumonia, meningitis and other  Pediatric: For meningitis:  Routine Practices  Respiratory secretions  Respiratory secretions | Presentation   Precautions   Material   Transmission | Clinical Presentation         Precautions         Infective Material         Route of Transmission         Incubation Period           Skin lesions, disseminated         Routine Practices         Variable           Skin (furuncles, impetigo) wound or burn infection; abscess; scalded skin syndrome, osteomyelitis         Minor: Routine Practices         Drainage, pus Direct/indirect contact         Variable           Endometritis         Routine Practices         Foodborne           Food poisoning         Routine Practices         Foodborne           Pneumonia         Adult: Routine Practices syndrome         Respiratory secretions         Large droplets, direct contact         Variable           Toxic shock syndrome         Routine Practices         Routine Practices         Large droplets         Variable           Pneumonia, meningitis and other         Adult: Routine Practices         Respiratory secretions         Large droplets         Variable | Clinical Presentation   Precautions   Infective Material   Route of Transmission   Incubation Period of Communicability | Precaution   Precautions   Material   Transmission   Period   Communicability   Precautions |

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| Microorganism,<br>Infectious Disease                   | Clinical<br>Presentation  | Precautions  | Infective<br>Material                        | Route of<br>Transmission                         | Incubation<br>Period   | Period of<br>Communicability  | Duration of<br>Precautions  | Comments  |
|--|---|--|--|--|--|---|---|---|
| Streptococcus, Group A (GAS) (Streptococcus pyogenes)  | Skin (e.g.,<br>erysipelas,<br>impetigo), wound<br>or burn infection   | Minor: Routine Practices Major: Contact*             | Drainage, pus                                | Direct/indirect<br>contact                       | 1-3 days,<br>rarely<br>longer  | As long as organism is in drainage  | Until 24 hours of<br>appropriate<br>antimicrobial<br>therapy received | *Major = drainage not contained by dressings.  Implement Droplet/Contact Precautions when exposure to respiratory droplets is likely. |
|  | Scarlet fever,<br>pharyngitis in<br>children under 5<br>years   | Adult: Routine Practices  Pediatric: Droplet/Contact | Respiratory<br>secretions                    | Large droplets                                   | 2-5 days   | 10-21 days if not treated   | Until 24 hours of<br>appropriate<br>antimicrobial<br>therapy received |   |
|  | GAS – Endometritis<br>(puerperal fever)   | Routine Practices                                    |  |  |  |   |   |   |
|  | GAS – Toxic shock,<br>invasive disease<br>(including<br>necrotizing fasciitis,<br>myositis,<br>meningitis,<br>pneumonia)            | Droplet/ Contact                                     | Respiratory<br>secretions,<br>wound drainage | Large droplets,<br>direct or indirect<br>contact | Unknown,<br>has been as<br>short as 14<br>hours                                  | 7 days before onset<br>of symptoms until<br>24 hours after<br>appropriate<br>antimicrobial<br>therapy | Until 24 hours of<br>appropriate<br>antimicrobial<br>therapy received | Contact site/program ICP or designate.  |
| Streptococcus Group B<br>(Streptococcus<br>agalactiae) | GBS Newborn<br>sepsis, pneumonia,<br>meningitis   | Routine Practices                                    |  | Mother to child<br>at birth                      | Early onset<br>1-7 days of<br>age; late<br>onset 7 days<br>to 3 months<br>of age |   |   | Normal flora.  Contact site/program ICP or designate.   |
| Strongyloides<br>(Strongyloides<br>stercoralis)        | Usually asymptomatic. May cause disseminated disease presenting as gram negative bacteremia meningitis in immune compromised P/R/Cs | Routine Practices                                    | Larvae in feces                              |  | Unknown  |   |   | Rarely transmitted person-to-person. Infective larvae in soil.  |

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| Microorganism,<br>Infectious Disease   | Clinical<br>Presentation  | Precautions   | Infective<br>Material                    | Route of<br>Transmission  | Incubation<br>Period                         | Period of<br>Communicability  | Duration of Precautions   | Comments   |
|--|---|---|--|---|--|---|---|--|
| Syphilis (Treponema pallidum)  | Genital, skin or<br>mucosal lesions,<br>disseminated<br>disease,<br>neurological or<br>cardiac disease;<br>latent infection | *Gloves for direct contact with skin lesions  Neonate: Contact Precautions if lesions present and/or after bath | Genital<br>secretions lesion<br>exudates | Direct contact with infectious exudates or lesions; Sexual transmission, Intrauterine or intrapartum from mother to child | 3 days to 3<br>months;<br>usually 3<br>weeks | When moist<br>mucocutaneous<br>lesions of primary,<br>secondary and<br>latent syphilis are<br>present | *Neonate:  If mother or neonate lesions: Until 24 hours of appropriate antibiotics  If no mother or neonate lesions: Until 24 hours of appropriate antibiotics or first bath, whichever comes first | Neonate guidance reference:  Red Book 2015 Committee on Infectious Diseases; American Academy of Pediatrics (Reference 5).  Reportable Disease by diagnosing healthcare provider.  Contact site/program ICP or designate.  |
| Tapeworm Taenia saginata Taenia solium Diphyllobothrium latum                | Usually<br>asymptomatic   | Routine Practices   | Larvae in food                           | Foodborne   | Variable                                     |   |   | No person-to-person transmission.  Consumption of larvae in raw or undercooked beef or pork or raw fish; larvae develop into adult tapeworms in gastrointestinal tract.  Individuals with <i>T. solium</i> adult tapeworms may transmit cysticercosis to others. |
| Hymenolepsis nana  | Usually asymptomatic  | Routine Practices   | Ova in rodent or human feces             | Direct contact<br>(fecal/oral)  | 2-4 weeks                                    | While ova in feces  |   |  |
| <b>Tetanus</b> <i>Clostridium tetani</i>                                     | Tetanus   | Routine Practices   |  | Acquired from<br>spores in soil<br>which germinate<br>in wounds,<br>devitalized tissue                                    | 1 day to<br>several<br>months                |   |   | No person-to-person transmission.  Reportable Disease by diagnosing healthcare provider.   |
| Tinea (Dermatophytosis) Trichophyton spp., Microsporum spp. Malassezia furur | Ringworm (skin,<br>beard, scalp, groin,<br>perineal region);<br>athletes' foot;<br>pityriasis versicolor                    | Routine Practices   | Organism in skin<br>or hair              | Direct skin-to skin<br>contact  | Variable, 4-<br>14 days                      | While lesion<br>present   |   | May be acquired from animals, shared combs, brushes, clothing, hats, sheets, shower stalls.  |
| Toxic Shock Syndrome   | See <u>Staphylococcus</u> a   | ureus, Group A Strep  | otococcus entry                          |   |  |   |   |  |
| Toxocariasis (Toxocara canis, Toxocara cati)                                 | Fever, wheeze, rash, eosinophilia   | Routine Practices   | Ova in dog/cat feces                     |   | Unknown                                      |   |   | No person-to-person transmission.  Acquired from contact with dogs, cats.  |

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|   |   |                          |  |  | <u>UPDATE</u>        | JIII KED                     |                            | Acute, Long Term Care and Community Infection Control Manual  |
|---|---|--------------------------|--|--|----------------------|------------------------------|----------------------------|---|
| Microorganism,<br>Infectious Disease                          | Clinical<br>Presentation  | Precautions              | Infective<br>Material                                    | Route of<br>Transmission   | Incubation<br>Period | Period of<br>Communicability | Duration of<br>Precautions | Comments  |
| Toxoplasmosis<br>(Toxoplasma gondii)                          | Asymptomatic, fever, lymph-adenopathy; retinitis, encephalitis in immune-compromised host; congenital infection | Routine Practices        | Ingestion<br>contaminated<br>food or water;<br>cat feces | Intrauterine<br>transmission from<br>mother to fetus;<br>transplantation of<br>stem cells or<br>organs | 5-23 days            |                              |                            | Acquired from contact with infected felines or soil contaminated by felines, consumption or raw meat, contaminated raw vegetable or contaminated water.   |
| Trachoma  | See <u>Chlamydia tracho</u>   | omatis entry             |  |  |                      |                              |                            |   |
| Transmissible spongiform encephalopathy                       | See <u>Creutzfeldt-Jacob</u>  | disease entry            |  |  |                      |                              |                            |   |
| <b>Trench fever</b> (Bartonella quintana)                     | Relapsing fevers, rash  | Routine Practices        | Feces of human body lice                                 | Louse-borne  | 7-30 days            |                              |                            | No person-to-person transmission in absence of lice.  |
| Trichinosis (Trichinella spiralis)                            | Fever, rash,<br>diarrhea  | Routine Practices        | Infected meat  | Food-borne   | 5-45 days            |                              |                            | No person-to-person transmission.  Acquired from consumption of infected meat.  |
| Trichomoniasis<br>(Trichomonas vaginalis)                     | Vaginitis   | Routine Practices        |  | Sexually<br>transmitted  | 4-20 days            | Duration of infection        |                            |   |
| <b>Trichuriasis</b> (whipworm) ( <i>Trichuris trichiura</i> ) | Abdominal pain<br>diarrhea  | Routine Practices        |  |  | Unknown              |                              |                            | No person-to-person transmission.  Ova must hatch in soil to be infective.  |
| Tuberculosis  | See <u>Mycobacterium t</u>  | <u>uberculosis</u> entry |  |  |                      |                              |                            |   |
| <b>Tularemia</b> (Francisella tularensis)                     | Fever, lymph-<br>adenopathy<br>pneumonia  | Routine Practices        |  | Arthropod bites Direct contact with infected animals Foodborne Inhalation with infected aerosols       | 1-21 days            |                              |                            | No person-to-person transmission.  Acquired from contact with infected animals.  F. tularensis is hazardous to laboratory workers. Notify laboratory if diagnosis is suspected.  Contact site/program ICP or designate. |
| Typhoid/ paratyphoid fever                                    | See <u>Salmonella entry</u>   |                          |  | l  |                      |                              |                            | 1   |

NOTE: P/R/C: patient/resident/client

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|--|--|--|--|----------------------------|---|---|--|---|
| Microorganism,<br>Infectious Disease                                     | Clinical<br>Presentation   | Precautions  | Infective<br>Material                        | Route of<br>Transmission   | Incubation<br>Period                      | Period of Communicability                                 | Duration of<br>Precautions                                   | Comments  |
| <b>Typhus fever</b><br>( <i>Richettsia typhi</i> )<br>Endemic flea-borne | Fever, rash  | Routine Practices  | Rat fleas                                    | Flea borne                 | From 1-2<br>weeks,<br>commonly<br>12 days |   |  | No person-to-person transmission.   |
| typhus (Rickettsia prowazekii) Epidemic Louse- Borne Fever               | Fever, rash  | Routine Practices  | Human body<br>louse                          | Louse borne                | 1-2 weeks                                 |   |  | Person-to-person through close personal contact, not transmitted in absence of louse.   |
| Vaccinia   | Range of adverse reactions to smallpox vaccine (e.g., eczema vaccination, generalized or progressive | Airborne/Contact   | Skin exudate                                 | Direct/indirect<br>contact | 3-5 days                                  | Until all skin lesions<br>resolved and scabs<br>separated | Until all skin<br>lesions resolved<br>and scabs<br>separated | Vaccinia may be spread by touching a vaccination site before it has healed or by touching bandages or clothing that may have been contaminated with live virus from the smallpox vaccination site.  Immunization of health care workers was stopped in 1977.                                      |
| Vancomycin-<br>Intermediate<br>Staphylococcus aureus<br>(VISA)           | Infection or colonization of any body site   | Acute: Containment  Long Term Care: Routine Practices*  Community: Routine Practices** | Infected or colonized secretions, excretions | Direct/indirect<br>contact | Variable                                  | Duration of colonization                                  | As directed by ICP   | Laboratory reporting to Public Health.  Contact site/program ICP or designate.  *When asymptomatic, precautions are not required in long term care, prehospital and home care.  Community: Consider contact precautions where invasive procedures are performed (e.g., CIVP, wound care clinics). |
| Vancomycin- resistant<br>enterococci (VRE)                               | Infection or colonization of any body site   | Routine  | Infected or colonized secretions, excretions | Direct/indirect<br>contact | Variable                                  | Duration of colonization                                  | As directed by ICP   |   |
| Linezolid Resistant<br>Vancomycin-resistant<br>enterococci (LR-VRE)      | Infection or colonization of any body site   | Acute: Containment  Long Term Care: Routine Practices*  Community: Routine Practices** | Infected or colonized secretions, excretions | Direct/indirect<br>contact | Variable                                  | Duration of colonization                                  | As directed by ICP   | Contact site/program ICP or designate.  *When asymptomatic, precautions are not required in long term care, prehospital and home care.  **Community: Consider contact precautions where invasive procedures are performed (e.g., CIVP, wound care clinics).                                       |

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|---|---|--|--|---|----------------------|--|--|---|
| Microorganism,<br>Infectious Disease                                | Clinical<br>Presentation                                    | Precautions  | Infective<br>Material                                  | Route of<br>Transmission                | Incubation<br>Period | Period of Communicability                      | Duration of<br>Precautions                     | Comments  |
| Vancomycin-<br>resistant<br>Staphylococcus<br>aureus (VRSA)         | Infection or colonization of any body site                  | Acute: Containment  Long Term Care: Routine Practices*  Community: Routine Practices** | Infected or colonized secretions, excretions           | Direct/indirect<br>contact              | Variable             | Duration of colonization                       | As directed by ICP                             | Laboratory reporting to Public Health.  Contact site/program ICP or designate.  *When asymptomatic, precautions are not required in long term care, prehospital and home care.  **Community: Consider contact precautions where invasive procedures are performed (e.g., CIVP, wound care clinics).   |
| Varicella-zoster virus<br>Chickenpox (Varicella)                    | Fever with<br>vesicular rash                                | Airborne/Contact   | Skin lesions<br>drainage,<br>respiratory<br>secretions | Airborne,<br>Direct/indirect<br>contact | 10-21 days*          |  | Until all lesions<br>have crusted and<br>dried | HCWS, roommates and caregivers should be immune to chickenpox.  N95 respirator required for unknown or non-immune persons who must enter the room.  Susceptible high-risk contacts should receive varicella zoster immunoglobulin as soon as possible, latest within 96 hours of exposure.  *Varicella zoster immunoglobulin may extend the incubation period to 28 days.  Newborns: Airborne Precautions should be taken with neonates born to mothers with varicella onset less than 5 days before delivery. Prevent exposures of susceptible person and immunosuppressed P/R/C.  See: Varicella-Zoster Virus (Chickenpox and Shingles) Protocol. |
| Herpes zoster (shingles),<br>Localized- (covered)<br>Normal host    | Vesicular skin<br>lesions in<br>dermatomal<br>distribution  | Routine Practices  | Vesicle fluid  | Direct and indirect contact             | Not<br>applicable    | Not applicable                                 | Not applicable                                 | HCWs, roommates and caregivers should be immune to chickenpox.  Exercise care when handling dressing, clothing and other materials that may be contaminated with vesicular fluid.   |
| Herpes zoster (shingles)<br>Localized (not covered)*<br>Normal Host | Vesicular skin<br>lesions in<br>dermatomal<br>distributions | Contact  | Vesicle fluid  | Direct and indirect contact             |                      | Until all lesions<br>have crusted and<br>dried | Until all lesions<br>have crusted and<br>dried | *Would only occur in rare circumstances.  HCWs, roommates and caregivers should be immune to chickenpox.  Exercise care when handling dressing, clothing and other materials that may be contaminated with vesicular fluid.   |

NOTE: P/R/C: patient/resident/client

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#### **UPDATES in RED**

### **Winnipeg Regional Health Authority Acute, Long Term Care and Community Infection Control Manual**

|   |  |                   |                                       |   | ULDAIL   | JIII KED  |  | Acute, Long Term Care and Community infection Control Manual  |
|---|--|-------------------|---------------------------------------|---|--|---|--|---|
| Microorganism,<br>Infectious Disease                        | Clinical<br>Presentation   | Precautions       | Infective<br>Material                 | Route of Transmission                       | Incubation<br>Period                                       | Period of Communicability   | Duration of Precautions  | Comments  |
| Herpes zoster (shingles) Localized Immuno- compromised host | Vesicular skin<br>lesions in<br>dermatomal<br>distribution   | Airborne/Contact  | Vesicle fluid                         | Airborne, direct<br>and indirect<br>contact |  | Until all lesions<br>crusted and dried<br>AND disseminated<br>infection is ruled<br>out                 | Until all lesions<br>have crusted<br>AND 24 hours<br>after antiviral<br>therapy started;<br>Then per<br>localized zoster<br>in immune<br>competent host <sup>9</sup>                         | Localized zoster may disseminate in immunocompromised host if not treated. HCWs, roommates and caregivers should be immune to chickenpox.  N95 respirator required for unknown immune or non-immune persons who must enter the room.  Susceptible high-risk contact should receive varicella zoster immunoglobulin as soon as possible, latest within 96 hours of exposure.  Varicella zoster immunoglobulin may extend the incubation period to 28 days.   |
| Herpes zoster (shingles) Disseminated                       | Vesicular skin<br>lesions in more than<br>2 dermatomes   | Airborne/Contact  | Vesicle fluid                         | Airborne, direct<br>and indirect<br>contact |  | Until all lesions<br>crusted and dried  | Until all lesions<br>have crusted and<br>dried   |   |
| Varicella or herpes zoster<br>Susceptible contact           | Susceptible contact: No history of varicella illness or immunization with VZV vaccine or IgG antibodies and exposed to a person with chickenpox or disseminated zoster | Airborne          | Respiratory<br>secretions             | Airborne                                    | 10-21 days   | Potentially communicable during last 2 days of incubation period May be prolonged if immune-compromised | 8 days after first<br>contact until 21<br>days after last<br>contact with rash<br>regardless of<br>post-exposure<br>vaccination (28<br>days if given<br>varicella zoster<br>immune-globulin) | Airborne Precautions should be taken with neonates born to mother with varicella onset less than 5 days before delivery. Prevent exposure of susceptible persons and immunosuppressed P/R/Cs.  HCWs, roommates and caregivers should be immune to chickenpox.  N95 respiratory required for unknown immune or non-immune persons who must enter the room.  Susceptible high-risk contact should receive varicella zoster immunoglobulin as soon as possible, latest within 96 hours of exposure. Varicella zoster immunoglobulin may extend the incubation period to 28 days. |
| Variola   | See <u>Smallpox</u>  | l                 |                                       | ı   |  | 1   | 1  |   |
| Vibrio parahaemo-<br>lyticus enteritis                      | Diarrhea, food poisoning   | Routine Practices | Contaminated food, especially seafood | Foodborne                                   | Between 12<br>and 24<br>hours; range<br>from 4-30<br>hours |   |  | See Enteritis Specific Disease Protocol.  |
| Vincent's angina (trench mouth)                             |  | Routine Practices |                                       |   | 110013   |   |  |   |

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### **UPDATES in RED**

### **Winnipeg Regional Health Authority Acute, Long Term Care and Community Infection Control Manual**

|   | OT DITTED IN NEED  |  |   |   |  |  |                            | Neute, 2016 Term care and community infection control Manage  |  |  |
|---|--|--|---|---|--|--|----------------------------|---|--|--|
| Microorganism,<br>Infectious Disease  | Clinical<br>Presentation   | Precautions  | Infective<br>Material   | Route of<br>Transmission  | Incubation<br>Period                       | Period of Communicability  | Duration of<br>Precautions | Comments  |  |  |
| Viral hemorrhagic<br>fevers<br>Lassa, Marburg,<br>Crimean-Congo<br>viruses, Ebola | Hemorrhagic fever  | Enhanced Droplet/Contact plus additional measures for High Consequence Pathogens | Blood and<br>bloody body<br>fluids,<br>respiratory<br>secretions<br>Lassa:<br>also urine<br>Ebola:<br>also skin | Direct/indirect<br>contact<br>Possibly<br>Airborne if<br>pneumonia<br>Ebola, Lassa:<br>Sexual contact | Lassa:<br>1-3 weeks<br>Ebola:<br>2-21 days | Unknown, possibly several weeks  Lassa virus may be excreted in urine for 3-9 weeks after onset  | Until symptoms resolve     | Notify local public health authorities immediately.  Contact site/program ICP or designate. Reportable Disease: See WRHA Reporting of a  Communicable Disease to Manitoba Health by Infection Prevention & Control in Hospitals  Operational Directives (with phone call to MB Health as well).  For Ebola Suspects or Cases, see High Consequence Pathogen Resources |  |  |
| West Nile (Neurological Syndrome, Non-neurological syndrome, asymptomatic)        | Meningitis,<br>encephalitis,<br>paralysis and<br>tremors   | Routine Practices  |   | Vector-borne  | 2-21 days                                  |  |                            | No person-to-person transmission except by blood transfusion or tissue/organ donation.  Demonstrated in utero and can be transmitted by breastfeeding.  |  |  |
| Whipworm  | See <u>Trichuriasis</u> entry  |  |   |   |  |  |                            |   |  |  |
| Whooping Cough  | See Pertussis entry  |  |   |   |  |  |                            |   |  |  |
| Yersinia enterocolitica;<br>Y. pseudotuberculosis                                 | Diarrhea,<br>mesenteric adenitis   | Adult/ Community: Routine Practices*  Pediatric: Contact**                       | Feces   | Direct/indirect<br>contact<br>(fecal/oral;<br>foodborne)  | 4-6 days,<br>range one<br>to 14 days       | Duration of excretion in stool   | Duration of symptoms       | *Consider Contact Precautions for incontinent adults if stool cannot be contained or for adults with poor hygiene who contaminate their environment.  **Pediatric Precautions apply to children who are incontinent or unable to comply with hygiene.   |  |  |
| Yellow Fever [7]  | Fever, chills, severe<br>headache, back and<br>body aches, nausea,<br>vomiting, fatigue,<br>weakness,<br>hemorrhagic fever | Routine Practices  | Blood, tissues  | Vector-borne<br>(spread by<br>mosquitoes)   | Typically, 3–<br>6 days                    | Not person-to-<br>person except<br>rarely by blood<br>transfusion or<br>organ<br>transplantation |                            | Also see Arboviruses entry.  Reportable Disease by diagnosing healthcare provider.  Contact site/program ICP or designate.  Endemic in tropical areas of Africa and Central and South America. Occasionally travelers who visit yellow fever endemic countries may bring the disease to countries free from yellow fever.   |  |  |

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| Microorganism,<br>Infectious Disease | Clinical<br>Presentation                                      | Precautions       | Infective<br>Material   | Route of<br>Transmission   | Incubation<br>Period | Period of Communicability         | Duration of<br>Precautions | Comments   |  |  |  |
|--------------------------------------|---|-------------------|---|--|----------------------|-----------------------------------|----------------------------|--|--|--|--|
| Zika Virus                           | Fever, rash,<br>headache,<br>conjunctivitis and<br>joint pain | Routine Practices | Semen, vaginal<br>fluids, blood<br>cells, tissues and<br>organs of<br>infected<br>individuals | Vector-borne<br>(spread by<br>mosquitoes),<br>trans-placental<br>from mother to<br>fetus,<br>blood/blood<br>production<br>transfusion,<br>donated tissue | 3-14 days            | 3-21 days after onset of symptoms |                            | Transmitted primarily through the bite of infected mosquitos.  Mother to child transmission, transmission by transfusion of infected blood and sexual transmission has occurred. Pregnant women are advised to avoid travel to areas with current Zika virus outbreaks or areas of risk of outbreaks.  Infants born to infected mothers can have Congenital Zika Syndrome.  Donors with a history of travel outside of Canada, the continental United States and Europe will be required to wait 21 days following their return before donating blood or blood products. |  |  |  |
| Zoster                               | See <u>Varicella (herpes zoster</u> ) entry                   |                   |   |  |                      |                                   |                            |  |  |  |  |
| Zygomycosis<br>(Phycomycosis)        | See Mucormycosis entry  |                   |   |  |                      |                                   |                            |  |  |  |  |

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