

CLEAN YOUR HANDS

AFTER

body fluid exposure risk

NOTE: After any of these activities, gloves must be removed and hand hygiene performed prior to moving to next activity.



Examples (not an exhaustive list):

- After a dressing change.
- After skin lesion care.
- After inserting an IV.
- After taking a blood specimen.
- After taking a stool specimen.
- After taking a urine specimen.
- After cleaning up a body fluid spill.
- After inserting a catheter.
- After providing oral care to a patient.
- After disposing of garbage
- After disposing of soiled linen

Moment 3: Consider the following actions:

Leadership:

- Talk about hand hygiene, during walk-about
- Understand examples of the 4 Moments of Hand Hygiene
- Congratulate those that are completing appropriate hand hygiene
- Be a role model
- Promote hand hygiene
- Ask staff what they are learning or discussing in their Safety Huddles related to hand hygiene

Unit Manager:

- Talk about hand hygiene
- Understand examples of the 4 Moments of Hand Hygiene
- Congratulate those that are completing appropriate hand hygiene
- Encourage staff to use triggers to prompt better hand hygiene practices
- Be a role model
- Safety Huddle questions for Moment 3:
 - **What are some Moment 3 activities in our area?**
 - **What is a good reminder that would help remember to clean hands after taking gloves off after a Moment 3 activity?**
 - **Do Moment 3 activities happen frequently in our area? When?**
 - **When are gloves not needed? For Moment 1 & 4 activities**
 - **Can I carry clean gloves in my pocket? No, this contaminates the outside of the glove with your flora**
 - **Are enough gloves available at point of use?**

Frontline Staff:

- Model good hand hygiene with coworkers
- Treat everyone with respect, if reminding them to clean hands
- Participate in Safety Huddle discussions regarding hand hygiene

