

CLEAN YOUR HANDS

AFTER

contact with a patient or
patient
environment



Examples (not an exhaustive list):

- After exiting patient room and touching patient's environment.
- After exiting patient room and touching patient.
- After touching patient's equipment and exiting the room.
- After transferring patient.
- After shaking hands.
- After taking any vital signs.
- After using a stethoscope on a patient's body.
- After making patient comfortable in bed.
- After contact with patient's wheelchair or walker.
- After bringing patient a puzzle/exercise equipment in physiotherapy/occupational therapy.
- After touching a patient while assisting with their physiotherapy/occupational therapy.
- Between patients while assisting with their physiotherapy/occupational therapy.
- After taking off gloves.

Moment 4: Consider the following actions:

Leadership:

- Talk about hand hygiene, during walk-about
- Congratulate those that are completing appropriate hand hygiene
- Be a role model
- Promote hand hygiene
- Ask staff what they are learning or discussing in their Safety Huddles related to hand hygiene

Unit Manager:

- Talk about hand hygiene
- Congratulate those that are completing appropriate hand hygiene
- Encourage staff to use triggers to prompt better hand hygiene practices
- Be a role model
- **Safety Huddle questions for Moment 4:**
 - **What are some Moment 4 activities?**
 - **When does Moment 4 happen within your care plan for your patients?**
 - **What can we do to improve our hand hygiene after Moment 4?**
 - **When is it difficult to meet Moment 4 hand hygiene expectations?**
 - **Are gloves needed for Moment 4?**

Frontline Staff:

- Model good hand hygiene with coworkers
- Treat everyone with respect, if reminding them to clean hands
- Participate in Safety Huddle discussions regarding hand hygiene

