

## Documentation

**When documenting your assessment remember to include:**

### **What you observe:**

- Position
- Colour – face and mucous membranes
- Accessory muscle use
- Changes in cognition or mood
- Dyspnea – ability to speak and move?
- Cough – how often? Productive?
- Sputum – colour, amount

### **What you hear:**

- What sounds? (wheezing, crackles, clear, diminished)
- Where exactly did you hear these sounds?

### **The numbers:**

- Pulse and respirations – include depth, and rhythm of respirations
- SPO2 result – double check the monitor's pulse with your findings
- Are they on Oxygen or room air?

### **Compare to baseline and analyze:**

- Is this a change?
- What did you do about it?
- What is the plan?

