

Stethoscope Tips



Wear it right:

The earpieces should point slightly towards your nose to follow your ear canal, and other noise in the room should be faint when it is in your ears

Use the right side:

The bell: lower sounds like heart murmurs and some bowel sounds

Diaphragm: higher sounds like normal heart sounds and breath sounds.

Test & Twist: Tap lightly on the diaphragm with ear-pieces in to make sure it's set, and twist the chest piece if it is not set to the right side.



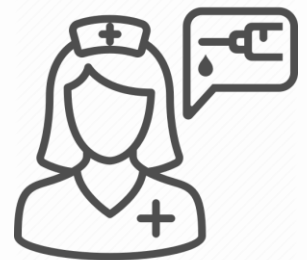
Hold it right:

Hold it in a way that will prevent extra noise: firmly against the skin and between your fingers.

Do not listen over clothes but keep the person as covered up as you can.

Is this right?

Practice listening to lung sounds and ask your co-workers to double check if you are not sure what you are hearing. This is a great way to gain confidence and skill.



Clean it right

Disinfect your stethoscope before and after use with an alcohol swab

Do not use hand sanitizer as there are things in it that can damage your stethoscope