

#### WINNIPEG REGIONAL HEALTH AUTHORITY POSITION DESCRIPTION (Non-Management)

## **INCUMBENT(S):**

**DATE:** August 14, 2007 Revised April 30, 2012

### **POSITION TITLE:** CLINICAL NURSE SPECIALIST

CLASS/JOB #: UNION:

**DEPARTMENT:** NURSING - PATIENT SERVICES

#### **SUPERVISOR'S TITLE:**

### SUPERVISORY RESPONSIBILITIES: (XX) None Number Titles of those supervised

#### **DEGREE OF SUPERVISION RECEIVED:**

#### **EDUCATION:**

• Masters of Nursing or Psychiatric Nursing with graduate course work in research methods.

#### **SPECIAL TRAINING:**

#### **EXPERIENCE:**

• Minimum five years of recent clinical experience in a variety of nursing roles relevant to the position.

#### **OTHER:**

- Demonstrates effective oral and written communication skills.
- Knowledge of computer systems; word processing and email applications.
- Ability to work independently and take initiative.
- Ability to perform independently and as a member of the healthcare team.
- Demonstrates leadership ability.
- Ability to adapt quickly to changing situations.
- Ability to function in a demanding and stressful environment.
- Demonstrates effective conceptual, organizational, interpersonal, critical thinking/problemsolving and decision-making skills.
- Ability to plan, manage and implement change effectively.

- Ability to foster interpersonal relationships including effective negotiation and conflict resolution.
- Demonstrates effective group facilitation skills.
- Ability to teach at individual and group level.
- Knowledge of the research process and ability to apply research to clinical practice.
- Project management skills.
- College of Registered Nurses of Manitoba/Registered Psychiatric Nurses of Manitoba Standards of Practice for Registered Nurses/Registered Psychiatric Nurses.
- Canadian Nurses Association Code of Ethics for Registered Nurses, if not a Registered Psychiatric Nurse.
- Scope of practice as documented in the Registered Nurses/Registered Psychiatric Nurses Act.
- Regional/Facility/unit policies, procedures, protocols, and guidelines.
- Personal Health Information Act (PHIA), Protection of Persons in Care Act, Mental Health Act, Workplace Hazardous Material Information System (WHMIS), Principles of Routine Practices (Universal Precautions) and other legislated acts.
- Principles of collaborative practice.
- Advanced nursing care knowledge related to clinical area.
- Roles and responsibilities of members of the healthcare team.
- Principles of delegation.

## PHYSICAL DEMANDS AND WORKING CONDITIONS:

### LICENCES, REGISTRATIONS:

• Individual is responsible for maintaining and providing proof of active registration on the register of practicing nurses as per The Registered Nurses Act/Registered Psychiatric Nurses Act.

## MAIN FUNCTION: (In Order of Importance):

Under the general direction of XXXX, as part of the multidisciplinary team, the Clinical Nurse Specialist (CNS) provides:

- 1. Leadership in promoting excellence in the delivery of relevant nursing/psychiatric nursing services through the application of advanced knowledge of nursing/psychiatric nursing care, research methodologies, evidence based practice and program evaluation.
- 2. The CNS addresses key clinical issues and program priorities by participating in or directing clinical practice, consultation, education, research, support of systems, publication and professional leadership.
- 3. The priorities of the CNS are directed by program priorities.
- 4. The CNS provides leadership and direction related to nursing/psychiatric nursing practice, standards, program development and evaluation, quality and research.

## **ILLUSTRATIVE EXAMPLES OF ACTIVITIES OF POSITION:**

### **DIRECT COMPREHENSIVE CARE**

- acts as a clinical expert/resource/consultant to establish, maintain and improve patient/resident/client care delivery.
- determines the need for health promotion and primary and secondary prevention strategies for individuals, families and groups and develops and implements same.
- collaborates with patients/residents/clients, interdisciplinary teams, and community members in assessing health promotion and illness prevention needs of clients, families and community outcomes.
- provides direct or participates in the development of, specialized comprehensive nursing/psychiatric nursing services emphasizing health promotion, disease prevention and collaborative management strategies to positively affect health outcomes.
- assesses, implements nursing/psychiatric nursing care and evaluates health/illness concerns of the patient/resident/client within the context of the patient/resident/client's experience and determinants of health. Applies accepted theories of family dynamics, interactions and role expectations while providing care for individuals and families.
- demonstrates expert knowledge and synthesis of expert nursing practice/psychiatric nursing practice within a clinical specialty.
- performs health assessment and demonstrates advanced clinical decision-making within a clinical specialty.
- initiates referrals and coordinates care with other healthcare providers and community agencies.
- provides counselling and education to patient/resident/clients and their families.
- monitors and documents clients' response to treatment and interventions, health status and outcomes.
- participates in a variety of intra/inter-agency and community networks, partnerships and committees to promote nursing knowledge and contribute to population health promotion.
- fosters an environment that encourages reflective practice.
- coordinates/facilitates interdisciplinary plan of care.

- acts as a consultant and expert in standards to improve delivery of patient/resident/client care.
- develops/participates in the assessment of patient/resident/client response to therapy.
- develops/participates in the outcome evaluation data to improve the delivery of patient/resident/client care.
- plans, provides and coordinates patient/resident/client/family teaching for a defined group of patient/resident/clients.
- demonstrates expert skills in the formal and informal consultation with nursing and all disciplines.
- demonstrates cultural competence, making resources available to those from diverse backgrounds.

### **RESEARCH**

- acts as a principle investigator or participates in research relevant to area of responsibility.
- critically analyzes research literature and recommends changes in the clinical practice and/or program delivery services within the appropriate forum.
- integrates evidence based nursing, medicine and critical inquiry into practice.
- demonstrates knowledge of qualitative and quantitative research methods.
- demonstrates and promotes a spirit of critical inquiry with regards to client care matters.
- assesses and identifies relevant researchable clinical practice problems with staff.
- provides consultation to nurses, other healthcare professionals and community members regarding research activities.
- complies with relevant codes of ethics when participating in research projects.
- evaluates the impact of various programs and interventions upon the health of the population and on nursing practice.
- facilitates utilization of research findings into clinical practice by health team members.

### **EDUCATION**

- participates in learning needs assessment to promote professional development of nursing peers and other health professionals.
- contributes to the development of educational programs/resources to assist nursing peers and other health professionals to identify, prioritize, and provide quality care for defined populations.
- assists in the skill development of nurses including clinical, problem solving, critical thinking and leadership.
- identifies individual and system facilitators and barriers to professional education.
- monitors and evaluates the effect of professional educational activities in collaboration with management on the quality of patient/resident/client care.
- provides clinical supervision, education and mentoring for undergraduate and graduate nursing students.
- acts as a resource and support for educators and/or educational initiatives within the program.

## PUBLICATION AND PROFESSIONAL LEADERSHIP

- disseminates specialty knowledge of research findings through presentation and/or publications at local, regional, national and international level.
- engages in activities to promote role of CNS.
- contributes to the development of theoretical base for nursing care by communicating practice experience and/or research findings via the literature.
- demonstrates leadership skills, expertise, and in depth knowledge bases consistent with advanced nursing practice.
- acts as a role model and clinical expert in the area of clinical specialty.
- participates and provides leadership on committees related to care delivery, policy and procedure development, clinical practice guideline development, research, education and professional development.
- anticipates future changes (needs, technology, changing system, professional development) and recommends appropriate changes/implications.
- identifies and facilitates quality improvement initiatives related to clinical practice.

## SUPPORT OF SYSTEMS

- participates in local and national decision-making around health policy issues.
- collaborates in the development of strategic and program planning and evaluation to foster innovation.
- assists management with the development, implementation and evaluation of standards of nursing practice for a defined group of patient/resident/clients.
- provides specialized knowledge and skills to assist in clarifying issues, exploring options, and facilitating change.
- provides consultation to other healthcare institutions, educational institutions, and policy makers regarding the delivery of quality patient/resident/client care.
- provides consultation to community groups and patient/resident/client populations regarding healthcare issues within area of expertise.
- uses a population health, community development approach in planning, developing and implementing health promotion and illness prevention strategies/programs.
- works collaboratively with individuals and groups to improve the health and well being of the population by engaging in a broad range of community development strategies including organizational capacity building, intersectoral networking and local area development.

## **INTERPROFESSIONAL PRACTICE**

- seeks out, integrates and values as a partner, the input and the engagement of the patient/client/resident/family/community in designing and implementing care and services.
- understands one's own role and the roles of other health providers and uses this knowledge appropriately to establish and achieve patient/client/resident/family/community goals.
- understands the principles of team work dynamics and group/team processes in order to enable effective interprofessional collaboration.
- applies leadership principles that support a collaborative practice model including shared decision-making and accountability for one's own actions.
- communicates with other health providers in a collaborative, responsive, and responsible manner.
- engages self and others including the patient/client/resident/family in a positive manner and constructively address disagreements as they arise.

# **OTHER**

- develops and implements an education plan to maintain clinical competency.
- adheres to all safety and health regulations and safe work practices.
- may be required to perform other duties and functions related to this job description not exceeding above stated skills and capabilities.

**INCUMBENT'S SIGNATURE** 

SUPERVISOR'S SIGNATURE

## VICE PRESIDENT AND CHIEF NURSING OFFICER'S SIGNATURE