

NURSE PRACTITIONERS HELPING YOU... MANAGE your health and wellness.

nurse PRACTITIONERS...

- ✓ Assess your health
- ✓ Request diagnostic tests
- ✓ Diagnose illness
- ✓ Prescribe medicine
- ✓ Perform procedures
- ✓ Order interventions



WHAT IS A NURSE PRACTITIONER?

For over 40 years, Nurse Practitioners have been contributing to health care delivery in Canada. A Nurse Practitioner is an advanced practice registered nurse with a Masters of Nursing and 760 hours of clinical experience.

A Nurse Practitioner will collaborate with other health care professionals as needed to improve and maximize your health. They promote health and aim to reduce the risk of complications, illness and injury.

HOW CAN A NURSE PRACTITIONER HELP

YOU? A Nurse Practitioner can help you manage your health and wellness and meet your primary health care needs.



WHY CHOOSE A NURSE PRACTITIONER?

Along with caring for your immediate health concerns, a Nurse Practitioner can provide you with information, planning and support so you can be as healthy and active as possible.

DID YOU KNOW?

Nurse Practitioners...

- practice independently
- carry patient loads
- work in different practice settings with babies to seniors and everyone in between
- have a significant scope of practice responsibility, which they approach from a holistic perspective
- can help with routine health screening and chronic disease management
- will access physician consultation/input as needed

For health and wellness information, visit
wrha.mb.ca



Winnipeg Regional
Health Authority
Caring for Health

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À l'écoute de notre santé