

# ENFit™

## Reference Guide for Home Care Patients



### What is ENFit™?

ENFit™ is the new ISO standard for connecting nutritional delivery systems such as feeding sets and feeding tubes. All nutritional delivery products will be equipped with ENFit™ connectors within the near future to reduce the frequency of medical tubing misconnections.

#### The ENFit™ enteral feeding connector:

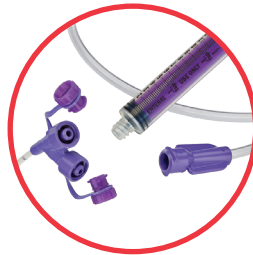
- Features a unique design to reduce the risk of misconnections and improve patient safety.
- Reduces accidental connectivity with non-enteral connectors.
- Provides a locking feature that signals the appropriate connection and stays in place.
- Helps to prevent enteral formula leaks from tubing during feeding.

### How does this affect you?

ENFit™ connectors are different than the current “Christmas tree” connectors. The white transition connector attached to your feeding set must be removed before securing the connection of your feeding set and feeding tube.



Current Connectors



ENFit™ Connectors

Visit our website to learn how to connect and disconnect ENFit™ connection systems:  
[www.cardinalhealth.ca/en/products-and-services/resources/nutritional](http://www.cardinalhealth.ca/en/products-and-services/resources/nutritional)



### ENFit™ Syringes

An ENFit™ connector requires an ENFit™ syringe in order to connect your feeding set and feeding tube. Typically, a 60 mL sized syringe is used.



Z460SE

#### Monoject™ Syringes

Z8881160015	60 mL Non-sterile Enteral Syringe, ENFit™ Tip
Z460SE	60 mL Sterile Enteral Syringe, ENFit™ Tip

### ENFit™ Best Practice

- Ensure that the connection and the moat are cleaned daily, this can be done with a toothbrush and tap water.
- The bolus or continuous extension sets (code Z8884741813 or Z8884741821) should be disconnected and soaked in water for at least a minute. Once this done, a toothbrush can be used to brush the moat and grooves of the connection.

**Please contact your home care clinician for more information about ENFit™.**



[cardinalhealth.ca](http://cardinalhealth.ca)