



Winnipeg Regional
Health Authority
Office régional de la
santé de Winnipeg

Program Public Health

Community Area/Location all

Placement Supervisor _____

Phone _____ FAX _____

Volunteer Activity Description

BREAST FEEDING DROP-IN PEER SUPPORT VOLUNTEER

Purpose: To provide peer support and assistance to families attending breastfeeding drop-ins held in the community.

Responsibilities:

- Set up weigh scale, basinet, handouts/pamphlets to clinic location and set up room, organize pamphlets and info displays;
- Greet families and assist with strollers, clothing, etc.;
- Assist with registration of participants;
- Assist with the weighing of babies and recording weights. Sanitize weigh scale and basinet in between uses;
- Prepare and offer refreshments to families;
- Assist with clean up of group/individual meeting area(s);
- Assist families and Public Health Nurses with other duties as necessary.

Necessary Qualifications and/or Skills

- As this is a peer support role, experience having breastfed a child is an asset;
- Strives to promote, protect and support breastfeeding;
- Must be confident in handling newborns and be physically able to perform required tasks;
- Able to greet and interact with people in a friendly, supportive manner;
- Effective interpersonal communication skills both in groups and one-on-one;
- Ability to understand, give direction and express oneself in English in a clear, concise manner;
- Ability to take initiative.
- Flexible and able to respond to a variety of tasks and to the individual needs of new families joining the drop in;
- Mature, able to work independently;
- Reliable;
- Neat and clean in appearance;
- Must respect the confidentiality policies of the WRHA.

Benefits

- An opportunity to learn new skills, explore careers in Public Health Nursing and/or Lactation Consulting, provide service to others, and make a personal contribution to early child development.
- Volunteers are required not to bring their children with them while volunteering, so the cost of childcare (arranged by the volunteer) can be reimbursed upon request.

Length of Commitment Minimum of 1 shift per week.

Shifts Weekday afternoons (1-4 PM)

Scheduling Standards 1 volunteer

Supervision Identified placement supervisor

Orientation/Training Volunteer Services staff and/or designate will provide general WHRA and Volunteer Services orientation. Placement supervisor will provide all necessary training required by this activity including specific examples of confidentiality practices.

Risk Level/Screening Standards Level 1 (high risk). In-person interview, 3 reference checks, Child Abuse Registry and Criminal Record Check required.

Activity Description Approved by:

Community Area/Program Director

Date

Manager, WRHA Volunteer Services

Date

Placement agreement

I agree to be responsible for providing the volunteer(s) with appropriate training and supervision in a respectful environment. I will communicate any changes to this placement in a timely way to Volunteer Services.

Placement Supervisor

Date

Volunteer Agreement

I agree/commit to perform my duties, as provided in the activity description, to the best of my ability. I understand that it is important not to go beyond the responsibilities, outlines in the volunteer activity description, and I will confine my volunteer activities as so defined by Volunteer Services of the Winnipeg Regional Health Authority (WRHA).

Volunteer Signature

Date