

Communication Exercise: Giving Feedback

Purpose

Success of an organization determines on the communication and the feedback that is provided. This is a fun exercise which demonstrates the importance of communication and feedback in the success of a team.

Objective

Participants to guide their team mate in throwing some balls into a waste basket.

What You Need

- 10 Tennis/Golf balls
- A waste or any other similar basket

Setup

- Ask for a volunteer to stand in the front of the room.
- Place the basket about half a meter behind the volunteer.
- Ask the rest of the delegates to sit down facing the volunteer.
- Explain that the volunteer has to drop as many balls as he can into the basket using the directions and feedback given by the rest of the participants.

Timing

- Explaining the Test: 2 minutes
- Activity: 5 minutes
- Group Feedback: 5 minutes

Discussion

Ask the volunteer which types of messages were most helpful? What would the volunteer suggest on improving the type of feedback given?

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