Consider *consultation* from the Palliative Care Program when:

Consider *application* to the Palliative Care Program when:

A patient with a life limiting illness (even if pursuing active treatment) in any care setting requires:

The following criteria are **all** met:

- symptom management such as pain, dyspnea, delirium
- Patient has a prognosis of less than 6 months.
- psycho-social support/symptoms associated with end-of-life care
- Patient is longer receiving aggressive treatment which requires on-going monitoring for and treatment of serious complications (such as with chemotherapy or TPN).

• discussions regarding goals of care

 Patient has chosen a comfort-focused approach including a decision to decline attempted resuscitation. This means ACP – M "Medical" or ACP – C "Comfort"

assistance with discharge planning

• Discharge home is being considered.

Your team requires assistance in care planning and preparation as patients near end-of-life. This may include helping to identify and anticipate symptoms and management strategies, determine/clarify goals of care and prepare families.

Patient has symptom issues that may necessitate transfer to a Palliative Care Unit or frequent follow-up from the Palliative Care team.

Your team requires support while providing care in challenging end of life situations.

It is *preferable that the attending physician is aware of the consult* to the Palliative Care Program, particularly **for symptom management** questions which often result in medication suggestions.

To ensure that your request receives prompt attention you can access the Palliative Care Program:

- By telephone from 0830 -1630 Monday to Friday call (204) 237-2400. If you are calling
 outside the hours listed above, you may leave a message on this voicemail; however, your
 request will NOT be processed until the next business day. Messages left on specific Palliative
 Care team member's voicemail service, will not be responded to if the team member is not
 scheduled to work.
- 2. **By fax (204) 237-9162**. Faxes will only be responded to during regular business hours listed above.
- 3. If consultation is required outside of the above hours, **physician to physician consultation** is available 24 hours a day 7 days a week. The WRHA **Palliative Care Physician on-call** can be reached through St. Boniface Paging at: 204-237-2053