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palliative manitoba

We are changing the conversation about death and dying.
Palliative Manitoba is focused on helping individuals live as fully
as possible until the end of life.

Program and Services

Bereavement Services

Palliative Manitoba offers one-to-one telephone support by trained bereavement volunteers for individuals grieving the death of their loved one. We have partnered with local community organizations to offer grief support groups in a wide range of ways. We also send out bereavement messages that offer information and support to individuals grieving the death of their loved one.

Grief Seminars

Palliative Manitoba offers monthly grief seminars hosted by Chapel Lawn Funeral Home and Cropo Funeral Chapel. Palliative Manitoba recruits experts in the field to speak on relevant topics associated with grief. Staff and experienced bereavement volunteers are available at all grief seminars to provide supplementary support. The seminars are free and are open to the general public.

Memory Tree

The Memory Tree provides a tangible way to acknowledge and remember the person who has died. Individuals write a personal message on a beautiful card and hang it on the Memory Tree which is displayed prominently at St. Vital Centre in Winnipeg.

Support for Grieving Children

Palliative Manitoba recognizes the need to make grief support services available to young people, helping them cope with the grief that accompanies loss, and provide them with tools to deal with future emotions. Participants take part in various interactive, reflective and age-appropriate activities, while parents and guardians are offered support in a group setting conducted concurrently at the same facility.

Kids Grieve Too (Ages 9-12)
Teens Grieve Too (Ages 13-17)

Volunteer Visiting Service

Palliative Manitoba's Volunteer Visiting Program provides individuals who are living with a life-threatening illness with companionship. This service gives much needed support for families during end-of-life care. This service is offered both in the community and in palliative care units in Riverview Health Centre and St. Boniface General Hospital.

Education

Compassionate Care Course

Volunteers and the General Public for 8-weeks, twice a year
Health Care Aides in collaboration with the WRHA
Support Workers customized for those assisting individuals with intellectual disabilities
First Nations Communities available upon request by Manitoba First Nations Communities and modified to meet the needs of the Community.

Lunch and Learn

Palliative Manitoba hosts educational 'Lunch and Learns' available to Palliative Manitoba volunteers and nurses within the Winnipeg Regional Health Authority (WRHA). Each session consists of a presentation on a selected topic followed by a question and answer period, with lunch provided by Thomson in the Park.

Resource Centre and Library

Palliative Manitoba's Resource Centre and Library houses a large selection of books, videos, and pamphlets available to all Manitobans seeking support and education on loss, grief, bereavement, palliative care and end-of-life issues. Open to the public at no charge, our library includes novels, poetry, support books, and children and teen books.

Rural Bereavement Project

In conjunction with three rural Regional Health Authorities in Manitoba, this project included workshops that provide valuable resources regarding bereavement services, education about loss, grief, and bereavement; discussions on communications strategies for people who are caring for the bereaved; the importance of maintaining excellent self-care while assisting others through the grieving process; and presentations on various means that people in rural communities can start the conversation about grief while supporting their own community members.

Provincial Palliative Care Conference

Palliative Manitoba hosts an annual Provincial Palliative Care Conference in September. This is one of the largest palliative care conferences in Canada, it attracts over 300 attendees from all professions within the health care field. It also attracts highly competent and respected speakers and offers attendees a rich program of presentations and workshops.