



Winnipeg Regional Health Authority
Office régional de la santé de Winnipeg
Caring for Health À l'écoute de notre santé



Employee Assistance Centre

FINANCIAL PLANNING & YOUR RETIREMENT

Virtual EAP Workshop

Facilitated by MARK BINDER, CA

Retirement planning often leads to many questions: Can I afford to retire? What will my pension provide? Will government sources help me? Have I saved and invested sufficiently? This retirement planning seminar will address these and many other questions we ask ourselves and others as we prepare for the next stage of our lives. Topics will include:

- Financial planning is more than money
- Demystifying the financial planning process
- Financial wellness check up
- Sources of retirement income
- Cash flow, net worth, income and expenses statements
- How much do I need?

Participants will leave with the information and tools to effectively plan their own retirement and future. In addition, attendees will receive tax tips and have the opportunity to ask questions.

LOCATION: *Please note that this session will be delivered virtually. Participants will receive a Zoom meeting link via email prior to the session. You will need to have a computer or device with audio to participate.

DATE: Tuesday, March 29, 2022

TIME: 9:00 – 12:00 pm.

*Opened to
all staff*

Visit the [LMS](https://sharedhealthmb.learnflex.net) to register
<https://sharedhealthmb.learnflex.net>

Search for: WRHA – EAP – Financial Planning & Your Retirement