

Insulin Pump Travel Checklist

- Consulted with my healthcare professional about "time-off" pump guidelines in case I plan to disconnect from my pump for a period of time.
- Checked for the most up-to-date information on medical devices and supplies on the Canadian Air Transport Security Authority website (www.catsa-acsta.gc.ca) for Canadian departures, and the Transport Security Administration website (www.tsa.gov) for U.S. travel.
- Packed enough supplies and other oral medications to cover several hours/days, in addition to regular travel time:
 - Rapid-acting insulin (Novolog®, Humalog®, and Apidra®)
 - Long-acting insulin (Lantus®/glargine, Lente, NPH, Levemir®/detemir)
 - Syringes
 - Glucose testing equipment, allowing for more frequent BG tests during flight
 - Ketone testing equipment
 - Non-liquid low blood glucose treatment (i.e., glucose tabs, SweetTarts® and Skittles®)
 - Snacks
- I have on hand my medical ID bracelet or information, emergency telephone numbers, and travel medical insurance information. I also have the phone number of my insulin pump manufacturer in case I need new supplies.
- I have a vacation loaner pump as back-up.

Airport checklist

Even with increased airport security, you can still travel with your diabetes gear. Read these five steps to make your air travel stress-free.

1. Notify the security screener that you have diabetes and are carrying supplies with you. Show them your infusion set and tubing. Instruct them that this is a life-sustaining device that is connected to your body and cannot be removed. It is recommended that you wear your medical ID bracelet or necklace.
2. Any medications, including insulin, must be in original packaging with the Rx label affixed to the pill bottle or insulin box.
3. You can carry liquids and gels in containers of 3 oz (100 mL) in carry-on luggage. These must be placed in a 1 L clear plastic sealable bag.
4. If you're carrying large amounts of prescription liquid medications, and diabetic glucose supplies, declare them before going through the security checkpoint. You may need to go through some additional screening.
5. Canadian Air Transport Security Authority guidelines don't allow you to pack spare lithium batteries in checked luggage. Instead, carry any spare batteries with you in your carry-on luggage.

FOR YOUR PUMP SUPPLIES, CONTACT ANIMAS CUSTOMER CARE AT 1-866-406-4844

We're available Monday – Friday, 8:30 a.m. – 5:00 p.m. EST.

Outside of North America, please call (905) 946-3759

Animas Pump customers can call the Animas Pump Hotline 24/7

(Canada, U.S., and Puerto Rico) 1-877-937-7867