



Client Surname:
Given Name:
Date of Birth:
Gender:
MHSC:
PHIN:
Address:
Phone Number:

TREATMENT GUIDELINES FOR HYPOGLYCEMIA

(PATIENTS \geq 5 YEARS OF AGE)

Mild-Moderate Hypoglycemia

(2.8- 4 mmol/L)

1. Check blood glucose
2. Treat with 15 g glucose
3. Wait 15 minutes
4. Retest
5. Treat with another 15 g of glucose if blood glucose remains <4.0 mmol/L
6. Retest

Severe Hypoglycemia

(If conscious) (<2.8 mmol/L)

1. Check blood glucose
2. If client conscious treat with 20 g glucose
3. Wait 15 minutes
4. Retest
5. Treat with another 15 g of glucose if blood glucose remains <4.0 mmol/L
6. Retest.
If blood glucose remains <4.0 mmol/L activate EMS

Severe Hypoglycemia

(If unconscious) (<2.8 mmol/L)

1. **Begin Compression, Airway & Breathing check if medic alert**
2. **Activate EMS**
3. **Check vital signs and blood glucose**
4. **Administer 1 mg Glucagon IM. Place in recovery position**
5. **Reassess vital signs q 5 minutes**
6. **Retest**

TREATMENT RECORD

Copy of Medication Record

Handouts Provided [Lows and Highs http://guidelines.diabetes.ca/CDACPG/media/documents/patient-resources/low-and-highs-blood-glucose.pdf](http://guidelines.diabetes.ca/CDACPG/media/documents/patient-resources/low-and-highs-blood-glucose.pdf) and

[Managing Your Blood Glucose http://guidelines.diabetes.ca/CDACPG/media/documents/patient-resources/managing-your-blood-glucose.pdf](http://guidelines.diabetes.ca/CDACPG/media/documents/patient-resources/managing-your-blood-glucose.pdf)

Transfer to EMS

Time

Health Care Provider

Phone Contact

Emergency

Time

Health Care Provider