### <u>Equipment Required</u>

- Disposable (or non-disposable to be destroyed) scrubs (dedicated to the EVD area/care of patients under investigation for, or confirmed cases of EVD)
- Fluid-resistant coveralls with attached hood
- Impermeable gown
- Long gloves (differing colours) with secure cuff x2
- Fluid-resistant shoe/leg coverings
- N95 respirator
- Procedure/Surgical mask for Assistant
- Full face shield
- Cooling vest and inserts
- Vocera
- Hood with bib attachment (ONLY if neck area unprotected by coverall and full face shield)
- Overshoes (single use) *if slipping hazard anticipated*
- Dedicated closed toe and heel shoes that tolerate disinfection within the isolation room and anteroom (i.e., not canvas/fabric)
- Basin for Accel Intervention/AHP RTU solution x 3 (2 in anteroom, 1 in patient room)
  - Basins should be filled to where gloved hands can be safely immersed and rubbed together without overflow or splashing
- Accel Intervention/AHP RTU solution
- Accel Intervention/AHP wipes
- Mayo stands, table or counter to support basins with solution
- Tape for marking anteroom floor (identify space for contaminated staff and assist staff)
- Walk-off mat for disinfectant

### PRE-DONNING CONSIDERATIONS

- Introduce self/assigned staff and clarify roles
- Wearing makeup is not recommended as it impairs user comfort due to facial sweat.
- Consider using the toilet before putting on the PPE.
- Drink 1–2 litres of water before putting on the PPE to prevent dehydration. Profuse sweating is unavoidable while working with PPE so this won't cause the HCW to need to use the toilet.
- Fasting is not recommended before working with PPE.
- Check PPE items before starting the donning process; look for damage and irregularities like holes and cracks, and correct sizing
- Prepare cooling vest by ensuring ice pack inserts lay flat when placing in freezer. Ice packs require at least one hour in the freezer to freeze
- Once ice packs are frozen, insert into both front and back of cooling vest
- Has EVD PPE training/N95 fit test/ been completed? Have any exclusion criteria been met? (pregnant, open skin/lesions to forearms, medical conditions as determined by Occupational and Environmental Safety and Health)
- Is it necessary to enter the room?
- Establish closed loop communication: e.g., establish eye contact and verbal prompt prior to activity; hand signals; code or red flag words
- Ensure self-awareness of habitual behaviours and the importance of minimizing them. Habitual behaviours include actions people do on a daily basis and without conscious thought, such as nose rubbing or beard stroking. People also carry out automatic actions in response to a stimulus, such as wiping sweat away from the forehead

Healthcare Worker Name	Date			
Monitor Name         Time				
PRIMARY PPE – DONNING OUTSIDE ANTEROOM	Key Points/ Considerations	✓	Comments	
Don disposable scrubs and dedicated shoes	<ul><li>On arrival to unit</li><li>In change room</li></ul>			
Remove lanyards, watches, rings, pocket contents, and other unnecessary items/items that can dangle	Staff to place with their clothing in designated area			
Pull back hair from face and neck and securely tie/pin back as required. For longer hair, pull hair back and up into a bun	<ul> <li>Hair to be away from face and neck and securely tied back as required</li> <li>Longer hair may touch outside of coveralls during doffing if not put up</li> </ul>			
Don cooling vest	<ul> <li>Separate vest into front and rear panel</li> <li>Monitor to place rear panel onto back of Primary</li> <li>Primary holds panel in place</li> <li>Monitor brings front panel in and securely connects shoulder Velcro straps</li> <li>Connect waist straps; use waist extender straps if required</li> </ul>			
Don Vocera	Ensure top of badge is no more than     six inches from chin			
Perform HH	ABHR unless visibly soiled, wash if soiled			
Visually inspect PPE	<ul> <li>Ensure is in serviceable condition</li> <li>Ensure all required PPE/supplies are available</li> <li>Ensure sizes selected are correct for PPE user</li> </ul>			
PerformHH	ABHR unless visibly soiled, wash if soiled			
Don inner set of BLUE longer- extended cuff, closer-fitting gloves	Good fit, no tears, pulled up completely			
Don coveralls	<ul> <li>Pull hood over head</li> <li>Hood up, zipped up, adhesive over zipper</li> <li>Ensure cuffs of BLUE gloves are under the coveralls</li> <li>Ensure hair tucked under hood</li> </ul>			
Don shoe/leg covers	<ul> <li>Pull to knees</li> <li>Pull cover securely over feet to avoid risk of tripping</li> </ul>			
Don overshoes if slipping	Ensure secure fit to avoid risk of			

hazard anticipated	tripping	
Don gown	<ul> <li>Ensure gown edges overlap to completely cover clothing, front and back</li> <li>If not covered completely, first don a gown as a housecoat (untied); then don second gown as usual (tie both ties with assistance)</li> <li>Ensure cuffs of BLUE gloves are under the gown</li> </ul>	
Don N95 respirator	<ul> <li>Seal check successful while monitor observes         <ul> <li>Respirator will bulge slightly if there is a good seal</li> <li>If air escapes there is <i>not</i> a good seal</li> <li>Adjust respirator until good seal achieved</li> </ul> </li> </ul>	
Don hood if deemed necessary	<ul> <li>Ensure hood completely covers ears and neck</li> <li>Ensure hood is in place; all parts of skin are covered; hair is not exposed; and hood extends to the shoulders</li> </ul>	
Don full face shield	<ul> <li>Ensure full coverage of face</li> <li>Remove protective plastic coating if present</li> </ul>	
Don face shield with bib if deemed necessary	<ul> <li>Place thumbs inside elastic straps and place foam strip on forehead</li> <li>Stretch elastic band; place behind head</li> <li>Find Velcro piece on underside of bib; press against gown</li> </ul>	
Don outer set of GREEN extended cuff gloves	<ul> <li>Good fit, no tears, pulled up completely</li> <li>Place over cuff of gown</li> </ul>	
Check PPE placement/integrity and log room entry on EVD Room Entrance Log	<ul> <li>Monitor to check</li> <li>Adjust facial protection before entering</li> <li>Advise PPE user not to touch his/her face once in room</li> </ul>	

To ensure PPE stays in place, before entering the room, the HCW should lean forward and gently shake head; perform a squat; and fully extend arms

ASSISTANT PPE – DONNING	$\checkmark$	Comments	
DUTSIDE ANTEROOM	Key Points/ Considerations		
Don disposable scrubs and	On arrival to unit		
ledicated shoes	In change room		
Remove lanyards, watches, rings,	• Staff to place with their clothing in		
oocket contents, other unnecessary	designated area		
tems/items that dangle			
Pull back hair from face & neck;	• Hair to be away from face and neck and		
securely tie/pin back as needed. For	securely tied back as required		
onger hair, pull back & up into a bun	Longer hair may touch outside of		
	coveralls during doffing if not put up		
Perform HH	• ABHR unless visibly soiled, wash if		
	soiled		
/isually inspect PPE	Ensure is in serviceable condition		
	Ensure all required PPE/supplies are		
	available		
	Ensure sizes selected are correct for     PPE user		
Perform HH	ABHR unless visibly soiled, wash if soiled		
Don inner act of DLUE longer			
Don inner set of BLUE longer-	• Good fit, no tears, pulled up completely		
extended cuff, closer-fitting gloves	Commenting		
Don gown	Secure ties		
	• If not covered completely, first don a gown as a housecoat (untied); then don second		
	gown as usual		
	Ensure cuffs of BLUE gloves are under		
	the gown		
Don shoe/leg covers	Pull to knees		
	<ul> <li>Pull cover securely over feet to avoid risk</li> </ul>		
	of tripping		
Don procedure or surgical mask	Shape metal piece to nose bridge		
	Ensure mask is secured		
Don full face shield	Ensure full coverage of face		
	Remove protective plastic coating if		
	present		
Don face shield with bib if deemed	• Place thumbs inside elastic straps and		
necessary	place foam strip on forehead		
	• Stretch elastic band; place behind head		
	• Find Velcro piece on underside of bib;		
	press against gown		
Don outer set of GREEN	• Good fit, no tears, pulled up completely		
extended cuff gloves	Place over cuff of gown		
Check PPE placement/integrity	Monitor to check		
and log room entry on EVD	Adjust facial protection before entering		
Room Entrance Log	• Advise PPE user not to touch his/her		
	face once correctly placed	UCH	

FINAL CHECK PRIOR TO ENTRY OF BOTH CAREGIVERS · REINFORCE DO NOT TOUCH FACE OR ADJUST PPE AFTER ENTRY · REINFORCE CLOSED LOOP COMMUNICATION · PPE WEARER HAS HEAT STRAIN?

#### **DOFFING PPE**

## PRIMARY INDICATES HE/SHE IS READY TO EXIT, OR MONITOR NOTES FATIGUE IN ACTIONS OF THE PRIMARY

#### **Monitor Pre-Doffing Considerations:**

- Prompt staff prior to doffing
- Remind staff not to touch their face during PPE removal
- Remind staff to stay calm; use slow, careful movements when removing PPE; and to listen to Monitor's direction
- Ensure communication is closed loop and staff are connected
- If there are multiple primary staff, one at a time exits
- Monitor to signal to Primary he/she is clear to enter anteroom/doffing area prior to exiting patient room

#### Primary Pre-Doffing Considerations:

- Only 1 person shall exit patient room at a time
- PPE must be removed completely and the anteroom exited before the next person enters anteroom
- Monitor to signal to Primary he/she is clear to enter anteroom/doffing area prior to exiting patient room

#### Assistant Pre-Doffing Considerations:

- Assistant can remove PPE alone; assistance from Primary with untying gown may be needed
- If Assistant to aide multiple individuals (i.e., one after another), new PPE required between each person being assisted
- If Assistant to provide break relief and therefore become the Primary, Primary PPE may be worn to assist with current Primary's doffing. This allows the Assistant to directly enter the patient room after assisting with doffing of the current Primary (rather than doffing Assistant PPE, exiting anteroom, and applying Primary PPE). Evaluate PPE for soiling prior to entry to patient room

# Immerse gloves in Accel Intervention solution/perform HH whenever possible hand contamination has occurred, at any point during PPE removal

Healthcare Worker Name				
Monitor Name Time				
PRIMARY PPE DOFFING - ONE PERSON AT A TIME	Key Points/ Considerations	~	Comments	
Visually inspect PPE prior to exiting patient room for obvious signs of contamination	<ul> <li>Look for obvious signs of contamination. If evident, wipe PPE surface(s) with Accel Intervention/AHP wipe(s)</li> </ul>			
Performglove hygiene with Accel Intervention/AHP RTU	<ul> <li>Immerse gloved hands into basin and rub together in Accel Intervention/AHP RTU solution without splashing</li> <li>Pat gloves dry with Accel Intervention/AHP wipe</li> </ul>			
Disinfect door handle and plate with Accel Intervention/AHP wipe(s)	Wait one minute after disinfection, then exit			
Enter anteroom space staying in the half of the room closest to the patient room (delineated by tape)	<ul> <li>Primary:</li> <li>Step on walk off mat on exiting patient room</li> <li>Stand facing anteroom exit</li> <li>Stays in half of room closest to patient room (delineated by tape)</li> <li>Remain on mat until doffing is completed and ready to exit the anteroom</li> </ul> Monitor:			
	<ul> <li>Reassure Primary to use slow pace and remain focused</li> <li>Reinforce Primary you are there to assist</li> </ul>			
Assistant enters anteroom staying in the half of the room closest to hallway (anteroom exit)	<ul> <li>After door to patient room closes (following Primary's entrance)</li> <li>Step onto disinfectant mat</li> </ul>			
Perform glove hygiene with Accel Intervention/AHP RTU	<ul> <li>Primary</li> <li>Immerse gloved hands into basin and rub together in Accel Intervention/AHP RTU solution without splashing</li> <li>Stand facing anteroom exit</li> <li>Reassure Primary to use slow pace and remain focused</li> <li>Reinforce to Primary you are there to assist</li> </ul>			
lf worn, remove overshoes	<ul> <li>Primary:</li> <li>Remain on disinfectant mat when removing overshoes</li> <li>Use toe to heel technique to remove overshoes</li> <li>Assistant:</li> <li>Place in no-touch waste receptacle</li> </ul>			
lf overshoes worn, perform glove hygiene with Accel Intervention/AHP RTU	<ul> <li>Primary and Assistant</li> <li>Immerse gloved hands in Accel Intervention/AHP RTU solution and rub together without splashing</li> </ul>			
Doff outer GREEN gloves	<ul> <li>Glove to glove, skin to skin technique</li> <li>Grasp first glove at palm and remove glove</li> <li>Scoop fingers under cuff of remaining GREEN glove and remove, pulling it inside-out on</li> </ul>			

	removal	
	Place in no-touch waste receptacle	
Performglove hygiene with	Immerse gloves in Accel Intervention/AHP	
Accel Intervention/AHP RTU	solution and rub together without splashing	
Doff gown with assistance		
Don gown with assistance	Primary:	
	Turn and face away from the Assistant     Assistant:	
	• Undo neck (top) and then waist (middle) ties	
	<ul><li>Grasp gown at the shoulders</li><li>Ease gown midway down upper arm</li></ul>	
	S 7 11	
	Step to the side	
	Primary:	
	Turn and face Assistant	
	Hook fingers under opposite cuff	
	Pull gown over hand	
	Use gown covered hand to pull gown over other hand	
	• Pull gown off without touching outside of gown	
	• Roll up inside out, rolling away from the body	
	Place in no-touch waste receptacle	
If double gown worn	To Remove Outer Gown:	
, ,	Primary:	
	• Turn and face way from the Assistant	
	Assistant:	
	• Undo neck (top) and then waist (middle) ties	
	Grasp gown at the shoulders	
	• Ease gown midway down upper arm	
	• Step to the side	
	Primary:	
	Turn and face Assistant	
	Hook fingers under opposite cuff	
	• Pull gown over hand	
	Use gown covered hand to pull gown over other hand	
	• Pull gown off without touching outside of gown	
	• Roll up inside out, rolling away from the body	
	• Place in no-touch waste receptacle	
	To Remove Inner Gown:	
	Primary:	
	• Turn and face away from Assistant	
	Assistant:	
	• Grasp second (inner) gown by the shoulders and	
	peel it partway down upper arm	
	• One sleeve at a time grasp at the cuff and remove	
	gown rolling outside to inside	
	• Place in no-touch waste receptacle	
Performglove hygiene with	Primary and Assistant	
Accel Intervention/AHP RTU	• Immerse gloved hands in Accel Intervention/AHP RTU solution and rub together without splashing	
Doff shoe/leg covers with	Primary	
assistance	Follow direction of the Assistant	
		<u>i I</u>

	Hold on to grab bar as required for stability	
	Assistant	
	Peel leg covers down slowly by handling the	
	outside	
	Direct Primary to lift heel with toes planted on mate Aggistent to remove shee gover	
	<ul><li>mat; Assistant to remove shoe cover</li><li>Do not touch coverall</li></ul>	
	Place in no-touch waste receptacle	
	Repeat with other shoe/leg cover	
Perform glove hygiene with	Assistant	
Accel Intervention/AHP RTU	Immerse gloved hands in Accel	
	Intervention/AHP RTU solution and rub	
	together without splashing	
Doff full face shield	Face the anteroom exit	
	• Primary to lean forward and grasp strap at the	
	back of the head	
	Close eyes	
	Slowly remove in forward and down motion	
	Place in no-touch waste receptacle	
If worn, remove face shield with	Lean head slightly forward	
bibattachment	• Close eyes and grasp strap at back of the head	
	• Slowly pull away and dispose in no-touch	
	receptacle	
Performglove hygiene with	Primary	
Accel Intervention/AHP RTU	• Immerse gloved hands in Accel Intervention/AHP	
,	RTU solution and rub together without splashing	
If worn, remove hood	Primary	
	Tilt head slightly forward	
	• Grasp at crown of head; use one hand to pull hood	
	forward, away from the body and off head	
	Place in no-touch waste receptacle	
	Perform glove hygiene	
Doff N95 respirator	Face the anteroom exit	
Donnyo roophator	<ul> <li>Primary to grasp elastics at the back of the head</li> </ul>	
	<ul> <li>Close eyes</li> </ul>	
	<ul> <li>Slowly remove in a forward and down motion</li> </ul>	
	<ul> <li>Place in no-touch waste receptacle</li> </ul>	
Performglove hygiene with	Primary	
Accel Intervention/AHP RTU	<ul> <li>Immerse gloved hands in Accel Intervention/AHP</li> </ul>	
Accelinter vention/Afre KTO	RTU solution and rub together without splashing	
Doff coveralls with assistance		
	Primary Maintain contact with walls off mat	
	Maintain contact with walk-off mat	
	Face the Assistant	
	Tilt head/chin upward; keep eyes closed	
	Assistant	
	Keep hands away from Primary's face	
	Undo adhesive	
	• Slowly unzip to lower abdomen by pulling front	
	of coveralls down while Primary tilts head/chin	
	upwards	
	Continue to unzip	

	Primary	
	Turn away from Assistant	
	Assistant	
	• Use outside of hood (at the top) to uncover hood	
	from head	
	<ul> <li>Peel hood cover off by grasping on both</li> </ul>	
	sides of the head. Keep hands away from	
	the Primary's unprotected face	
	Grasp suit by the shoulders	
	Peel suit downwards to expose	
	shoulders, partway down the upper arm	
	• Use outside of sleeves to remove one sleeve at a	
	<ul><li>time; only contact outside of coveralls</li><li>Roll sleeves inwards and roll downward and</li></ul>	
	remove leg portion, similar to removal of shoe/	
	leg covers above; avoid contamination of	
	disposable scrubs	
	Remove coveralls	
	If contaminated surfaces of coveralls contact	
	shoes during removal, wipe shoes with Accel	
	Intervention wipes. Ensure 1 minute wet contact	
	time; allow to air dry	
	Place in no-touch waste receptacle	
Perform glove hygiene with	Primary and Assistant	
AccelIntervention/AHP RTU	• Immerse gloved hands in Accel Intervention/AHP	
	RTU solution and rub together without splashing	
Doffinner BLUE gloves	Maintain contact with walk-off	
	• mat	
	Glove to glove; skin to skin technique	
	Grasp first glove at palm and remove glove	
	• Scoop fingers under cuff of remaining BLUE glove	
	and remove it, pulling it inside-out on removal	
	Place in no-touch waste receptacle	
	Perform HH with ABHR	
Exit Anteroom	Assistant	
	• Turn and face the wall	
	Primary Stop to Assistant side of antersoom and until nock	
	Step to Assistant side of anteroom and untie neck then waist ties of Assistant	
	<ul> <li>Monitor opens door and Primary exits anteroom</li> </ul>	
	<ul> <li>Perform hand hygiene with ABHR outside of</li> </ul>	
	anteroom	
	Log room exit on EVD Room Entrance Log	

A shower is recommended at the end of each shift for the comfort of the healthcare worker. Use the designated shower, remove cooling vest, scrubs, and bathe with soap and water.

# Immerse gloves in Accel Intervention solution/perform HH whenever possible hand contamination has occurred, at any point during PPE removal

Healthcare Worker Name	Date			
Monitor Name Time				
ASSISTANT PPE DOFFING - ONE PERSON AT A TIME	Key Points/ Considerations	✓	Comments	
Perform glove hygiene	After each contact with the Primary			
	Immerse gloves and rub together in Accel			
	Intervention/AHP RTU solution without splashing			
Doff outer <b>GREEN</b> gloves	Glove to glove, skin to skin technique			
	Grasp first glove at palm and remove glove     Second first glove at palm and remove glove     Second first glove at palm and remove glove			
	<ul> <li>Scoop fingers under cuff of remaining GREEN glove and remove it, pulling it inside-out on removal</li> </ul>			
	<ul> <li>Place in no-touch waste receptacle</li> </ul>			
Perform glove hygiene with	Immerse gloved hands in Accel Intervention/AHP RTU			
Accel Intervention/AHP	solution and rub together without splashing			
RTU	Pat dry with Accel Intervention/AHP wipe			
Doffgown	Face the anteroom exit			
	<ul> <li>Undo neck (top) and then waist (middle) ties if not undone by Primary</li> </ul>			
	Hook fingers under opposite cuff			
	Pull gown over hand			
	• Use gown covered hand to pull gown over other hand			
	Pull gown off without touching outside of gown			
	Roll up inside out			
	<ul> <li>Place in no-touch waste receptacle</li> <li>IF DOUBLE GOWN WORN:</li> </ul>			
	<ul> <li>Grab outside of the outer gown at the forearm and pull</li> </ul>			
	down off arm			
	<ul> <li>Grab inside of outer gown with hand of uncovered arm and pull gown off</li> </ul>			
	Place in no-touch waste receptacle			
	<ul> <li>Perform glove hygiene with Accel Intervention/AHP RTU; pat dry with Accel Intervention/AHP wipe</li> </ul>			
	Grab cuff of inner gown and manoeuver sleeve over			
	hand; be careful not to soil scrubs or flap gown around			
	<ul> <li>Use sleeve covered hand to grab gown at waist and slowly remove arm from sleeve</li> </ul>			
	<ul> <li>Grab outside of opposite cuff with gloved hand;</li> </ul>			
	remove remainder of gown			
	Roll up inside out			
Doutour alore here'	Place in no-touch waste receptacle			
Perform glove hygiene with	<ul> <li>Immerse gloved hands in Accel Intervention/AHP RTU solution and rub together without splashing</li> </ul>			
AccelIntervention/AHP RTU	<ul> <li>Pat dry with Accel Intervention/AHP wipe</li> </ul>			
Doff shoe/leg covers	<ul> <li>Hold on to grab bar as required for stability</li> </ul>			
	<ul> <li>Peel leg covers down by handling the outside</li> </ul>			
	Lift heel, remove shoe cover			
	Place in no-touch waste receptacle			
	Repeat with other shoe/leg cover			
Perform glove hygiene with	Immerse gloved hands in Accel Intervention/AHP RTU			

Accel Intervention/AHP RTU	<ul><li>solution and rub together without splashing</li><li>No splashing</li></ul>		
	• Pat dry with Accel Intervention/AHP wipe		
Doff full face shield	Face the anteroom exit		
	• Lean forward and grasp strap at the back of the head		
	Close eyes		
	Slowly remove in forward and down motion		
	Place in no-touch waste receptacle		
If worn, remove face shield	Lean head slightly forward		
with bib attachment	• Close eyes and grasp strap at back of the head		
	Slowly pull away and dispose in no-touch receptacle		
Perform glove hygiene with	Immerse gloved hands in Accel Intervention/AHP RTU		
Accel Intervention/AHP	solution and rub together without splashing		
RTU	Pat dry with Accel Intervention/AHP wipe		
Doff procedure or surgical	Face the Monitor		
mask	Close eyes		
	Procedure masks:		
	<ul> <li>Remove using loops or ties</li> </ul>		
	<ul> <li>Do not touch front of mask</li> </ul>		
	Slowly remove in a forward and down motion		
	Place in no-touch waste receptacle		
Perform glove hygiene with	Immerse gloved hands in Accel Intervention/AHP RTU		
AccelIntervention/AHP	solution and rub together without splashing		
RTU	Pat dry with Accel Intervention/AHP wipe		
Doffinner <b>BLUE</b> gloves	Maintain contact with walk-off mat		
	Glove to glove; skin to skin technique		
	<ul> <li>Grasp first glove at palm and remove glove</li> </ul>		
	Scoop fingers under cuff of remaining BLUE glove and		
	remove it, pulling it inside-out on removal		
	Place in no-touch waste receptacle		
Perform HH	Perform HH with ABHR and exit room		
	Perform HH after exiting room		
	Log room exit on EVD Room Entrance Log		

A shower is recommended at the end of each shift for the comfort of the healthcare worker. Use the designated shower, remove scrubs, and bathe with soap and water