



## Sizing Recommendations for Coveralls

- Coveralls that are easily removed reduce the risk of contamination. Therefore, coveralls should be appropriately sized so that excessive tugging or pulling does not occur during their removal.
- When height/weight are borderline or lie within two size ranges, choose the larger size.
- After choosing the estimated coverall size on the sizing chart, take the time to try this size on in the demonstration coveralls to ensure an appropriate fit.
- The sizing charts are meant to give you a starting point when choosing a size. You may decide to go up or down a size depending on your body type/size. The most reliable way to determine the correct size is to test for an appropriate fit.
- **To test for an appropriate fit:**
  - Request the help of an assistant
  - Don coveralls with the hood up and the zipper pulled all the way to the top
  - Tilt head back and have assistant unzip zipper. There should be no tightness through the length of the coverall.
  - Turn your back to assistant. Tilt head back and drop arms to sides. Have assistant remove hood. There should be no excess of tugging to remove hood.
  - Maintaining same position, have assistant lower coveralls off of your shoulders. Assistant should be able to gently lower coveralls with no excess of tugging or pulling.
  - Progress with doffing process for removing coveralls. Booties should not be overly tight or require an excess of tugging or pulling to remove.

## Dupont Tychem QC Footed Coveralls

	Height*	Weight*	Estimated Coverall Size
	5' – 5'7"	125-160 lbs	Large
	5'5" -5'10"	140-200 lbs	XL
	5'9" -6'	180-230 lbs	3XL
	6'2" – 6'5"	230-260 lbs	4XL

*\*If height/weight is borderline or falls between two sizes, choose the larger size.  
Note that with Dupont Coveralls shoe size should not be an issue.*

## Lakeland Saranex Coated Chemmax 2 Footed Coveralls

	Height*	Weight*	Shoe Size	Estimated Coverall Size
	5' – 5'7"	125-160 lbs		XL
	5'5" -5'10"	140-200 lbs	Fits male shoe size <8	2XL
	5'7" -6'2"	150-220 lbs	Fits male shoe size ≤ 10	3XL

*\*If height/weight is borderline or falls between two sizes, choose the larger size*

## Kimberly Clark KleenGuard A60 Non-Footed Coveralls

	Height*	Weight*	Estimated Coverall Size
	<5'	<110 lbs	M
	<5'-5'2"	100-120 lbs	L
	5' – 5'4"	115-140 lbs	XL
	5'2" – 5'7"	125-160 lbs	2XL
	5'3"- 5'8"	150-175 lbs	3XL
	5'3"-5'8"	175-220 lbs	4XL
5'3- 6'0	200-250 lbs	5XL	

*\*If height/weight is borderline or falls between two sizes, choose the larger size*