

## Standard Worksheet

**Process:** Patient/Resident/Client Hand Hygiene Prior to Eating  
**Desired Goal or Outcome:** All patients have clean hands prior to eating

STEP #	DESCRIPTION	KEY POINTS / IMAGES	WHO
1	<input type="checkbox"/> Perform Hand Hygiene (HH).	Clean own hands before passing meal trays.	Health Care Worker (HCW)
2	<input type="checkbox"/> Offer alcohol based hand rub (ABHR), hand hygiene wipes, and/or encourage hand washing to each patient/resident/client (P/R/C) receiving a meal tray or snack.	Bring ABHR or hand wipes to P/R/C bedside as needed.  Offer and assist if required, each P/R/C a squirt of ABHR, provide a hand hygiene wipe, or hand washing prior to ingestion of food. If providing ABHR or a wipe, ensure the P/R/C can reach it.	HCW
3	<input type="checkbox"/> P/R/C on Additional Precautions (isolation):	Clean own hands and apply personal protective equipment (PPE) as appropriate.  Upon entering the bedside area, offer and assist if required, each P/R/C a squirt of ABHR, hand hygiene wipe, or hand washing prior to ingestion of food. If providing ABHR or a wipe, ensure the P/R/C can reach it.  Remove PPE as required and perform HH prior to moving to the next P/R/C room.  Keep ABHR in the P/R/C Room while on additional Precautions (if appropriate/applicable to clinical location).	HCW
4	<input type="checkbox"/> P/R/C who is not in his/her room at meal time (e.g., test, walk)	Wash own hands.  Bring ABHR to P/R/C once he/she has returned to the room.  Offer each P/R/C a squirt of ABHR, a hand hygiene wipe, or hand washing prior to ingestion of food. If providing ABHR or a wipe, ensure the P/R/C can reach it.	HCW
5	<input type="checkbox"/> Perform HH		HCW

