



Appendix B

Resident and Family/Visitor **Droplet Precautions Information Sheet**

What are Droplet Precautions?

Germs are spread by large droplets that are produced when a person coughs or sneezes. These droplets are pushed a short distance through the air and can settle in the eyes, nose or mouth of another person. Droplets generally travel up to 2 metres (6 feet) in distance and can settle on surfaces. This is called Droplet Transmission. Droplet Precautions help stop the spread of germs carried by droplet transmission.

What procedures are used for Droplet Precautions?

- The resident may be given a private room. The door can be kept open. If the resident is not placed in a private room, the curtain may be drawn around the bed
- A sign will be placed on the door or cubicle curtain to let everyone know the special precautions required
- Staff will wear masks and eye protection when they are within 2 metres (6 feet) of the resident
- Staff will take the resident out the room for medically essential purposes only
- Before entering and before leaving the room all staff, residents and visitors will wash their hands with soap and water if visibly soiled, or use an alcohol-based hand rub

What can the resident do to help?

- Cover their nose and mouth with a tissue when they cough or sneeze, and throw the tissue away in the wastebasket in the room
- Stay in the room unless staff has approved leaving the room
- Put on a mask before leaving the room and keep the mask on when out of the room
- Wash hands with soap and water if visibly soiled, or use an alcohol-based hand rub
 - Before leaving the room
 - After coughing or sneezing
 - After going to the bathroom
 - Before eating

What should family/visitors do?

- Read the sign on the door and discuss with the staff what precautions to follow:
- Staff will educate family members/visitors on the necessary precautions
- Wear masks as instructed by staff
- Wash your hands with soap and water if visibly soiled, or use an alcohol-based hand rub before entering and before leaving the room
- Limit visitors to family members and close friends

Ask the nurse if there are any questions