



## Appendix 4.

### Personal Protective Equipment (PPE) Options for Routine Practices

This list identifies PPE available to provide appropriate protection:

#### **Gloves:**

- Options include procedure or surgical gloves
- Non-powdered gloves are recommended to avoid reactions with alcohol based hand rub
- Should cover the sleeve cuffs when a gown is worn
- Are single use, task-specific, and appropriately sized
- Do not re-use or wash (*exception*: reusable utility gloves)
- Prolonged use can result in germ transmission. When another indication for hand hygiene occurs while wearing gloves, remove gloves and perform hand hygiene

#### **Long Sleeved Gowns and Other Apparel:**

- Protect uncovered skin and clothing during activities and procedures likely to produce soiling or generate splashes or sprays of blood, body fluids, secretions or excretions
- Different options available (e.g., reusable/disposable, fluid repellent, sterile)
- Select appropriate gown based on the:
  - Anticipated degree of contact with infectious material
  - Potential for blood and body fluid penetration (fluid repellence when heavy liquid contamination is anticipated (e.g., operating theatre, dialysis))
  - Requirement for sterility (e.g., operating theatre, central line insertion)

#### **Facial Protection:**

##### ***Masks:***

- Includes procedure or surgical masks
- Protect mucous membranes of the nose and mouth during patient care activities and procedures likely to generate splashes or sprays of blood, body fluids, secretions or excretions

##### ***Eye Protection:***

Consider protection from splashes in all directions.

- Includes safety glasses or goggles, face shields or masks with visor attachment. Does NOT include prescription or fashion glasses
- Protects eyes during patient care activities and procedures likely to generate splashes or sprays of blood, body fluids, secretions or excretions
- Choose eye protection that does not impair vision and thereby interfere with patient care or cause a safety issue