

Remember to practice

4
moments



Winnipeg Regional
Health Authority

Caring for Health

Office régional de la
santé de Winnipeg

À l'écoute de notre santé

**OF HAND
HYGIENE**

1 BEFORE initial patient, resident, client (PRC) or environment contact

2 BEFORE aseptic/
clean procedure

3 AFTER body fluid
exposure risk

4 AFTER PRC/PRC
environment contact





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