

Site/Organization	Catchment Area	Referral Process	Eligibility
Access River East 975 Henderson Hwy R2K 4L7 Tel: 204-938-5000 Fax: 204-938-5119	ARE Primary Care patients and patients living in the River East catchment area with postal code: R2L, R2K, R2G, R2E	Physician or Healthcare professional from Access River East primary care clinic	<ul style="list-style-type: none"> · Individual Counseling · group diabetes education
Access Transcona 845 Regent Ave West R2C 3A9 Tel: 204-938-5700 Fax: 204-938-5510	AT Primary Care patients and patients living in the Transcona catchment area with postal code: R2C, R3W	Physician or Healthcare professional from Access Transcona primary care clinic	<ul style="list-style-type: none"> · Individual Counseling · group diabetes education
Breast Health Centre 100-400 Tache Ave. R2H 3C3 Tel: 204-235-3906 Fax: 204-231-3839	Manitoba	Self-referral, Referral from healthcare professional	Individual counseling for breast health, breast cancer and nutrition issues during treatment and followup including group education for bone health and lifestyle
CancerCare Manitoba 675 McDermot Ave. R3E 0V9 Tel: 204-787-4077 Fax: 204-786-0623	Manitoba, Will see patients from outside Manitoba if they are being followed by oncologist at this facility	Multi-disciplinary referrals, Self-referral	Individuals receiving acute or follow-up treatment, metastatic breast cancer only **Non-metastatic breast cancer patients can be referred to WRHA Breast Health Centre**
Centre de Sante St. Boniface 409 Tache Ave. R2H 2A6 Tel: 204-235-3910 Fax: 204-237-9057	Francophone - city wide and St. Boniface residents (R2H, R2J, R3X), French or English services	Self-referral, and referral from health professional	Therapeutic and general nutrition counseling, diabetes education, individual or group sessions

Site/Organization	Catchment Area	Referral Process	Eligibility
Deer Lodge Centre 2109 Portage Ave R3J 0L3			
*Dysphagia Outpatient Clinic Tel: 204-831-2568	Manitoba	Physician	Symptoms of dysphagia (high nutritional risk clients screened to see RD) or patient request
* Motor Neuron Disease Clinic Tel: 204-831-2568	Manitoba, NW Ontario, Saskatchewan	Physician referral to central intake	Substantiation of diagnosis by neurologist
* Movement Disorder Clinic Tel: 204-940-8400	Manitoba	Physician	Therapeutic nutrition counseling
* PRIME Program Tel: 204-831-2568	Winnipeg	Physician, Homecare, Day Hospital, Allied Health, self referral	Program is focused on keeping frail elderly at home, set criteria must be met for enrolment in program. Program enrolment required prior to RD service
Grace Hospital 300 Booth Drive R3J 3M7 Tel: 204-837-0207 Fax: 204-885-7909	City Wide	Ambulatory Care - only sees patient if they were inpatients and referred by hospital clinical RD AMC - only sees those patients referred to the adult medicine clinic	Clinical Nutrition Medicine Program
Health Action Centre Primary Care, Access Downtown 640 Main Street R3B 0L8 Tel: 204-940-1626 Fax: 204-942-7828	Postal Codes: R3A, R3B, R3E	Self-referral, referral from Health professional, internal clinic referral	Therapeutic, individual and group diabetes education
Health Action Centre Health Services for the Elderly 425 Elgin Ave. R3A 1P2 Tel: 204-940-3817 Fax: 204-940-3830	Area bordered by Red River (E), Inkster (N), Keewatin (W) and the Assiniboine River (S)	Self-referral, referral from Health Professional, referral from on-site clinics	Seniors >60 years of age requiring therapeutic or healthy eating counseling

* Regular business hours
11/04/2013

Site/Organization	Catchment Area	Referral Process	Eligibility
Health Sciences Centre 820 Sherbrook Street R3A 1R9			
* Child and Adolescent Mental Health Program Tel: 204-787-7218	Manitoba	Nutrition counseling is available after a comprehensive assessment by team, self-referrals and health professionals	Child & Adult Eating Disorders
* Children's Hospital Tel: 204-787-4057	Manitoba, NW Ontario & Territories	Health professional or Physician	Therapeutic, FTT, Multiple allergies, Crohn's Disease, Hyperlipdemia
* CF Clinic Tel: 204-787-2543	Manitoba, NW Ontario & Territories	Physician	Pediatric Cystic Fibrosis only
* Diabetes Education Centre Tel: 204-787-7852	Manitoba, NW Ontario & Territories	Physician referral	Diabetes education and management
* Diabetes Education Resource for Children & Adolescents (DERCA) Tel: 204-787-3011	Manitoba, NW Ontario SE Saskatchewan	Physician, healthcare professional, self-referral	Pediatric Type 1, Type 2 and pre-diabetes education. Diabetes education and medical care for children and adolescents with Type 1 or Type 2 diabetes and their families
* Multiple Sclerosis Clinic Tel: 204-787-5111	Manitoba	Neurologist, Nurse Allied Health, Screening Tool	HSC Multiple Sclerosis patients only
* Out-Patient Tel: 204-787-3327	Any person with a HSC # in MB, ON & Nunavut	Physician or health professional within HSC	Therapeutic weight control / healthy eating
* Progressive Neuromuscular Disorders (PND) Swallowing and Nutrition Clinic Tel: 204-787-5105	Manitoba, NW Ontario, Nunavut, SE Saskatchewan	Physician only with referral from and signed modified barium swallow	16 years or older with PND who would benefit
* Psych Health Centre, Mental Health Program Tel: 204-787-5179	Manitoba	Any psychiatrist or health professional from centre	Adult eating disorders & other mental health issues
* Rehabilitation Hospital Tel: 204-787-2250	Manitoba	Health professional from Rehab	all types of rehabilitation needs
* Renal Clinic Tel: 204-787-3637	Manitoba	Seen by Nephrologist	Pre-dialysis education

* Regular business hours
11/04/2013

Site/Organization	Catchment Area	Referral Process	Eligibility
* Women's Hospital, Women's Health Program Tel: 204-787-1162	Manitoba, NW Ontario & Territories	Physicians with admitting privileges at Women's, Health professionals at Women's	Prenatal gestational diabetes
Home Care Tel: 204-940-6639 Fax: 204-940-8409	Clients open to WRHA home care program that are unable to access other RD ambulatory service due to lack of access or inability	Referrals from health professional or Physician	Therapeutic Diets - will provide home visits
Klinic 870 Portage Ave. R3G 0P1 Tel: 204-784-4090 Fax: 204-784-4013	Postal Codes: R3B, R3G, R3E, R3C, R3A (South of Logan)	Self-referral and referral from health professional	Therapeutic, healthy eating, individual diabetes education
Manitoba Home Nutrition Program - Adult Tel: 204-7871831 Fax: 204-940-1933 Manitoba Home Nutrition Program - Pediatrics Tel: 204-787-3505 Fax: 204-477-5547	Manitoba	Physician	Home tube feeding, TPN or hydration > 2 weeks, Inability to meet nutritional requirements by oral route
Mature Women's Centre (within Victoria Hospital) 2340 Pembina Hwy. R3T 2E8 Tel: 204-477-3505 Fax: 204-275-8546	Manitoba, NW Ontario	Physician or health care professional from Mature Women's Centre	Individual counseling
Misericordia Health Centre 99 Cornish Ave. R3C 1A2			
* Urgent Care/Ambulatory Care Tel: 204-788-8187	City Wide	Physician referral	Therapeutic
* MHC for Lungs Tel: 204-788-8023	Manitoba	Physician or self-referral	Patients with COPD

* Regular business hours

11/04/2013

Site/Organization	Catchment Area	Referral Process	Eligibility
* Easy Street Rehab Program Tel: 204-788-8158	Manitoba	Physician or other health professional	Therapeutic
Mount Carmel Clinic 886 Main Street R2W 5L4 Appt Tel: 204-582-2311 ext: 9245	Point Douglas and new comers only (persons who have immigrated to Canada within the last 5 yrs & residents of Winnipeg)	Self-referral or referral from health professional	Therapeutic, healthy eating, diabetes group education, individual counseling
Access NorWest 785 Keewatin Street R2X 3B9 Tel: 204-940-2020 Fax: 204-632-4666	Inkster, postal codes: R2R, R2X, R3E	Self-referral or referral from health professional	Therapeutic, general nutrition counseling, diabetes education and support groups
Provincial Eating Disorder Prevention & Recovery Program (out of women's health clinic) 419 Graham Ave. R3C 0M3 Tel: 204-947-2422 ext: 137 Fax: 204-944-0223	Manitoba	No direct dietitian referral, will see dietitian upon successful intake into the program Self-referral or referral from health professional into the program	Males and females (16 and up) community eating disorder treatment program (anorexia, bulimia, binge eating), primary group based treatment - some individual counseling and dietitian support
Provincial Health Contact Centre (within Misericordia Health Centre)			
* Dial-A-Dietitian Tel: 204-778-8248 or 1-877-830-2982	Manitoba	Self-referral, healthcare professional	General nutrition
* TeleCARE/TeleSOINS Tel: 204-788-8688 or 1-866-204-3737	Manitoba	Physician, health care professional or self referral	Self management of Type 2 diabetes and heart failure
REH-FIT Centre 1390 Taylor Ave. R3M 3V8 Tel: 204-488-8023 Fax: 204-488-4819	Winnipeg	Members: self referral (1 annual complimentary consult, f/u fee) Non-members: self referral referral from physician, health professional	Therapeutic and general nutrition counseling. Group counselling / education sessions *Fee for service
St. Amant: Community Support Program 440 River Road R2M 3Z9 Tel: 204-256-4301	Manitoba	Community support workers completes application form	Adult & children with intellectual / developmental disabilities living in the community. Must be open to either supported living program or children's special services. Individual & group

* Regular business hours
11/04/2013

Site/Organization	Catchment Area	Referral Process	Eligibility
Fax: 204-257-4349			counselling. Feeding, swallowing, nutrition clinic.

St. Boniface Hospital

409 Tache Ave.
R2H 2A6
204-233-8563

* Family Medical Centre (FMC)	Manitoba, NW Ontario	Referral from physician with admitting privileges to FMC	Individual counseling, group diabetes classes
* Ambulatory Care Facility (ACF) - General Nutrition Consults	Manitoba, NW Ontario	Referral from physician with admitting privileges to ACF	Individual counseling (medicine, cardiac, GI, etc.)
* Ambulatory Care Facility (ACF) - Outpatient Multidisciplinary Clinics	Manitoba, NW Ontario	Referral from physician or known to service / program	Endocrine clinics, Renal clinics, prenatal adolescent clinic
* Cardiac	Manitoba, NW Ontario	Standard referral for AMI and cardiac Sx patients	Heart healthy nutrition group classes
* CHF	Manitoba, NW Ontario	SBH and VGH CHF program patients	CHF group class
* Lipid Clinic CR 3127 - 369 Taché Avenue R2H 1A6	Manitoba, NW Ontario	Physician	High risk lipid

Victoria General Hospital

Site/Organization	Catchment Area	Referral Process	Eligibility
2340 Pembina Hwy. R3T 2E8 Tel: 204-477-3380 Fax: 204-275-8546			
Victoria General Hospital - Outpatient	South Winnipeg	Physician referral, health care professional within VGH	Therapeutic and general nutrition counseling
VGH Diabetes Education Centre Tel: 204-477-3305 Reception Fax: 204-275-8546	South Winnipeg	Physician referral, health care professional within VGH	For diabetes education and management
Centre for Metabolic and Bariatric Surgery Tel: 204-477-3540 Reception Fax: 204-477-3299	Manitoba	Physician referral	Individual/group counseling for those accepted for bariatric surgery
Wellness Institute 1975 Leila Ave. R2P 2W7 Tel: 204-632-3910 Fax: 204-694-2712	City - Wide	Self-referral or physician referral	Therapeutic and, other individual & group counseling _*Fee for service
WRHA Healthy Aging Resource Team 2015 Portage Ave. (2nd Floor) R3J 0K3 Tel: 204-940-2683 Fax: 204-987-8856	St. James, Assiniboina, Assiniboine South (R2Y, R3J, R3K, R3R, R3S, R3P)	Self-referral or referral from health professional	Seniors 55+ therapeutic
WRHA Nutrition & Food Services Outpatient Dietitian 345 DeBaets Street R2J 4K3 Tel: 204-654-5100 Fax: 204-943-6278	Winnipeg Health Region	Health care professional, self-referral	Pre-diabetes, metabolic syndrome, malnutrition / unintended weight loss, pediatric overweight or obesity
Women's Health Clinic 419 Graham Ave.	Manitoba	Self-referral or referral from health professional	Females only (12 and up), women concerned with weight, chronic dieting,

Site/Organization	Catchment Area	Referral Process	Eligibility
R3C 0M3 Tel: 204-947-1517 Fax: 204-944-0223			emotional eating and disordered eating
Youville Centre - St. Boniface 33 Marion Street R2H 0S8 Tel: 204-233-0262 Fax: 204-233-1520	City - Wide: for people residing in communities without existing diabetes educational services	MD referral	Diabetes only
Youville Centre - St. Vital 6-845 Dakota Street R2M 5M3 Tel: 204-255-4840 Fax: 204-255-4903	Postal Codes: R2M, R2N	Self-referral and referral from health professional	Individual therapeutic counseling. Group counselling also provided