

Baby Friendly Initiative (BFI) 20-Hour Breastfeeding Course

1. All Public Health Nurses (PHNs); Dietitians and practicum nursing students (where space is available) are asked to complete the following required self-learning assignments prior to attending the BFI 20-hour breastfeeding course. The attachment below is a pamphlet which provides an overview of the topics covered during the course.



BF WHO - 20 Hr
Course Overview pan

2. Print off the *Mother/Infant Self-Reflection Guide for Nurses and Clinical Case Studies booklet*
Read the booklet and complete the questions prior to attending the in class sessions
Bring the completed booklet with you to class



BFI WHO Course
Case Studies Pre-Clas

3. Print off the attached *Healthy Term Infant Guidelines* assignment
Complete the questions prior to attending the in class session
Bring the completed assignment with you to class. This will be marked and returned to you
Completing this assignment will require you to look in the WRHA Breastfeeding Guidelines for the Healthy Term Infant
http://www.wrha.mb.ca/extranet/publichealth/files/BFG_HealthyTermInfant_June2013.pdf



BF WHO course
Healthy Term Infant (

4. Watch the *Hands-on Pumping* video before attending class
<https://med.stanford.edu/newborns/professional-education/breastfeeding/maximizing-milk-production.html>

July 16, 2018

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