

Feeding Healthy Term Infants Resource Manual

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Purpose of the Resource

The *Feeding Healthy Term Infants Resource Manual* provides current evidence-based guidelines on feeding topics for healthy term infants. This resource is intended for use by public health nurses, registered dietitians and affiliated healthcare professionals.

The majority of the recommendations contained herein pertain to healthy term infants aged birth to 12 months. Some recommendations pertain to children 1–4 years of age. Breastfeeding recommendations are not included in these recommendations, as other resources regarding breastfeeding are available such as the WRHA Breastfeeding Practice Guidelines for the Healthy Term Infant (http://www.wrha.mb.ca/healthinfo/prohealth/files/BF_Guidelines.pdf).

All recommendations are based on current scientific evidence and best practice guidelines as of March 2017. The rationale for the grading of recommendations with respect to available evidence is outlined in the Appendix. Recommendations are subject to change as research, knowledge and experience evolve. This document will be updated periodically to reflect these changes.