

IMPACT: Fall Prevention

Goal: Prevention of injuries and death due to falls in community dwelling older adults.

Inputs	Outputs		Outcomes		
	Activities	Participation	Short	Medium	Long
<p>What we invest</p> <p>Injury Prevention Team</p> <p>Internal Partners (Home Care, Mental Health, Primary Care, Public Health, Ambulatory Care settings, Acute and Long term care)</p> <p>External Partners (Manitoba Government, Non-Profit organizations, City of Winnipeg, Business, Universities, Allied Health Professionals, etc.)</p> <p>Manitoba Falls Prevention Network</p> <p>WRHA and PPH Supports (PHILs, Surveillance, Communication, Legal, HR, etc.)</p> <p>Program Funding</p>	<p>What we do</p> <p>Injury Surveillance and Data</p> <ul style="list-style-type: none"> Develop user-friendly summary of Winnipeg Report falls chapter. Explore variance in WRHA Fall hospitalization length of stay and mortality trends Monitor and communicate regional fall indicators. Explore additional falls surveillance sources (EDIS, EMS and CHIRPP). <p>Leadership and Collaboration</p> <ul style="list-style-type: none"> Advocate for and support the development of regional fall prevention strategy in collaboration with all sectors and the WRHA Fall Prevention Leadership Committee. Lead the implementation of a sustainable fall prevention strategy for the WRHA Community and Ambulatory Care programs and sites. Collaborate with Manitoba Government departments on provincial fall prevention strategies and programs. Lead on development of fall prevention training with various partners. Collaborate with internal partners to implement fall prevention strategies (i.e., community areas, programs, and sites). <p>Communication</p> <ul style="list-style-type: none"> Promote current fall prevention guidelines to individuals, community partners and professionals. Develop and disseminate fall prevention community presentations. Monitor & communicate significant changes to fall prevention guidelines. <p>Strengthening Capacity</p> <ul style="list-style-type: none"> Develop, implement and evaluate fall prevention training for community and ambulatory care staff. Support the development of fall prevention training for external partners. Develop online resources and training for professionals. <p>Policy and Advocacy</p> <ul style="list-style-type: none"> Advocate for programs and policies that address disparities in fall prevention for older adults. Lead the development of strategies and resources to assist regional programs and staff in meeting the Accreditation Canada Home Safety and Falls Prevention Required Organizational Practices. Take opportunities to address fall prevention issues through policy within the WRHA. <p>Health Equity Promotion</p> <ul style="list-style-type: none"> Develop and evaluate fall prevention resources and approaches for frail and disadvantaged older adults. Advocate for accessible and affordable balance and strength exercise programs. Advocate for affordable fall prevention equipment and services. Advocate for programs and policies that address disparities in fall prevention for older adults (e.g. bus passes). <p>Applied Injury Prevention Research</p> <ul style="list-style-type: none"> Assess gaps and needs in the community-based falls and balance exercise classes. Develop and evaluate effective and sustainable community-based falls and balance exercise programs. Explore program evaluation/monitor opportunities using FROP-Com falls risk screening tool. Develop appropriate and meaningful program evaluations for all major projects (e.g. Peer Exercise Programs) and use findings to improve program effectiveness and reach. 	<p>Who we reach</p> <p>Our 'priority populations':</p> <ul style="list-style-type: none"> - Community dwelling older adults, caregivers and families - Structurally disadvantaged populations - Newcomers - Community/ Ambulatory Care staff - WRHA programs and sites - Professionals - External partners - Policy Makers 	<p>Learning - Awareness, Knowledge, Attitude</p> <p>Increase public and professional knowledge about fall prevention</p> <p>Develop a regional fall prevention strategy</p> <p>Increase availability/ease of access to injury surveillance data for public and professionals</p>	<p>Action- Behaviours, Practice, Policies</p> <p>All community and ambulatory care staff are trained in falls prevention.</p> <p>Sites routinely assess and address falls risks using environmental tools</p> <p>Policies are in place for falls risk screening within community programs and ambulatory care sites</p> <p>Increase in the access and affordability of evidenced-based fall prevention programs (e.g. exercise and balance)</p> <p>Increase in number of fall prevention resources and approaches for frail and disadvantaged older adults</p>	<p>Conditions- Social, Economic, Environmental</p> <p>Reduction in fall-related injuries and fatalities</p> <p>Reduction in the number of fall-related incidents</p> <p>Programs will have the training, tools and resources to comply with Accreditation Canada's Fall Prevention ROP</p>