

Healthy Built Environment  
Population & Public Health  
Winnipeg Regional Health Authority  
Program Monitoring Update  
January – December 2015

Healthy Built Environment (HBE) is one of Population and Public Health's strategic approaches in its programmatic strategic framework. Many services areas are becoming engaged in healthy built environment work, and are reported on within service area program monitoring reports.

Through 2015, a strategic planning process took place to develop a plan to broaden healthy built environment work across all service areas of Population and Public Health. A Strategic Plan was developed and a logic model is being developed. A Healthy Built Environment working group was formed in October 2015. A Healthy Built Environment Specialist, housed in the Physical Activity Promotion service area, has been supporting HBE work in Population and Public Health. Two webinar presentations on healthy built environment and public health were held for Population and Public health staff throughout the region with over 200 staff attending one of the sites. Each presentation was followed by a facilitated discussion to build the capacity and understanding of how the built environment impacts health.

In 2015, the Physical Activity team, with the support of the Healthy Built Environment Specialist, participated in several built environment-related consultation and decision-making processes. Internally, the team continued discussions with WRHA Capital Planning regarding integration of active transportation considerations into WRHA facilities planning and development. The Physical Activity Promotion team also continued to participate in City of Winnipeg planning initiatives. The team participated in consultations and advisory committees towards the development and adoption of the City of Winnipeg Pedestrian & Cycling Strategy. The team also participated on the City's CPR Crossing Project Advisory Committee and continues to be a member of the City's Active Transportation Advisory Committee. Building on relationships developed through the CLASP Healthy Canada by Design initiative, the WRHA continued knowledge sharing with health organizations across the country.