



# Indigenous Health Promotion

Indigenous Worldviews of  
Health and Well-being

# Welcome and Introduction





Betty Ross



**Minoyawin**

# Margaret Lavallee





# Mino Bimaadiziwin



Shane Patterson



WoDakota





**Wichozani**



**Mitakoyasin**

# Conclusion and Instructions

- Consider how Indigenous concepts of health and wellness may differ from the predominant, Western worldview
- Discuss:
  - How differing worldviews may cause conflict between Indigenous peoples and non-Indigenous care providers;
  - How might the different worldviews impact how Indigenous communities receive health services planned from a western worldview; and,
  - How this may impact the health and well being of Indigenous peoples.