The Appropriation of Our Health

Marcia Anderson

May 18, 2017

Win-Nipi, Manitou-Api*

*Muddy/ Murky Waters, Where The Spirit Rests
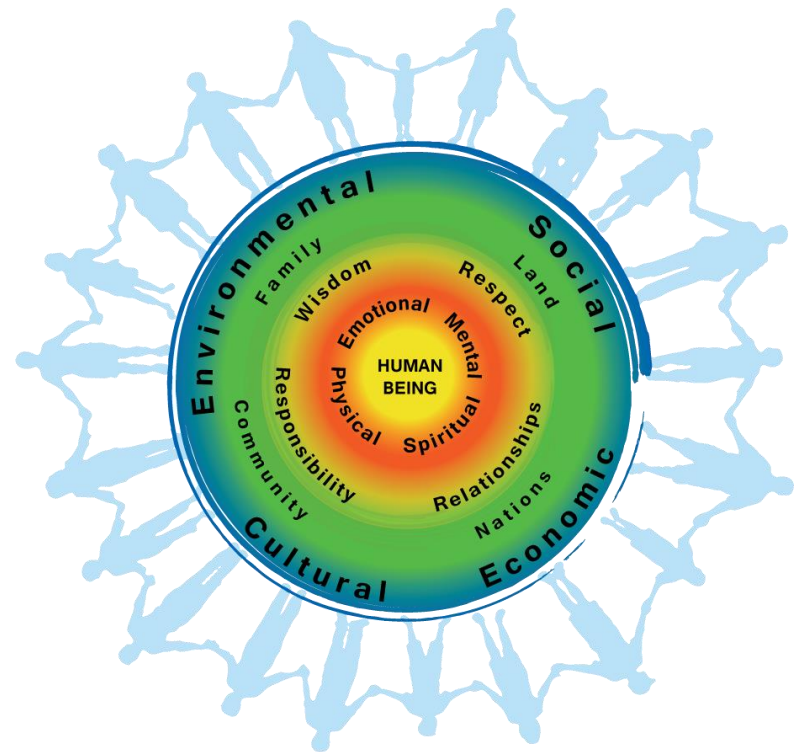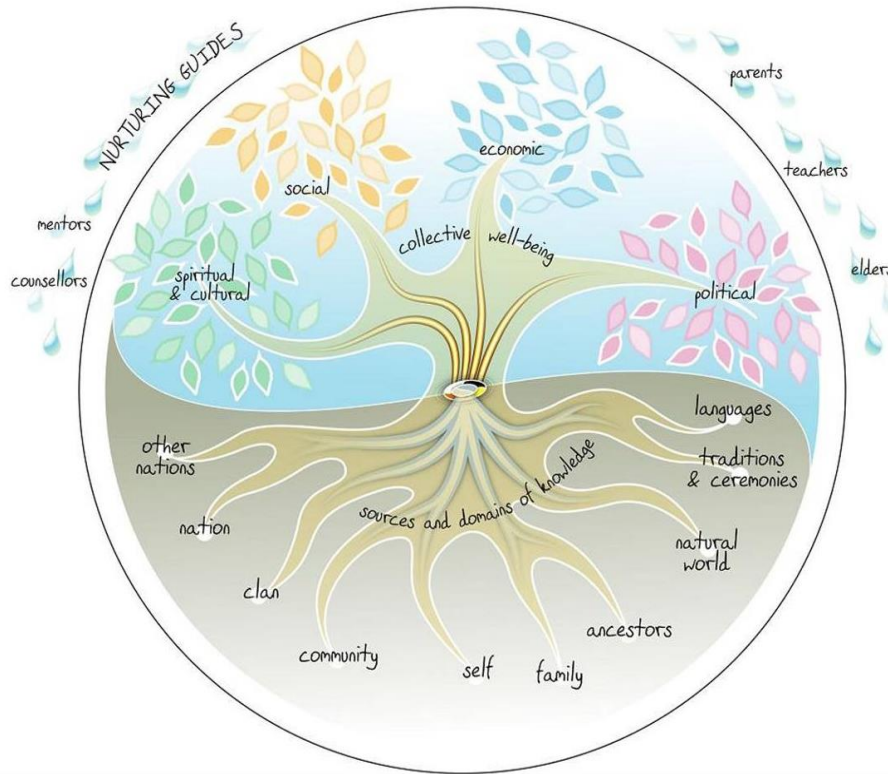
(Brian Gable/The Globe and Mail)

Appropriation:

The act of setting apart or taking for one's own use
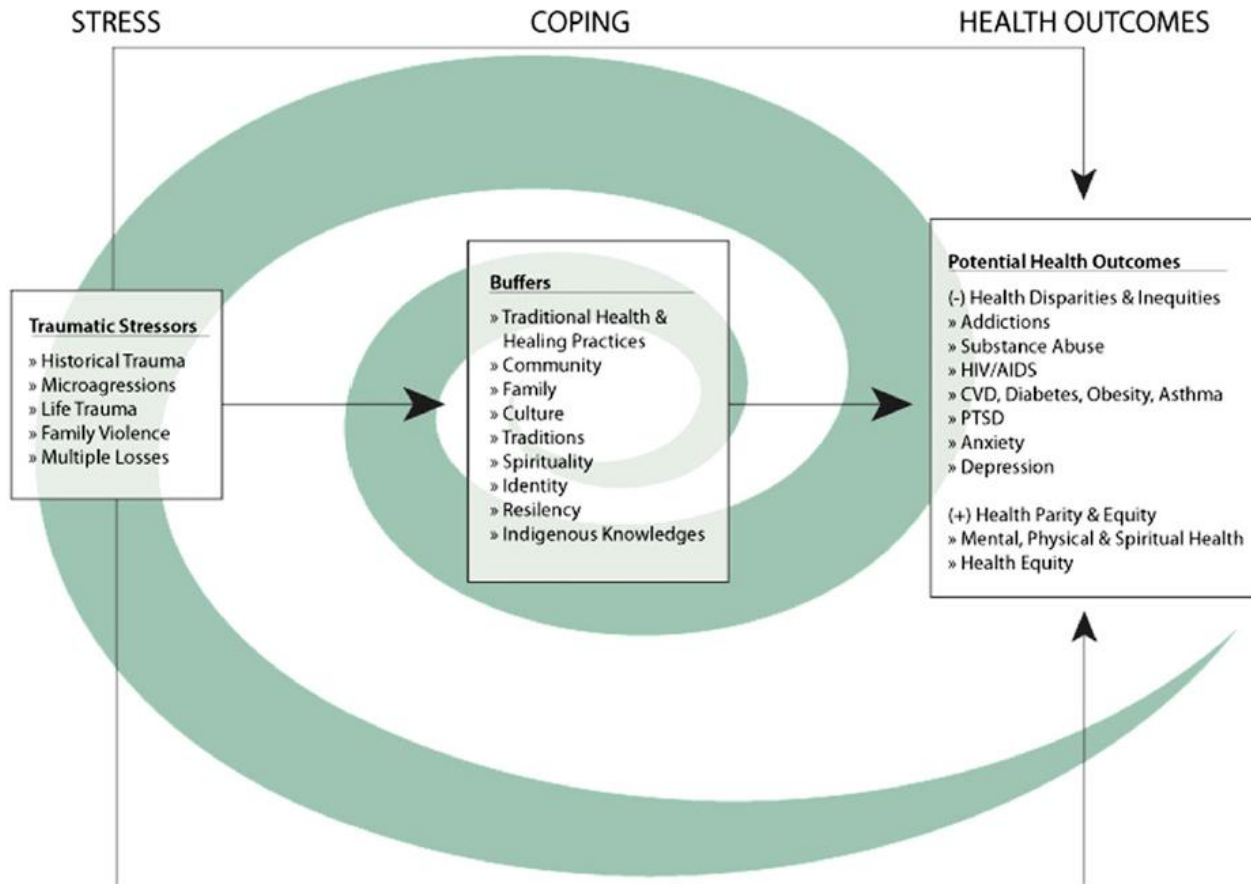
Health Models

Health Outcomes

Figure 1. Adapted Indigenist Stress Coping Model (adapted from Walters & Simoni, 2002).

and helped each other. Before there were licensed midwives, there were women who gained expertise through experience, by learning from other women, and by receiving the wisdom passed down from many generations. Before there were highly trained lawyers and professionals, there were elders and councils that deliberated over problems. Now the helping professions are highly specialized. They require credentials and licenses. They are part of institutions that have certainly improved services in many ways. For example, today's midwives have more tools to save lives than the lay midwives of the past. However, the institutionalization of the helping professions has also had a detrimental effect. It is harder for regular people – for the whole community – to feel they are part of a process for generating solutions to issues that directly affect them.

Another way that people are cut off from participating in

Recruiting the Heart, Training the Brain: The Work of Latino Health Access
(America Bracho et al.)