

**Nutrition Promotion Program Monitoring**  
**Group Services - Quarterly Report**  
 March to May 2015

This report presents data collected by public health dietitians/nutritionists regarding groups conducted from March to May 2015.

**Analysis by Group**

**Number of Groups by Month**

GROUP								
Month	CNE	EAL	HB	HSMM	INC	Other	RHE	TOTAL
March	5	1	50	6	6	19	0	87
April	0	0	55	12	6	15	1	89
May	1	2	48	9	5	15	0	80
<b>TOTAL</b>	<b>6</b>	<b>3</b>	<b>153</b>	<b>27</b>	<b>17</b>	<b>49</b>	<b>1</b>	<b>256</b>

**Legend**

**CNE** = Community Nutrition Educator facilitated session  
**EAL** = EAL Toolkit Train-the-Trainer Workshop  
**HB** = Healthy Baby  
**HSMM** = Healthy Start for Mom & Me  
**INC** = Infant Nutrition Class  
**RHE** = Raising Healthy Eaters Workshop

**Number of Participants by Group by Month**

GROUP								
Month	CNE	EAL	HB	HSMM	INC	Other	RHE	TOTAL
March	53	12	608	96	87	194	0	1050
April	0	0	784	280	65	199	14	1342
May	25	44	606	216	70	391	0	1352
<b>TOTAL</b>	<b>78</b>	<b>56</b>	<b>1998</b>	<b>592</b>	<b>222</b>	<b>784</b>	<b>14</b>	<b>3744</b>

### Number of Groups by Group by Community Area

Community Area	GROUP							TOTAL
	CNE	EAL	HB	HSMM	INC	Other	RHE	
(.)	0	0	0	0	0	0	1	1
Assiniboine South	0	0	11	0	0	0	0	11
Downtown	0	2	13	13	0	5	0	33
Fort Garry	1	0	0	6	3	6	0	16
Inkster	0	0	11	0	2	12	0	25
Point Douglas	1	0	9	0	0	3	0	13
River East	0	0	33	0	1	9	0	43
River Heights	0	0	31	0	3	0	0	34
Seven Oaks	0	0	11	8	2	0	0	21
St. Boniface	0	0	11	0	2	0	0	13
St. James Assiniboia	4	0	23	0	2	8	0	37
St. Vital	0	0	0	0	0	1	0	1
Transcona	0	0	0	0	2	5	0	7
Virtual	0	1	0	0	0	0	0	1
<b>TOTAL</b>	<b>6</b>	<b>3</b>	<b>153</b>	<b>27</b>	<b>17</b>	<b>49</b>	<b>1</b>	<b>256</b>

#### Legend

**CNE** = Community Nutrition Educator facilitated session

**EAL** = EAL Toolkit Train-the-Trainer Workshop

**HB** = Healthy Baby

**HSMM** = Healthy Start for Mom & Me

**INC** = Infant Nutrition Class

**RHE** = Raising Healthy Eaters Workshop

## Number of Participants by Group by Community Area

Community Area	GROUP							TOTAL
	CNE	EAL	HB	HSMM	INC	Other	RHE	
(.)	0	0	0	0	0	0	14	14
Assiniboine South	0	0	164	0	0	0	0	164
Downtown	0	44	290	168	0	71	0	573
Fort Garry	25	0	0	248	39	123	0	435
Inkster	0	0	155	0	14	150	0	319
Point Douglas	8	0	55	0	0	20	0	83
River East	0	0	367	0	14	104	0	485
River Heights	0	0	384	0	30	0	0	414
Seven Oaks	0	0	120	176	30	0	0	326
St. Boniface	0	0	143	0	28	0	0	171
St. James Assiniboia	45	0	320	0	39	254	0	658
St. Vital	0	0	0	0	0	10	0	10
Transcona	0	0	0	0	28	52	0	80
Virtual	0	12	0	0	0	0	0	12
<b>TOTAL</b>	<b>78</b>	<b>56</b>	<b>1998</b>	<b>592</b>	<b>222</b>	<b>784</b>	<b>14</b>	<b>3744</b>

### Legend

**CNE** = Community Nutrition Educator facilitated session

**EAL** = EAL Toolkit Train-the-Trainer Workshop

**HB** = Healthy Baby

**HSMM** = Healthy Start for Mom & Me

**INC** = Infant Nutrition Class

**RHE** = Raising Healthy Eaters Workshop

## Analysis by Type of Group

### Number of Types of Groups by Month

Month	GROUP TYPE				TOTAL
	(.)	Direct	Indirect	Train-the-Trainer	
March	0	79	16	1	96
April	0	81	5	3	89
May	1	67	5	9	82
<b>TOTAL</b>	<b>1</b>	<b>227</b>	<b>26</b>	<b>13</b>	<b>267</b>

Note: Some groups may have been both direct and indirect, i.e. both a public health dietitian/nutritionist and a trainee may have been present at the group. Therefore the group could have been counted twice.

## Analysis by Age Group

### Number of Groups by Age Group by Month

Month	AGE GROUP								TOTAL
	A	F	I	P	PW	S	US	Y	
March	4	57	29	0	29	7	2	2	130
April	21	62	25	3	42	1	0	1	155
May	15	59	1	3	27	0	0	1	106
<b>TOTAL</b>	<b>40</b>	<b>178</b>	<b>55</b>	<b>6</b>	<b>98</b>	<b>8</b>	<b>2</b>	<b>4</b>	<b>391</b>

#### Legend

A = Adult  
 F = Families  
 I = Infants  
 P = Preschoolers  
 PW = Pregnant Women  
 S = Seniors  
 US = University Students  
 Y = Youth

Note: Some groups were attended by individuals of various age groups, e.g. pregnant women and preschoolers. Therefore a group would be counted more than once.

## Analysis by Audience

### Number of Groups by Audience by Month

#### AUDIENCE

Month	LI	M	N	ODP	Other	TOTAL
March	8	22	18	20	4	72
April	7	15	26	36	4	88
May	9	33	22	23	13	100
<b>TOTAL</b>	<b>24</b>	<b>70</b>	<b>66</b>	<b>59</b>	<b>21</b>	<b>260</b>

#### Legend

LI = Low Income  
 M = Mixed  
 N = Newcomer  
 ODP = Other Disadvantaged Population

The "Audience" category is an attempt to capture data on those who are being provided services which are disadvantaged. We recognize that it is subjective. An individual may belong to more than one category (e.g. low income and newcomer) or a group may be attended by a variety of individuals, in which case "Mixed" would be chosen and additional descriptors may be listed.