



Service Delivery Standards

TITLE: Public Health Nursing role related to sexual health assessment and counseling.

CODE

APPROVED BY:

Program	Date	Program	Date	TARGET REVIEW DATE	PAGE
<input checked="" type="checkbox"/> Community Health Services Leadership Team	March, 2012	<input checked="" type="checkbox"/> Population and Public Health	March, 2012	March 2014	1 of 2

1.0 PURPOSE

1.1 To clarify service delivery expectations for Public Health Nurses (PHNs) when working with individuals and families regarding sexual and reproductive health assessment and counselling.

2.0 SCOPE & GOAL

2.1 This service delivery standard is applicable to all PHNs working within the Winnipeg Regional Health Authority.

3.0 BACKGROUND

3.1 Sexuality and human reproduction are an integral part of the health and well being of all humans. Acknowledgment and responsiveness to the sexual and reproductive health needs of women and men is foundational to the promotion of healthy lifestyles, disease prevention and the reduction of unplanned pregnancies for men and women. Knowledge and skills are essential to empower women and men to become actively involved in the decision making around their own and their partner's sexual and reproductive health.

3.2 Reproductive health clinical practice guidelines have been developed to guide the work of all health service providers. These guidelines are available as a resource to at www.serc.mb.ca

4.0 SERVICE DELIVERY STANDARDS

4.1 Sexual health assessment and counselling

4.1.1 PHNs will conduct a sexual health assessment and provide relevant counselling based on client need during initial and subsequent contacts (as appropriate) with clients for any of the following:

- prenatal care
- postpartum follow-up
- sexually transmitted infection case and contact investigations.

The assessment and counselling may include (but not be limited to)

- education on family planning and contraception,
- prevention of sexually transmitted and blood borne infections,
- promotion of healthy relationships,
- referral for counselling regarding the client's concerns or questions.

4.2 Reproductive health role of the PHN in Teen Clinics

4.2.1 The role of the PHN is in a variety of system-level population health



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promotion services related to Health Sexuality and/or to ensuring that clients are referred to and aware of Reproductive Health/Teen Clinic services. This is a complimentary role to the services provided by Primary Care providers in Teen Clinics as the role of Teen Clinic Service providers is primarily focused on provision of client services within the clinic setting to the individual or couple.

5.0 RECOMMENDED READING

5.1 Clinical Practice Guidelines for the Delivery of Contraceptive Services, (2011). www.serc.mb.ca.

5.2 Fleming, N., Morris, M., Pymar, H., Smith, T. (2004) Contraception-Meeting special needs. *Journal of Obstetrics and Gynaecology Canada*, 143, 378-379. <http://www.sogc.org/guidelines/public/143E-CPG3-April2004.pdf>.

6.0 RECOMMENDED RESOURCES

6.1 Choosing Wisely. <http://www.sexualityandu.ca/games-and-apps/choosing-wisely-birth-control-selection-tool>.

6.2 SexualityandU. <http://www.sexualityandu.ca/>.

7.0 VALIDATION

7.1 Kennedy, K. & Trussell, J. (2007). Postpartum contraception and lactation. In Hatcher, R., Trussell, J., Nelson, A., Cates, W., Stewart, F., Kowal, D. (EDs) *Contraceptive Technology 19th Revised Edition* (pp 403-422). NY: Ardent Media.

7.2 Black, A., Francoeur, D., Rowe, T. (2004). Canadian Contraceptive Consensus chapters 1-11. *Journal Obstetrics and Gynaecology Canada* 26(2), 143-387. http://www.sogc.org/guidelines/index_e.asp#Contraception.