

Perinatal Mental Health

Prior to attending the Perinatal Mental Health in-person orientation session, all staff are asked to complete the following

1. View the video “Life with a New Baby”. There should be a copy in each office, or you can view it on-line at <https://www.youtube.com/watch?v=xA1l8kpdwsc>.
2. Review the Perinatal Mental Health Toolkit. There should be copies in each office, or you can view it at <http://www.wrha.mb.ca/extranet/publichealth/files/PMHToolkitDEC2014.pdf>
3. PHNs only: Review the Perinatal Mental Health: Service Delivery Standards and Clinical Practice Guidelines for WRHA Public Health Nurses which are located at <http://www.wrha.mb.ca/extranet/publichealth/files/Perinataalsdsandcpgs.pdf>.