

# Naloxone distribution in Manitoba

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**WORRIED ABOUT OVERDOSE?**

**BE THE HERO**

**ON THE DOWN-LOW**

**WITH A FREE TAKE-HOME NALOXONE KIT**



**NALOXONE**  
IS A DRUG THAT REVERSES OVERDOSE

Naloxone reverses overdose caused by opioid drugs (morphine, heroin, codeine, fentanyl, Percocet/oxycodone, Dilaudid/hydromorphone)

If you have injected an opioid drug in the last 6 months and want to learn how to respond to an overdose using Naloxone, drop into Street Connections

**NO APPOINTMENT NECESSARY**

Street Connections  
496 Hargrave, Main Floor  
Monday-Friday from 8:30am to 4:30pm  
CLOSED WEEKENDS AND HOLIDAYS  
STREETCONNECTIONS.CA

# Naloxone Distribution Programs

## How to they look?

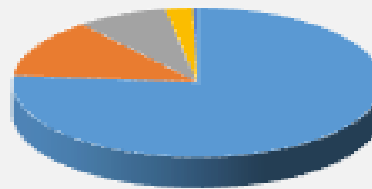
- Intent to get naloxone into the hands of those most likely to experience AND witness overdose (people who use drugs)
- Lay responder training (people who use drugs): 20-30 min
  - Reduce overdose risk/prevention
  - Recognize overdose
  - Respond to overdose including naloxone administration
  - Storage of drug and refills

# Street Connections' Naloxone Program 2016 Pilot



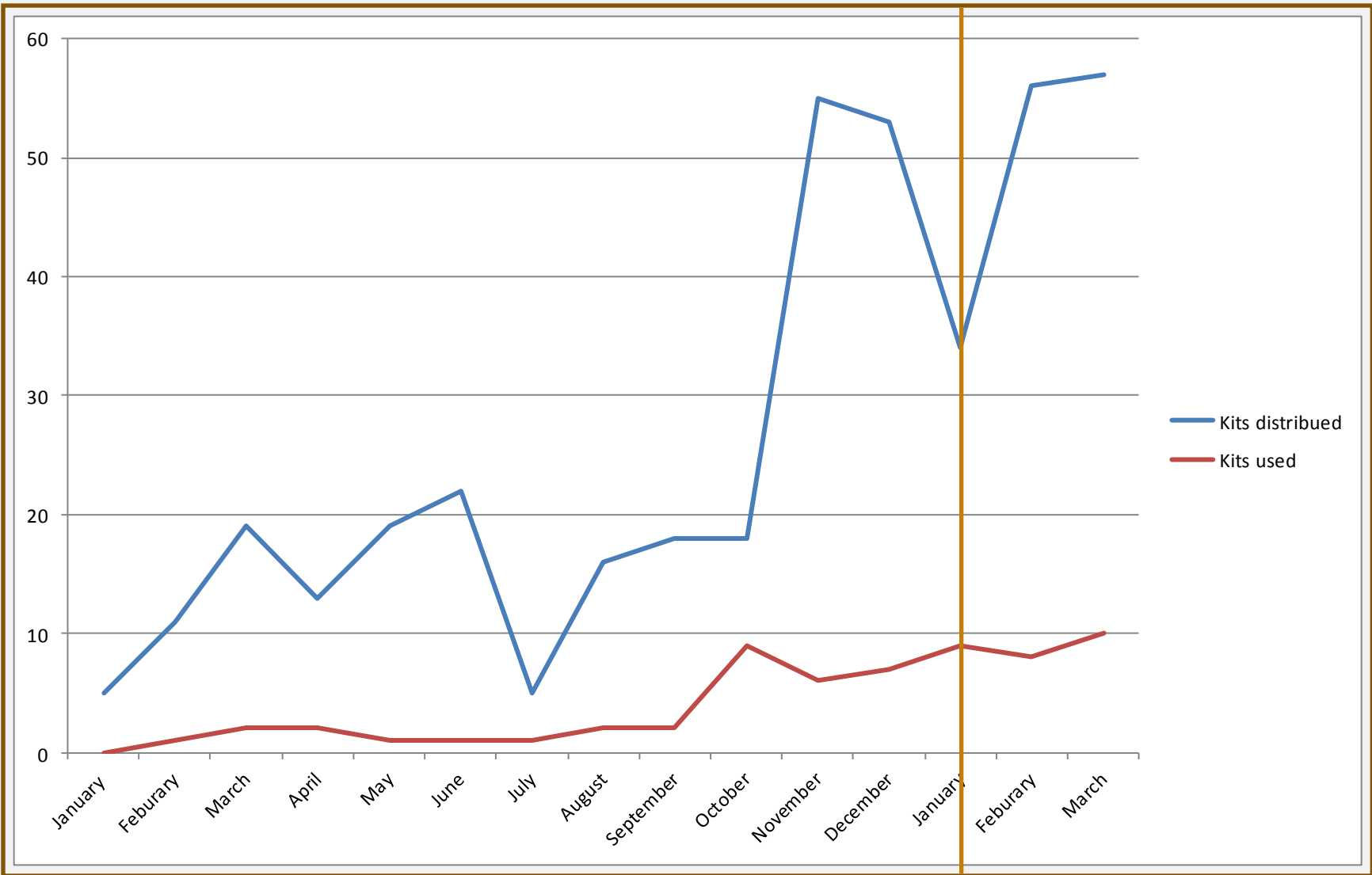
# 250- kits distributed to people at risk of opioid overdose 1/7 used in overdose events

Column1



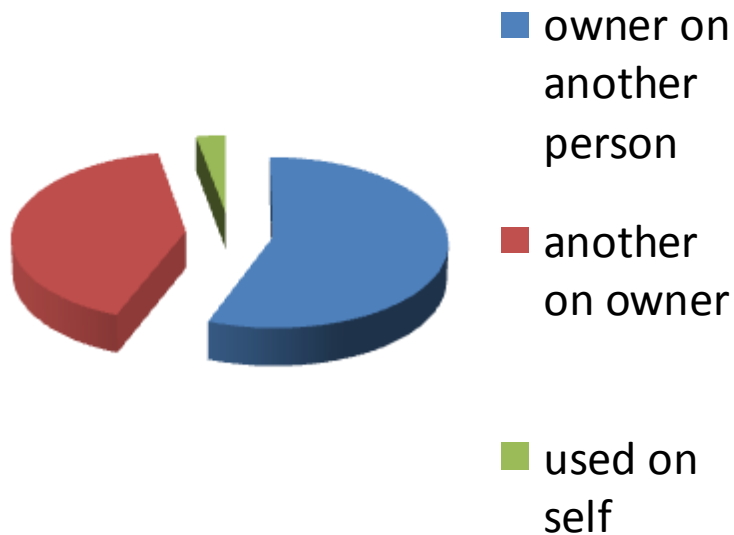
■ First Kits   ■ Used   ■ Lost   ■ Stolen   ■ Other

|   |                                     |                    |
|---|-------------------------------------|--------------------|
| <b>Total number of naloxone kits distributed 2016</b> |                                     | <b>250</b>         |
| <b>First (initial) kits distributed</b>               |                                     | 191                |
| <b>Replacements</b>                                   | <b>Kits used in overdose events</b> | 36                 |
|   | <b>Lost kits</b>                    | 20                 |
|   | <b>Stolen kits</b>                  | 6                  |
|   | <b>Other</b>                        | 1 (kit given away) |



# CHARACTERISTICS OF OVERDOSE EVENTS N=34

## Kit used by



## Gender



## Age of person who overdosed

| 12-19 years | 20-30 years | 31-60 years | Over 60 years | Don't know | Total |
|-------------|-------------|-------------|---------------|------------|-------|
| 1           | 14          | 18          | 0             | 1          | 34    |

# Characteristics of overdose events

## LOCATION OF THE OVERDOSE

| Private residence | Outdoors | Public washroom | Hotel room | Vehicle | Prefer not to say | other |
|-------------------|----------|-----------------|------------|---------|-------------------|-------|
| 24                | 2        | 1               | 2          | 2       | 1                 | 2     |

## DRUGS ON BOARD (multiple responses accepted)

| Bootleg Fentanyl | Carfentanil | Fentanyl patch | Morphine | heroin | Crystal meth | Alcohol | benzos | dilaudid | Cocaine / crack | methadone |
|------------------|-------------|----------------|----------|--------|--------------|---------|--------|----------|-----------------|-----------|
| 14               | 9           | 4              | 4        | 3      | 3            | 2       | 2      | 1        | 1               | 1         |

# Characteristics of overdose events

- **Was 911 called?**
  - 20 no, 14 yes (why not? 9 declined answer, 6 wanted to see if OD reversed first, 4 police concerns, 1 drove them to ER)
  - Of the 14 that called 911, no negative experiences with first responders
- **How many doses of naloxone given?**
  - 1 doses n=15    2 doses n=15,    3 doses n=1    4 doses n=1,    ½ dose n=1
- **Did the person survive?** 32 yes, 1 no, 1 unknown
- **Did you feel comfortable giving naloxone, were the kit components easy to access and use?**
  - All respondents who used the kits responded 'yes'
- **What recommendations or feedback do you have for the program?**
  - Most common response: I was very nervous and could not calm down



## OVERDOSE EVENTS AS STORIES

### *TWO EXAMPLES*

- A female in her 30s was in fast-food restaurant washroom, prepared and injected carfentanil blotter with a friend. She was told she immediately lost consciousness, stopped breathing and turned blue. Her friend injected her with naloxone from her own kit. 911 was not called. One dose of naloxone reversed overdose. Person still felt slightly high when she came around. Stated the reason she overdosed was that she was in a rush to get high- was experiencing withdrawal symptoms.
- A guy and his friend bought powdered cocaine from a new dealer (regular dealer got busted). In a back alley off north Main St. the friend prepared an injected drug, owner of kit snorted a bump. Friend who injected started slurring, lost consciousness, turned blue and fell over. Owner of kit called 911 and injected his friend with 1 dose naloxone. Friend came around in less than 5 minutes. By the time 911 arrived (less than 5 min) owner of the kit was losing consciousness

# Naloxone access changes

- Rescheduled to non-prescription June 2016 (behind the counter)
  - Enabled pharmacies to stock and sell naloxone kits to the public
- National insured health benefits coverage
  - Intranasal in 2017
- Provincial program launch in 2017
- NIHB covers injectable in 2016, early 2017 intranasal covered

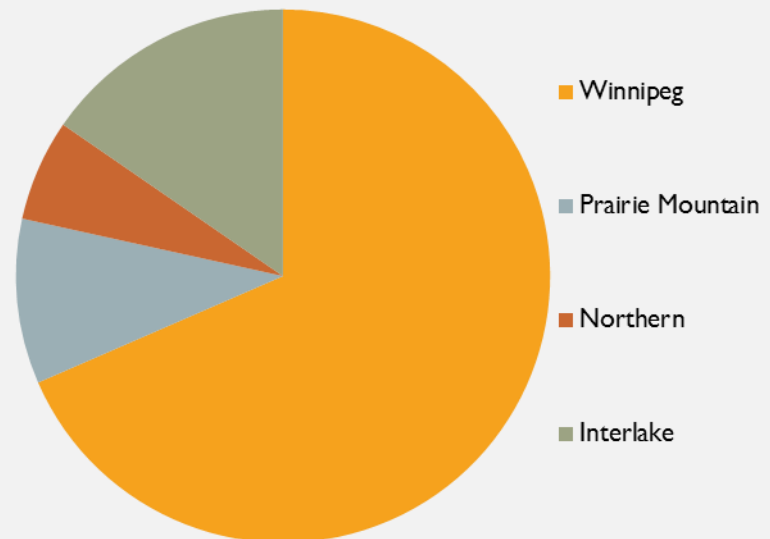
# PROVINCIAL TAKE-HOME NALOXONE PROGRAM 2017



# Launch January 2017

- Kits available to people at risk of opioid overdose
- 10 sites in three health regions at launch
- Currently over 30 sites
- Partnership with First Nations Inuit Health Branch
- January 1- March 31 2017, 260 kits distributed, 30 used

**Kits Distributed by Health Region**



# Thank you

- Lay responders who are our experts and reverse overdose in the community
- Distribution sites and staff who have taken this on with no additional resources
- Regulatory bodies that supported this: CRNM, CRPN, CPSM, CFPM, CPM
- Community partners including the media