

# The Impact of Falls on our Health Care System

Falls are the leading cause of injury among older adults (65+).

Within 48 hours of a fall  
**67%**

of older Canadians who seek medical treatment after a fall will visit an emergency department.



**68%**

of fall hospitalizations in Winnipeg are accounted for by older adults.



The average length of stay in a Winnipeg hospital from a fall is  
**25.4 days.**



Falls are a leading cause for:

Permanent partial and total injury-related disability for Manitobans.



Common fall-related significant injuries:

- fractures
- sprains and strains
- head injuries



Inpatient rehabilitation and outpatient clinic visits for older Canadians.



Hospital resource utilization is high for significant fall injuries, especially for...



inpatient nursing



operating & recovery room nursing

Many injury-related in-hospital critical occurrences are due to falls.



**90%**

of Winnipeg residents having died from a fall were older adults.

**67%** of inpatients awaiting long term care are older community dwelling Canadians who were hospitalized for a fall.



**83**

The average number of fall-related deaths among older Winnipeg residents per year.

Many return home but need home care.



Long term care admission is common.

