

Shifting our Public Health Lens: Integrating Trauma Informed Concepts

Objectives:

1. Learn about Manitoba population based data to set the context for trauma informed care
2. Introduce and Apply concepts of trauma informed care to public health practice
3. Integrate concepts from trauma informed care, anti-racism, harm reduction, and health equity promotion to shift our public health lens

Time	Agenda
8:00 – 8:30	Welcome & seating
8:30 - 9:00 am	Welcome Carolyn Perchuk and Dr. Lawrence Elliot
9:00 - 9:30 am	What does population data tell us? Dr. Mariette Chartier
9:30 - 10:10 am	Trauma informed concepts Alana Martin
10:10 - 10:30 am	Break/Networking
10:30 - 11:30 am	Practicing with a Trauma Informed Lens Moderator: Shelley Marshall Panelists: <ul style="list-style-type: none"> • Andrea Baigrie • Nadia La Rosa • Lea Mutch • Don Robinson (only June 14th)
11:30 - 11:50 am	Learning Together
11:50 - 12noon	Wrap up

Speakers & Panelists

Alana Maertins has her Masters in Occupational Therapy from the University of Manitoba. She is currently the Occupational Therapist with the Health Outreach Community Support (HOCS) team with the WRHA. Alana has worked in various role emerging positions, including Siloam Mission, Program for Assertive Community Treatment (PACT) and Primary Care.

Mariette J. Chartier, RN, PhD, is a Research Scientist at the Manitoba Centre for Health Policy and an Assistant Professor in the Department of Community Health Sciences, University of Manitoba. Her career has spanned from clinical nursing, mental health research at St. Boniface Hospital, policy development and research within Healthy Child Manitoba Office, to academic research. Dr. Chartier's current research interests are prevention and early intervention programs for children and their parents, mental health, child maltreatment, and well-being of vulnerable populations.

Andrea Baigrie has worked at Mount Carmel Clinic for past 22 years. She began with Street Connections, Sage House and now works in Community services providing counselling and supportive services to individuals living in the North Point Douglas area. She also facilitates a Solvent Support group.

Nadia La Rosa has been with Klinik Community Health since 1995, where her focus has been on ending sexualized violence. She has worked in the Sexual Assault Crisis Program in various capacities as a *counsellor, advocate, facilitator, educator/trainer and supervisor. She is currently the Special Project Coordinator for Klinik's Sexual Assault Program.*

Shelley Marshall has been working in inner city Winnipeg community health for over 20 years, primarily supporting the health and human rights of people who are street involved. In addition to being a 0.5 EFT Clinical Nurse Specialist (CNS) in Population and Public Health, she works on contract with Manitoba Health, Seniors and Active Living (MHSAL) as the Provincial Overdose Coordinator, and sits on the boards of the Social Planning Council of Winnipeg, and the Canadian Drug Policy Coalition.

Lea Mutch is an Indigenous Registered Nurse who has focused her career on improving health outcomes for Indigenous people. In her current role as a Clinical Nurse Specialist (CNS) with WRHA's Population and Public Health Program, Lea supports public health practitioners in their work with families. Lea has a particular interest in the overrepresentation of Indigenous children in the child welfare system.

Don Robinson - I am Cree from the Oxford House Cree Nation - have worked for many years with Ma Mawi Wi Chi Itata Centre and worked at Health Sciences Centre, Manitoba Adolescent Treatment Centre, Health Canada, All Nations Child and Family Services Network. I have also been a therapist in private practice.